

15. Startlijst 10000m Heren

Zondag 29 oktober

Wereld-, Baan- en Nat. Ned-record								Paar 1		Paar 2		Paar 3	
Nils van der Poel (SWE) Beijing-OI 11-02-2022 12:30.74 WR		Nils van der Poel (SWE) Thialf 14-02-2021 12:32.95 BR		Patrick Roest (NED) Heerenveen 28-12-2020 12:35.20 NR		Naam	Remo Slotegraaf	Remco Stam	Jesse Speijers	Sjoerd den Hertog	Gert Wierda	Chris Huizinga	
						PB	13:24.71	-	13:35.12	14:17.04	13:22.55	13:19.57	
						NAT	NED	NED	NED	NED	NED	NED	
						Baan	Binnenbaan/Wit	Buitenbaan/Rood	Binnenbaan/Wit	Buitenbaan/Rood	Binnenbaan/Wit	Buitenbaan/Rood	
	done	to go	Split	Lap	Split	Lap	Split	Lap	Split	Lap	Split	Lap	
400	1	24	34.81		34.64		34.01						
800	2	23	1:04.41	29.60	1:04.62	29.98	1:04.06	30.05					
1200	3	22	1:34.79	30.38	1:34.73	30.11	1:34.25	30.19					
1600	4	21	2:04.89	30.10	2:04.85	30.12	2:04.71	30.46					
2000	5	20	2:35.15	30.26	2:34.70	29.85	2:35.01	30.30					
2400	6	19	3:05.25	30.10	3:04.84	30.14	3:05.45	30.44					
2800	7	18	3:35.29	30.04	3:34.84	30.00	3:35.75	30.30					
3200	8	17	4:05.29	30.00	4:04.83	29.99	4:06.09	30.34					
3600	9	16	4:35.40	30.11	4:34.68	29.85	4:36.26	30.17					
4000	10	15	5:05.42	30.02	5:04.80	30.12	5:06.60	30.34					
4400	11	14	5:35.52	30.10	5:34.80	30.00	5:36.96	30.36					
4800	12	13	6:05.42	29.90	6:04.79	29.99	6:07.50	30.54					
5200	13	12	6:35.48	30.06	6:34.57	29.78	6:38.04	30.54					
5600	14	11	7:05.43	29.95	7:04.46	29.89	7:08.47	30.43					
6000	15	10	7:35.42	29.99	7:34.33	29.87	7:38.90	30.43					
6400	16	9	8:05.29	29.87	8:04.34	30.01	8:09.06	30.16					
6800	17	8	8:35.12	29.83	8:34.24	29.90	8:39.45	30.39					
7200	18	7	9:05.00	29.88	9:04.09	29.85	9:09.87	30.42					
7600	19	6	9:34.76	29.76	9:33.82	29.73	9:39.93	30.06					
8000	20	5	10:04.40	29.64	10:03.91	30.09	10:09.92	29.99					
8400	21	4	10:34.26	29.86	10:33.93	30.02	10:39.75	29.83					
8800	22	3	11:03.77	29.51	11:03.98	30.05	11:09.58	29.83					
9200	23	2	11:33.23	29.46	11:33.66	29.68	11:38.62	29.04					
9600	24	1	12:02.14	28.91	12:03.34	29.68	12:06.95	28.33					
10000			12:30.74	28.60	12:32.95	29.61	12:35.20	28.25					
Ranking on distance/classification								/	/	/	/	/	/
Baanverzorging na rit 3													

Scheidsrechter: Bert Timmerman

Starter: Raimond Micka

Baanverzorging na rit 3