

KNSB-CUP-A1-2022-2023

TIME SCHEDULE

ADVANCED NOVICE DAMES SHORT PROGRAM

Saturday, 15. October 2022

9:00:00 - 9:04:00	Warm-Up Group 1
9:04:30 - 9:09:40	1
9:09:40 - 9:14:50	2
9:14:50 - 9:20:00	3
9:20:00 - 9:25:10	4
9:25:10 - 9:30:20	5
9:30:20 - 9:35:30	6
9:33:10 - 9:37:10	Warm-Up Group 2
9:37:40 - 9:42:50	7
9:42:50 - 9:48:00	8
9:48:00 - 9:53:10	9
9:53:10 - 9:58:20	10
9:58:20 - 10:03:30	11
10:03:30 - 10:08:40	12
10:08:40 - 10:13:50	13
10:13:50 - 10:28:50	Ice Resurfacing

Resurfacing: 15:00 Warm-Up: 4:00 Duration of Skating: 2:20 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023

TIME SCHEDULE

JUNIOR HEREN SHORT PROGRAM

Saturday, 15 October 2022

10:35:00 - 10:41:00	Warm-Up Group 1
10:41:30 - 10:47:00	1

Warm-Up: 6:00 Duration of Skating: 2:40 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023
TIME SCHEDULE
SENIOR HEREN SHORT PROGRAM

Saturday, 15 October 2022

10:47:00 - 10:52:30	1
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Warm-Up: 0:00 Duration of Skating: 2:40 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023
TIME SCHEDULE
SENIOR DAMES SHORT PROGRAM

Saturday, 15 October 2022

10:52:30 - 10:58:00	1
10:58:00 - 11:03:30	2

Warm-Up: 0:00 Duration of Skating: 2:40 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023

TIME SCHEDULE

JUNIOR DAMES SHORT PROGRAM

Saturday, 15 October 2022

11:05:00 - 11:11:00	Warm-Up Group 1
11:11:30 - 11:17:00	1
11:17:00 - 11:22:30	2
11:22:30 - 11:28:00	3
11:28:00 - 11:33:30	4
11:33:30 - 11:39:00	5
11:39:00 - 11:44:30	6
11:44:30 - 12:14:30	Ice Resurfacing
12:14:30 - 12:20:30	Warm-Up Group 2
12:21:00 - 12:26:30	7
12:26:30 - 12:32:00	8
12:32:00 - 12:37:30	9
12:37:30 - 12:43:00	10
12:43:00 - 12:48:30	11
12:48:30 - 12:54:00	12
12:54:00 - 13:00:00	Warm-Up Group 3
13:00:30 - 13:06:00	13
13:06:00 - 13:11:30	14
13:11:30 - 13:17:00	15
13:17:00 - 13:22:30	16
13:22:30 - 13:28:00	17
13:28:00 - 13:33:30	18
13:33:30 - 13:48:30	Ice Resurfacing

Resurfacing: 30:00 Warm-Up: 6:00 Duration of Skating: 2:40 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023

TIME SCHEDULE

BASIC NOVICE HEREN FREE SKATING

Saturday, 15 October 2022

13:50:00 - 13:54:00	Warm-Up Group 1
13:54:30 - 13:59:30	1

Warm-Up: 4:00 Duration of Skating: 2:30 +/-10 seconds Introduction: 0:30 Judging First: 2:00 Judging Last: 2:00

KNSB-CUP-A1-2022-2023**TIME SCHEDULE****BASIC NOVICE DAMES FREE SKATING****Saturday, 15 October 2022**

13:50:30 - 13:54:30	Warm-Up Group 1
13:55:00 - 14:00:20	1
14:00:20 - 14:05:40	2
14:05:40 - 14:11:00	3
14:11:00 - 14:16:20	4
14:16:20 - 14:21:40	5
14:21:40 - 14:27:00	6
14:27:00 - 14:32:20	7
14:32:20 - 14:36:20	Warm-Up Group 2
14:36:50 - 14:42:10	8
14:42:10 - 14:47:30	9
14:47:30 - 14:52:50	10
14:52:50 - 14:58:10	11
14:58:10 - 15:03:30	12
15:03:30 - 15:08:50	13
15:08:50 - 15:14:10	14

Warm-Up: 4:00 Duration of Skating: 2:30 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023**TIME SCHEDULE****ADVANCED NOVICE DAMES FREE SKATING****Sunday, 16 October 2022**

11:00:00 - 11:05:00	Warm-Up Group 1
11:05:30 - 11:11:20	1
11:11:20 - 11:17:10	2
11:17:10 - 11:23:00	3
11:23:00 - 11:28:50	4
11:28:50 - 11:34:40	5
11:34:40 - 11:40:30	6
11:40:30 - 11:45:30	Warm-Up Group 2
11:46:00 - 11:51:50	7
11:51:50 - 11:57:40	8
11:57:40 - 12:03:30	9
12:03:30 - 12:09:20	10
12:09:20 - 12:15:10	11
12:15:10 - 12:21:00	12
12:21:00 - 12:26:50	13
12:26:50 - 12:56:50	Ice Resurfacing

Resurfacing: 30:00 Warm-Up: 5:00 Duration of Skating: 3:00 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

KNSB-CUP-A1-2022-2023
TIME SCHEDULE
JUNIOR DAMES FREE SKATING

Sunday, 16 October 2022

13:00:00 - 13:06:00	Warm-Up Group 1
13:06:30 - 13:13:00	1
13:13:00 - 13:19:30	2
13:19:30 - 13:26:00	3
13:26:00 - 13:32:30	4
13:32:30 - 13:39:00	5
13:39:00 - 13:45:30	6
13:45:30 - 13:51:30	Warm-Up Group 2
13:52:00 - 13:58:30	7
13:58:30 - 14:05:00	8
14:05:00 - 14:11:30	9
14:11:30 - 14:18:00	10
14:18:00 - 14:24:30	11
14:24:30 - 14:31:00	12
14:31:00 - 14:46:00	Ice Resurfacing
14:46:00 - 14:52:00	Warm-Up Group 3
14:52:30 - 14:59:00	13
14:59:00 - 15:05:30	14
15:05:30 - 15:12:00	15
15:12:00 - 15:18:30	16
15:18:30 - 15:25:00	17
15:25:00 - 15:31:30	18

Resurfacing: 15:00 Warm-Up: 6:00 Duration of Skating: 3:30 +/-10 seconds Introduction: 0:30 Judging First: 2:30 Judging Last: 2:30

KNSB-CUP-A1-2022-2023
TIME SCHEDULE
JUNIOR HEREN FREE SKATING

Sunday, 16 October 2022

15:30:00 - 15:36:00	Warm-Up Group 1
15:36:30 - 15:43:00	1

Warm-Up: 6:00 Duration of Skating: 3:30 +/-10 seconds Introduction: 0:30 Judging First: 2:30 Judging Last: 2:30

KNSB-CUP-A1-2022-2023
TIME SCHEDULE
SENIOR HEREN FREE SKATING

Sunday, 16 October 2022

15:45:00 - 15:52:00	1
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Warm-Up: 0:00 Duration of Skating: 4:00 +/-10 seconds Introduction: 0:30 Judging First: 2:30 Judging Last: 2:30

KNSB-CUP-A1-2022-2023
TIME SCHEDULE
SENIOR DAMES FREE SKATING

Sunday, 16 October 2022

15:52:00 - 15:59:00	1
15:59:00 - 16:06:00	2

Warm-Up: 0:00 Duration of Skating: 4:00 +/-10 seconds Introduction: 0:30 Judging First: 2:30 Judging Last: 2:30