ISU SPEED SKATING HEERENVEEN 2021									
Time Schedule World CUP 1		ICE STADIUM THIALF			Sunday, January 24, 2021				
Category Division		Distance	Number of	Number of Series x		Time		Planning	
			skaters	time	compet.	iceprep.	start	end	
Warming up Participants B	-division for toda	y races only		1 x 30'00	00:30		08:25	08:55	
Installation E-timing						00:10	08:55	09:05	
Testpair		100	2			00:02	09:05	09:07	
Ice & track preparation Men	В	500	13	7 x 2'00	00:14	00:16	09:07 09:25	09:23 09:39	
	в		ize giving 500	1	00:14	00:07	09:25	09:39	
Change category	_				00.15	00.07			
Ladies	В	1000	12	6 x 2'30	00:15	00.12	09:46	10:01	
Ice preparation (2 lanes)			iving op spot		00.20	00:12	10:01	10:13	
Men	В	1000 Bries si	16	8 x 2'30	00:20	00.10	10:13	10:33	
Ice preparation (full) Ladies (quartet starts)	В	3000	iving on spot	4 x 6'15	00:25	00:16	10:33 10:49	10:49 11:14	
Ice preparation (2 lanes)			iving on spot	1	50.25	00:12	11:14	11:14	
Men (quartet starts)	В	5000	21	6 x 8'15	00:50	00.12	11:14	12:16	
Ice preparation (full)			iving on spot		50.50	00:12	12:16	12:10	
Warming up Participants A	-division for toda			1 x 30'00	00:30	50.12	12:30	13:00	
				1 × 50 00	00.50	00.10			
Installation E-timing Testpair						00:10 00:02	13:00 13:10	13:10 13:12	
Ice &track preparation						00:16	13:12	13:28	
Ladias		E00m	27	14 × 2100	00.20		13:28	→ 12.50	
Ladies	A	500m	27	14 x 2'00	00:28	00.05	13:30	13:58	
Change category	A	500m	20	10 × 2'00	00:20	00:05	13:58 14:03	14:03 14:23	
Men Ice preparation (full)	A	500m 20 10 x 2'00 Prize giving on spot 500m L+M			00.20	00:16	14:03	14:23	
Ladies	А	3.000m	16	8 x 5'30	00:44	00.10	14:39	15:23	
Ice preparation (full)			ving on spot 3		00.44	00:16	15:23	15:39	
Men	A	5.000m	8	4 x 8'00	00:32	00110	15:39	16:11	
Ice preparation (2 lanes)	^	5.000111	0	4 X 8 00	00.32	00:12	16:11	16:23	
Men	A	5.000m	8	4 x 8'00	00:32	00112	16:23	16:55	
Ice preparation (full)	^		ving on spot 5		00.32	00:16	16:55	17:11	
Ladies	Α	1.000m 20 10 x 2'45			00:28	00110	17:11	17:39	
Ice preparation (2 lanes)	^		ving on spot 1		00.28	00:12	17:39	17:51	
Men	Α	1.000m	20	10 x 2'40	00:27	00112	17:51	18:18	
hen	~		/ing on spot 1		00.27	00:10	18:18	18:28	
				<u> </u>		00110			
		SCHEDULE	WITH ALL R	ESERVE	1			<u> </u>	
Ref. Ladies: Berri de Jonge	~ 1			Ref. Men: Ha	anio Heidem		n		
Signature:	\gg		Ref. Men: Hanjo Heideman Signature:						
	1								
Ass. Ref. Ladies: Marta Witk	owska			Ass. Ref. Me	n: Stefan K	nöfler	} ``		
Starter(c) Ladiocu			-	Starter(a) M					
Starter(s) Ladies: Tone Sørli	Distance(s) B 500), В 3000	-	Starter(s) Me Janny Smeger		Distance(s) B 500		
Courses Audiouss	A 500, A 3000			A 500, A 5000, A 1000					
Sergey Avdeyev A 1000 B 1000				Tone Sørli B 5000 Sergey Avdeyev B 1000					
	• •			<u> </u>					
Hosted by			Event Partners				Institutional	Partner	
BICEPHATIONAL SISB	DAIKIN 🕗 əmslo	od univé 🤄	NEDERLANDSE LOTERIJ	аппа (Стріла	JUMBO	🛫 Euro <mark>Parcs</mark>	Kation Ministerie van Welzijn en Spor		