

20. Rituitslag Heren 10000 meter

	Naam	Cat	Baan	PR	Tijd	Info
1	wt 58 Bart de Vries	HSB	ASS	13:13.86	13:10.79	PR
	rd 37 Victor Ramler	HSA	HAA	14:17.03	13:11.45	PR
	Bart de Vries		Victor Ramler			
	400m 35.79 (35.79)		400m 35.06 (35.06)			
	800m 1:06.92 (31.13)		800m 1:05.89 (30.83)			
	1200m 1:38.66 (31.74)		1200m 1:37.07 (31.18)			
	1600m 2:09.96 (31.30)		1600m 2:08.34 (31.27)			
	2000m 2:41.32 (31.36)		2000m 2:39.78 (31.44)			
	2400m 3:12.68 (31.36)		2400m 3:11.08 (31.30)			
	2800m 3:44.00 (31.32)		2800m 3:42.34 (31.26)			
	3200m 4:15.32 (31.32)		3200m 4:13.66 (31.32)			
	3600m 4:46.68 (31.36)		3600m 4:45.26 (31.60)			
	4000m 5:18.11 (31.43)		4000m 5:16.77 (31.51)			
	4400m 5:49.65 (31.54)		4400m 5:48.55 (31.78)			
	4800m 6:21.16 (31.51)		4800m 6:20.25 (31.70)			
	5200m 6:53.16 (32.00)		5200m 6:52.01 (31.76)			
	5600m 7:24.95 (31.79)		5600m 7:23.81 (31.80)			
	6000m 7:56.72 (31.77)		6000m 7:55.75 (31.94)			
	6400m 8:28.30 (31.58)		6400m 8:27.60 (31.85)			
	6800m 8:59.96 (31.66)		6800m 8:59.29 (31.69)			
	7200m 9:31.53 (31.57)		7200m 9:31.04 (31.75)			
	7600m 10:03.28 (31.75)		7600m 10:02.88 (31.84)			
	8000m 10:34.87 (31.59)		8000m 10:34.70 (31.82)			
	8400m 11:06.53 (31.66)		8400m 11:06.44 (31.74)			
	8800m 11:37.46 (30.93)		8800m 11:38.18 (31.74)			
	9200m 12:09.05 (31.59)		9200m 12:09.77 (31.59)			
	9600m 12:40.27 (31.22)		9600m 12:40.87 (31.10)			
	10000m 13:10.79 (30.52)		10000m 13:11.45 (30.58)			

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

		Naam	Cat	Baan	PR	Tijd	Info
2	wt	25 Kars Jansman	HSA	ENS	13:01.73	13:09.01	
	rd	23 Chris Huizinga	HN4	GRO	13:20.31	13:27.43	

Kars Jansman

400m	35.75	(35.75)
800m	1:06.82	(31.07)
1200m	1:38.30	(31.48)
1600m	2:09.73	(31.43)
2000m	2:41.01	(31.28)
2400m	3:12.22	(31.21)
2800m	3:43.45	(31.23)
3200m	4:14.68	(31.23)
3600m	4:45.76	(31.08)
4000m	5:16.77	(31.01)
4400m	5:48.01	(31.24)
4800m	6:19.32	(31.31)
5200m	6:50.49	(31.17)
5600m	7:21.78	(31.29)
6000m	7:53.22	(31.44)
6400m	8:24.67	(31.45)
6800m	8:56.26	(31.59)
7200m	9:27.93	(31.67)
7600m	9:59.68	(31.75)
8000m	10:31.41	(31.73)
8400m	11:03.20	(31.79)
8800m	11:34.91	(31.71)
9200m	12:06.38	(31.47)
9600m	12:37.69	(31.31)
10000m	13:09.01	(31.32)

Chris Huizinga

400m	35.77	(35.77)
800m	1:07.22	(31.45)
1200m	1:39.12	(31.90)
1600m	2:10.84	(31.72)
2000m	2:42.35	(31.51)
2400m	3:13.92	(31.57)
2800m	3:45.65	(31.73)
3200m	4:17.38	(31.73)
3600m	4:49.16	(31.78)
4000m	5:20.98	(31.82)
4400m	5:52.62	(31.64)
4800m	6:24.51	(31.89)
5200m	6:56.52	(32.01)
5600m	7:28.36	(31.84)
6000m	8:00.29	(31.93)
6400m	8:32.22	(31.93)
6800m	9:04.48	(32.26)
7200m	9:36.61	(32.13)
7600m	10:08.85	(32.24)
8000m	10:41.37	(32.52)
8400m	11:14.08	(32.71)
8800m	11:47.04	(32.96)
9200m	12:20.25	(33.21)
9600m	12:53.85	(33.60)
10000m	13:27.43	(33.58)

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

		Naam	Cat	Baan	PR	Tijd	Info
3	wt	43 Beau Snellink	HN1	UTR	13:24.25	13:04.14	PR
	rd	45 Mats Stoltenborg	HSA	HAA	13:06.38	13:01.70	PR

Beau Snellink

400m	35.93	(35.93)
800m	1:06.73	(30.80)
1200m	1:38.37	(31.64)
1600m	2:09.90	(31.53)
2000m	2:41.38	(31.48)
2400m	3:12.85	(31.47)
2800m	3:44.16	(31.31)
3200m	4:15.53	(31.37)
3600m	4:47.00	(31.47)
4000m	5:18.48	(31.48)
4400m	5:49.84	(31.36)
4800m	6:21.12	(31.28)
5200m	6:52.28	(31.16)
5600m	7:23.19	(30.91)
6000m	7:54.18	(30.99)
6400m	8:24.90	(30.72)
6800m	8:55.63	(30.73)
7200m	9:26.27	(30.64)
7600m	9:56.88	(30.61)
8000m	10:27.52	(30.64)
8400m	10:58.22	(30.70)
8800m	11:29.25	(31.03)
9200m	12:00.66	(31.41)
9600m	12:32.14	(31.48)
10000m	13:04.14	(32.00)

Mats Stoltenborg

400m	36.16	(36.16)
800m	1:07.10	(30.94)
1200m	1:38.13	(31.03)
1600m	2:09.38	(31.25)
2000m	2:40.22	(30.84)
2400m	3:11.14	(30.92)
2800m	3:42.00	(30.86)
3200m	4:13.13	(31.13)
3600m	4:44.16	(31.03)
4000m	5:15.40	(31.24)
4400m	5:46.46	(31.06)
4800m	6:17.63	(31.17)
5200m	6:48.71	(31.08)
5600m	7:19.79	(31.08)
6000m	7:50.84	(31.05)
6400m	8:21.90	(31.06)
6800m	8:52.86	(30.96)
7200m	9:23.81	(30.95)
7600m	9:54.65	(30.84)
8000m	10:25.46	(30.81)
8400m	10:56.18	(30.72)
8800m	11:27.10	(30.92)
9200m	11:58.20	(31.10)
9600m	12:29.76	(31.56)
10000m	13:01.70	(31.94)

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

		Naam	Cat	Baan	PR	Tijd	Info
4	wt	59 Bob de Vries	HSB	ASS	12:43.57	13:08.54	
	rd	28 Erik Jan Kooiman	HSB	DNH	12:57.13	13:00.76	

Bob de Vries

400m	35.71	(35.71)
800m	1:06.29	(30.58)
1200m	1:37.30	(31.01)
1600m	2:08.79	(31.49)
2000m	2:40.00	(31.21)
2400m	3:11.22	(31.22)
2800m	3:42.51	(31.29)
3200m	4:13.79	(31.28)
3600m	4:45.18	(31.39)
4000m	5:16.65	(31.47)
4400m	5:48.21	(31.56)
4800m	6:19.84	(31.63)
5200m	6:51.39	(31.55)
5600m	7:22.82	(31.43)
6000m	7:54.38	(31.56)
6400m	8:25.78	(31.40)
6800m	8:57.28	(31.50)
7200m	9:28.87	(31.59)
7600m	10:00.81	(31.94)
8000m	10:32.30	(31.49)
8400m	11:03.88	(31.58)
8800m	11:35.13	(31.25)
9200m	12:06.40	(31.27)
9600m	12:37.45	(31.05)
10000m	13:08.54	(31.09)

Erik Jan Kooiman

400m	35.45	(35.45)
800m	1:05.69	(30.24)
1200m	1:36.43	(30.74)
1600m	2:07.38	(30.95)
2000m	2:38.13	(30.75)
2400m	3:08.94	(30.81)
2800m	3:39.62	(30.68)
3200m	4:10.43	(30.81)
3600m	4:41.18	(30.75)
4000m	5:12.02	(30.84)
4400m	5:42.90	(30.88)
4800m	6:13.85	(30.95)
5200m	6:44.89	(31.04)
5600m	7:15.89	(31.00)
6000m	7:46.91	(31.02)
6400m	8:18.03	(31.12)
6800m	8:49.15	(31.12)
7200m	9:20.25	(31.10)
7600m	9:51.68	(31.43)
8000m	10:23.34	(31.66)
8400m	10:54.64	(31.30)
8800m	11:26.28	(31.64)
9200m	11:58.04	(31.76)
9600m	12:29.65	(31.61)
10000m	13:00.76	(31.11)

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

		Naam	Cat	Baan	PR	Tijd	Info
5	wt	2 Jorrit Bergsma	HSB	HVN	12:41.98	12:37.72	PR
	rd	38 Patrick Roest	HSA	DNH	12:42.97	12:35.20	PR TR NR

Jorrit Bergsma

400m	34.69	(34.69)
800m	1:04.74	(30.05)
1200m	1:34.83	(30.09)
1600m	2:04.98	(30.15)
2000m	2:35.31	(30.33)
2400m	3:05.45	(30.14)
2800m	3:35.87	(30.42)
3200m	4:06.04	(30.17)
3600m	4:36.39	(30.35)
4000m	5:06.54	(30.15)
4400m	5:36.87	(30.33)
4800m	6:07.15	(30.28)
5200m	6:37.69	(30.54)
5600m	7:08.03	(30.34)
6000m	7:38.34	(30.31)
6400m	8:08.45	(30.11)
6800m	8:38.66	(30.21)
7200m	9:08.68	(30.02)
7600m	9:38.76	(30.08)
8000m	10:08.77	(30.01)
8400m	10:38.72	(29.95)
8800m	11:08.67	(29.95)
9200m	11:38.53	(29.86)
9600m	12:07.73	(29.20)
10000m	12:37.72	(29.99)

Patrick Roest

400m	34.01	(34.01)
800m	1:04.06	(30.05)
1200m	1:34.25	(30.19)
1600m	2:04.71	(30.46)
2000m	2:35.01	(30.30)
2400m	3:05.45	(30.44)
2800m	3:35.75	(30.30)
3200m	4:06.09	(30.34)
3600m	4:36.26	(30.17)
4000m	5:06.60	(30.34)
4400m	5:36.96	(30.36)
4800m	6:07.50	(30.54)
5200m	6:38.04	(30.54)
5600m	7:08.47	(30.43)
6000m	7:38.90	(30.43)
6400m	8:09.06	(30.16)
6800m	8:39.45	(30.39)
7200m	9:09.87	(30.42)
7600m	9:39.93	(30.06)
8000m	10:09.92	(29.99)
8400m	10:39.75	(29.83)
8800m	11:09.58	(29.83)
9200m	11:38.62	(29.04)
9600m	12:06.95	(28.33)
10000m	12:35.20	(28.25)

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

		Naam	Cat	Baan	PR	Tijd	Info
6	wt	48 Marwin Talsma	HN4	HVN	12:52.09	13:00.04	
	rd	5 Marcel Bosker	HSA	GRO	12:59.25	DQ	

Marwin Talsma

400m	35.02	(35.02)
800m	1:05.25	(30.23)
1200m	1:36.01	(30.76)
1600m	2:06.36	(30.35)
2000m	2:36.92	(30.56)
2400m	3:07.28	(30.36)
2800m	3:37.53	(30.25)
3200m	4:07.74	(30.21)
3600m	4:38.13	(30.39)
4000m	5:08.51	(30.38)
4400m	5:38.94	(30.43)
4800m	6:09.42	(30.48)
5200m	6:40.53	(31.11)
5600m	7:11.91	(31.38)
6000m	7:43.28	(31.37)
6400m	8:14.79	(31.51)
6800m	8:46.28	(31.49)
7200m	9:17.97	(31.69)
7600m	9:49.81	(31.84)
8000m	10:21.89	(32.08)
8400m	10:54.35	(32.46)
8800m	11:26.13	(31.78)
9200m	11:57.80	(31.67)
9600m	12:29.13	(31.33)
10000m	13:00.04	(30.91)

Marcel Bosker

400m	35.54	(35.54)
800m	1:06.34	(30.80)
1200m	1:37.85	(31.51)
1600m	2:09.24	(31.39)
2000m	2:40.32	(31.08)
2400m	3:11.51	(31.19)
2800m	3:42.70	(31.19)
3200m	4:13.85	(31.15)
3600m	4:44.98	(31.13)
4000m	5:16.02	(31.04)
4400m	5:46.97	(30.95)
4800m	6:17.63	(30.66)
5200m	6:48.32	(30.69)
5600m	7:19.04	(30.72)
6000m	7:50.12	(31.08)
6400m	8:21.35	(31.23)
6800m	8:57.53	(36.18)