

## 8. Rituitslag Heren 5000 meter (DIV)

		Naam	Cat	Baan	PR	Tijd	Info
1	wt	21 <b>Bart Hoolwerf</b>	HN4	UTR	6:42.54	<b>6:30.43</b>	PR
	rd	46 <b>Arjan Stroetinga</b>	H40	HVN	6:19.18	<b>6:27.03</b>	
		<b>Bart Hoolwerf</b>			<b>Arjan Stroetinga</b>		
		200m	19.39	(19.39)	200m	19.40	(19.40)
		600m	49.24	(29.85)	600m	49.46	(30.06)
		1000m	1:19.46	(30.22)	1000m	1:20.38	(30.92)
		1400m	1:50.04	(30.58)	1400m	1:50.88	(30.50)
		1800m	2:20.51	(30.47)	1800m	2:21.38	(30.50)
		2200m	2:51.17	(30.66)	2200m	2:51.97	(30.59)
		2600m	3:22.02	(30.85)	2600m	3:22.88	(30.91)
		3000m	3:53.11	(31.09)	3000m	3:53.72	(30.84)
		3400m	4:24.28	(31.17)	3400m	4:24.33	(30.61)
		3800m	4:55.51	(31.23)	3800m	4:54.78	(30.45)
		4200m	5:27.07	(31.56)	4200m	5:25.41	(30.63)
		4600m	5:58.96	(31.89)	4600m	5:56.16	(30.75)
		5000m	6:30.43	(31.47)	5000m	6:27.03	(30.87)