

7. Rituitslag Heren 5000 meter

| | | Naam | Cat | Baan | PR | Tijd | Info |
|-------------------------|----|----------------------------|---------------------|---------|---------|----------------|---------|
| 1 | wt | 61 Jordy van Workum | HN1 | HVN | 6:35.85 | 6:30.75 | PR |
| | rd | 53 Yves Vergeer | HN1 | HVN | 6:34.43 | 6:38.96 | |
| Jordy van Workum | | | Yves Vergeer | | | | |
| | | 200m | 19.07 | (19.07) | 200m | 18.94 | (18.94) |
| | | 600m | 48.82 | (29.75) | 600m | 48.71 | (29.77) |
| | | 1000m | 1:19.53 | (30.71) | 1000m | 1:19.74 | (31.03) |
| | | 1400m | 1:50.86 | (31.33) | 1400m | 1:50.86 | (31.12) |
| | | 1800m | 2:21.56 | (30.70) | 1800m | 2:21.93 | (31.07) |
| | | 2200m | 2:52.61 | (31.05) | 2200m | 2:52.79 | (30.86) |
| | | 2600m | 3:23.38 | (30.77) | 2600m | 3:23.97 | (31.18) |
| | | 3000m | 3:54.41 | (31.03) | 3000m | 3:55.24 | (31.27) |
| | | 3400m | 4:25.41 | (31.00) | 3400m | 4:27.22 | (31.98) |
| | | 3800m | 4:56.40 | (30.99) | 3800m | 4:59.69 | (32.47) |
| | | 4200m | 5:27.57 | (31.17) | 4200m | 5:32.46 | (32.77) |
| | | 4600m | 5:59.11 | (31.54) | 4600m | 6:05.46 | (33.00) |
| | | 5000m | 6:30.75 | (31.64) | 5000m | 6:38.96 | (33.50) |

| | | Naam | Cat | Baan | PR | Tijd | Info |
|------------------|----|---------------------------|------------------------|---------|---------|----------------|---------|
| 2 | wt | 7 Ids Bouma | HN1 | HVN | 6:35.26 | 6:34.23 | PR |
| | rd | 41 Remo Slotegraaf | HA2 | GRO | 6:27.97 | 6:29.72 | |
| Ids Bouma | | | Remo Slotegraaf | | | | |
| | | 200m | 19.79 | (19.79) | 200m | 19.30 | (19.30) |
| | | 600m | 50.42 | (30.63) | 600m | 49.36 | (30.06) |
| | | 1000m | 1:20.89 | (30.47) | 1000m | 1:19.66 | (30.30) |
| | | 1400m | 1:51.46 | (30.57) | 1400m | 1:50.05 | (30.39) |
| | | 1800m | 2:22.37 | (30.91) | 1800m | 2:20.43 | (30.38) |
| | | 2200m | 2:53.26 | (30.89) | 2200m | 2:50.82 | (30.39) |
| | | 2600m | 3:24.54 | (31.28) | 2600m | 3:21.26 | (30.44) |
| | | 3000m | 3:55.75 | (31.21) | 3000m | 3:51.86 | (30.60) |
| | | 3400m | 4:27.34 | (31.59) | 3400m | 4:22.85 | (30.99) |
| | | 3800m | 4:59.11 | (31.77) | 3800m | 4:54.36 | (31.51) |
| | | 4200m | 5:30.91 | (31.80) | 4200m | 5:26.10 | (31.74) |
| | | 4600m | 6:02.60 | (31.69) | 4600m | 5:58.16 | (32.06) |
| | | 5000m | 6:34.23 | (31.63) | 5000m | 6:29.72 | (31.56) |

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

| | | Naam | Cat | Baan | PR | Tijd | Info |
|-------------------------|----|----------------------------|-------------------------|---------|---------|----------------|---------|
| 3 | wt | 45 Mats Stoltenborg | HSA | HAA | 6:20.84 | 6:22.85 | |
| | rd | 28 Erik Jan Kooiman | HSB | DNH | 6:16.83 | 6:24.50 | |
| Mats Stoltenborg | | | Erik Jan Kooiman | | | | |
| | | 200m | 20.02 | (20.02) | 200m | 20.50 | (20.50) |
| | | 600m | 50.09 | (30.07) | 600m | 50.18 | (29.68) |
| | | 1000m | 1:20.09 | (30.00) | 1000m | 1:20.20 | (30.02) |
| | | 1400m | 1:50.37 | (30.28) | 1400m | 1:50.06 | (29.86) |
| | | 1800m | 2:20.61 | (30.24) | 1800m | 2:20.16 | (30.10) |
| | | 2200m | 2:50.81 | (30.20) | 2200m | 2:50.31 | (30.15) |
| | | 2600m | 3:20.93 | (30.12) | 2600m | 3:20.63 | (30.32) |
| | | 3000m | 3:51.18 | (30.25) | 3000m | 3:51.06 | (30.43) |
| | | 3400m | 4:21.37 | (30.19) | 3400m | 4:21.56 | (30.50) |
| | | 3800m | 4:51.78 | (30.41) | 3800m | 4:52.05 | (30.49) |
| | | 4200m | 5:22.03 | (30.25) | 4200m | 5:22.64 | (30.59) |
| | | 4600m | 5:52.31 | (30.28) | 4600m | 5:53.44 | (30.80) |
| | | 5000m | 6:22.85 | (30.54) | 5000m | 6:24.50 | (31.06) |

| | | Naam | Cat | Baan | PR | Tijd | Info |
|-------------------------|----|---------------------------|---------------------|---------|---------|----------------|---------|
| 4 | wt | 8 Robert Bovenhuis | HSB | ASS | 6:24.19 | DQ | |
| | rd | 59 Bob de Vries | HSB | ASS | 6:10.48 | 6:25.89 | |
| Robert Bovenhuis | | | Bob de Vries | | | | |
| | | 200m | 19.69 | (19.69) | 200m | 20.05 | (20.05) |
| | | 600m | 49.12 | (29.43) | 600m | 49.90 | (29.85) |
| | | 1000m | 1:18.56 | (29.44) | 1000m | 1:20.10 | (30.20) |
| | | 1400m | 1:48.52 | (29.96) | 1400m | 1:50.70 | (30.60) |
| | | 1800m | 2:18.90 | (30.38) | 1800m | 2:21.31 | (30.61) |
| | | 2200m | 2:49.38 | (30.48) | 2200m | 2:51.77 | (30.46) |
| | | 2600m | 3:20.18 | (30.80) | 2600m | 3:22.04 | (30.27) |
| | | 3000m | 3:51.60 | (31.42) | 3000m | 3:52.22 | (30.18) |
| | | 3400m | 4:22.85 | (31.25) | 3400m | 4:22.50 | (30.28) |
| | | 3800m | 4:54.91 | (32.06) | 3800m | 4:53.01 | (30.51) |
| | | 4200m | 5:27.26 | (32.35) | 4200m | 5:23.62 | (30.61) |
| | | 4600m | 6:00.15 | (32.89) | 4600m | 5:54.64 | (31.02) |
| | | 5000m | 6:33.62 | (33.47) | 5000m | 6:25.89 | (31.25) |

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

| | | Naam | Cat | Baan | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|----------------------|----------------|---------|
| 5 | wt | 37 Victor Ramler | HSA | HAA | 6:19.80 | 6:24.03 | |
| | rd | 58 Bart de Vries | HSB | ASS | 6:22.06 | 6:30.67 | |
| | | Victor Ramler | | | Bart de Vries | | |
| | | 200m | 18.97 | (18.97) | 200m | 20.06 | (20.06) |
| | | 600m | 48.28 | (29.31) | 600m | 50.42 | (30.36) |
| | | 1000m | 1:18.01 | (29.73) | 1000m | 1:20.57 | (30.15) |
| | | 1400m | 1:48.09 | (30.08) | 1400m | 1:50.57 | (30.00) |
| | | 1800m | 2:18.38 | (30.29) | 1800m | 2:20.87 | (30.30) |
| | | 2200m | 2:48.85 | (30.47) | 2200m | 2:51.14 | (30.27) |
| | | 2600m | 3:19.50 | (30.65) | 2600m | 3:21.65 | (30.51) |
| | | 3000m | 3:50.24 | (30.74) | 3000m | 3:52.07 | (30.42) |
| | | 3400m | 4:20.85 | (30.61) | 3400m | 4:22.57 | (30.50) |
| | | 3800m | 4:51.61 | (30.76) | 3800m | 4:53.46 | (30.89) |
| | | 4200m | 5:22.37 | (30.76) | 4200m | 5:24.78 | (31.32) |
| | | 4600m | 5:53.16 | (30.79) | 4600m | 5:57.25 | (32.47) |
| | | 5000m | 6:24.03 | (30.87) | 5000m | 6:30.67 | (33.42) |

| | | Naam | Cat | Baan | PR | Tijd | Info |
|---|----|--------------------------|---------|---------|------------------------|----------------|---------|
| 6 | wt | 23 Chris Huizinga | HN4 | GRO | 6:21.45 | 6:22.61 | |
| | rd | 1 Crispijn Ariëns | HSB | HVN | 6:22.16 | 6:33.88 | |
| | | Chris Huizinga | | | Crispijn Ariëns | | |
| | | 200m | 18.93 | (18.93) | 200m | 19.55 | (19.55) |
| | | 600m | 48.01 | (29.08) | 600m | 49.83 | (30.28) |
| | | 1000m | 1:17.66 | (29.65) | 1000m | 1:19.84 | (30.01) |
| | | 1400m | 1:47.72 | (30.06) | 1400m | 1:49.68 | (29.84) |
| | | 1800m | 2:17.70 | (29.98) | 1800m | 2:19.86 | (30.18) |
| | | 2200m | 2:47.92 | (30.22) | 2200m | 2:50.05 | (30.19) |
| | | 2600m | 3:18.17 | (30.25) | 2600m | 3:20.31 | (30.26) |
| | | 3000m | 3:48.21 | (30.04) | 3000m | 3:50.68 | (30.37) |
| | | 3400m | 4:18.35 | (30.14) | 3400m | 4:21.35 | (30.67) |
| | | 3800m | 4:48.69 | (30.34) | 3800m | 4:53.50 | (32.15) |
| | | 4200m | 5:19.20 | (30.51) | 4200m | 5:26.97 | (33.47) |
| | | 4600m | 5:50.41 | (31.21) | 4600m | 6:00.54 | (33.57) |
| | | 5000m | 6:22.61 | (32.20) | 5000m | 6:33.88 | (33.34) |

WK Kwalificatie Toernooi

Thialf - Heerenveen
26 t/m 28 december 2020

| | | Naam | Cat | Baan | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|----------------------|----------------|---------|
| 7 | wt | 25 Kars Jansman | HSA | ENS | 6:20.74 | 6:17.76 | PR |
| | rd | 43 Beau Snellink | HN1 | UTR | 6:20.12 | 6:18.32 | PR |
| | | Kars Jansman | | | Beau Snellink | | |
| | | 200m | 18.86 | (18.86) | 200m | 19.62 | (19.62) |
| | | 600m | 48.69 | (29.83) | 600m | 49.02 | (29.40) |
| | | 1000m | 1:18.49 | (29.80) | 1000m | 1:18.52 | (29.50) |
| | | 1400m | 1:48.37 | (29.88) | 1400m | 1:48.27 | (29.75) |
| | | 1800m | 2:18.09 | (29.72) | 1800m | 2:18.13 | (29.86) |
| | | 2200m | 2:47.96 | (29.87) | 2200m | 2:47.97 | (29.84) |
| | | 2600m | 3:17.82 | (29.86) | 2600m | 3:17.91 | (29.94) |
| | | 3000m | 3:47.72 | (29.90) | 3000m | 3:47.74 | (29.83) |
| | | 3400m | 4:17.33 | (29.61) | 3400m | 4:17.39 | (29.65) |
| | | 3800m | 4:47.21 | (29.88) | 3800m | 4:47.03 | (29.64) |
| | | 4200m | 5:17.12 | (29.91) | 4200m | 5:17.14 | (30.11) |
| | | 4600m | 5:47.42 | (30.30) | 4600m | 5:47.54 | (30.40) |
| | | 5000m | 6:17.76 | (30.34) | 5000m | 6:18.32 | (30.78) |

| | | Naam | Cat | Baan | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|----------------------|----------------|---------|
| 8 | wt | 5 Marcel Bosker | HSA | GRO | 6:08.90 | 6:14.04 | |
| | rd | 38 Patrick Roest | HSA | DNH | 6:03.70 | 6:08.21 | TR |
| | | Marcel Bosker | | | Patrick Roest | | |
| | | 200m | 18.72 | (18.72) | 200m | 18.90 | (18.90) |
| | | 600m | 48.27 | (29.55) | 600m | 47.59 | (28.69) |
| | | 1000m | 1:18.04 | (29.77) | 1000m | 1:16.82 | (29.23) |
| | | 1400m | 1:47.80 | (29.76) | 1400m | 1:46.32 | (29.50) |
| | | 1800m | 2:17.22 | (29.42) | 1800m | 2:15.78 | (29.46) |
| | | 2200m | 2:46.85 | (29.63) | 2200m | 2:45.14 | (29.36) |
| | | 2600m | 3:16.43 | (29.58) | 2600m | 3:14.36 | (29.22) |
| | | 3000m | 3:45.82 | (29.39) | 3000m | 3:43.43 | (29.07) |
| | | 3400m | 4:15.38 | (29.56) | 3400m | 4:12.55 | (29.12) |
| | | 3800m | 4:45.09 | (29.71) | 3800m | 4:41.74 | (29.19) |
| | | 4200m | 5:14.65 | (29.56) | 4200m | 5:10.73 | (28.99) |
| | | 4600m | 5:44.26 | (29.61) | 4600m | 5:39.63 | (28.90) |
| | | 5000m | 6:14.04 | (29.78) | 5000m | 6:08.21 | (28.58) |

WK Kwalificatie Toernooi

Thialf - Heerenveen

26 t/m 28 december 2020

| | | Naam | Cat | Baan | PR | Tijd | Info |
|---|----|-------------------------|---------|---------|----------------------|----------------|---------|
| 9 | wt | 29 Sven Kramer | HSB | HVN | 6:03.32 | 6:12.57 | |
| | rd | 48 Marwin Talsma | HN4 | HVN | 6:16.04 | 6:13.85 | PR |
| | | Sven Kramer | | | Marwin Talsma | | |
| | | 200m | 18.58 | (18.58) | 200m | 19.44 | (19.44) |
| | | 600m | 47.86 | (29.28) | 600m | 49.10 | (29.66) |
| | | 1000m | 1:17.73 | (29.87) | 1000m | 1:18.85 | (29.75) |
| | | 1400m | 1:47.73 | (30.00) | 1400m | 1:48.77 | (29.92) |
| | | 1800m | 2:17.45 | (29.72) | 1800m | 2:18.42 | (29.65) |
| | | 2200m | 2:47.41 | (29.96) | 2200m | 2:47.99 | (29.57) |
| | | 2600m | 3:17.41 | (30.00) | 2600m | 3:17.66 | (29.67) |
| | | 3000m | 3:47.33 | (29.92) | 3000m | 3:47.13 | (29.47) |
| | | 3400m | 4:16.38 | (29.05) | 3400m | 4:16.88 | (29.75) |
| | | 3800m | 4:45.53 | (29.15) | 3800m | 4:46.42 | (29.54) |
| | | 4200m | 5:14.31 | (28.78) | 4200m | 5:15.50 | (29.08) |
| | | 4600m | 5:43.28 | (28.97) | 4600m | 5:44.37 | (28.87) |
| | | 5000m | 6:12.57 | (29.29) | 5000m | 6:13.85 | (29.48) |

| | | Naam | Cat | Baan | PR | Tijd | Info |
|----|----|--------------------------|---------|---------|-----------------------|----------------|---------|
| 10 | wt | 3 Jan Blokhuijsen | HSB | HRN | 6:11.91 | 6:26.13 | |
| | rd | 2 Jorrit Bergsma | HSB | HVN | 6:06.93 | 6:13.82 | |
| | | Jan Blokhuijsen | | | Jorrit Bergsma | | |
| | | 200m | 18.77 | (18.77) | 200m | 19.28 | (19.28) |
| | | 600m | 48.10 | (29.33) | 600m | 48.52 | (29.24) |
| | | 1000m | 1:17.74 | (29.64) | 1000m | 1:17.81 | (29.29) |
| | | 1400m | 1:47.91 | (30.17) | 1400m | 1:46.97 | (29.16) |
| | | 1800m | 2:18.00 | (30.09) | 1800m | 2:16.41 | (29.44) |
| | | 2200m | 2:48.71 | (30.71) | 2200m | 2:45.99 | (29.58) |
| | | 2600m | 3:19.64 | (30.93) | 2600m | 3:15.58 | (29.59) |
| | | 3000m | 3:50.65 | (31.01) | 3000m | 3:45.18 | (29.60) |
| | | 3400m | 4:21.55 | (30.90) | 3400m | 4:14.83 | (29.65) |
| | | 3800m | 4:52.67 | (31.12) | 3800m | 4:44.42 | (29.59) |
| | | 4200m | 5:23.84 | (31.17) | 4200m | 5:14.04 | (29.62) |
| | | 4600m | 5:54.91 | (31.07) | 4600m | 5:43.71 | (29.67) |
| | | 5000m | 6:26.13 | (31.22) | 5000m | 6:13.82 | (30.11) |