



# EUROPEAN SPEED SKATING CHAMPIONSHIPS

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## Records Ladies (World records (WR), World record juniors (WRJ), Dutch records (NR), Track records (TR), Championships records (CR))

### 500 meter

World record	36.36	Sang-Hwa Lee (KOR)	Salt Lake City	16-11-2013
World record juniors	37.78	Min-Sun Kim (KOR)	Salt Lake City	08-12-2017
Dutch record	37.06	Thijsje Oenema	Salt Lake City	27-01-2013
Dutch record juniors	38.14	Femke Kok	Heerenveen	28-12-2019
Trackrecord	37.17	Nao Kodaira (JPN)		15-12-2018
Championships record	37.69	Vanessa Herzog (AUT)	Kolomna	05-01-2018

### 1000 meter

World record	1:11.61	Brittany Bowe (USA)	Salt Lake City	09-03-2019
World record juniors	1:14.21	Joy Beune (NED)	Salt Lake City	10-03-2018
Dutch record	1:12.53	Jorien ter Mors	Calgary	25-02-2017
Dutch record juniors	1:14.21	Joy Beune	Salt Lake City	10-03-2018
Trackrecord	1:13.24	Brittany Bowe (USA)		16-12-2018
Championships record	1:15.34	Yekaterina Shikhova (RUS)	Kolomna	06-01-2018

### 1500 meter

World record	1:49.83	Miho Takagi (JPN)	Salt Lake City	10-03-2019
World record juniors	1:54.21	Joy Beune (NED)	Salt Lake City	09-03-2018
Dutch record	1:50.70	Ireen Wüst	Salt Lake City	10-03-2019
Dutch record juniors	1:54.21	Joy Beune	Salt Lake City	09-03-2018
Trackrecord	1:53.30	Ireen Wüst (NED)		15-12-2018
Championships record	1:55.52	Lotte van Beek	Kolomna	05-01-2018

### 3000 meter

World record	3:52.02	Martina Sáblíková (CZE)	Salt Lake City	09-03-2019
World record juniors	3:59.47	Joy Beune (NED)	Salt Lake City	10-03-2018
Dutch record	3:54.02	Esmee Visser	Salt Lake City	09-03-2019
Dutch record juniors	3:59.47	Joy Beune	Salt Lake City	10-03-2018
Trackrecord	3:58.68	Ireen Wüst (NED)		09-03-2013
Championships record	4:05.31	Esmee Visser	Kolomna	06-01-2018

### Teamsprint

World record	1:24.84	Russia Angelina Golikova - Olga Fatkulina - Elizaveta Kazelina	Calgary	01-12-2017
World record juniors	1:28.40	Netherlands Femke Beuling - Jutta Leerdam - Joy Beune	Inzell	25-11-2017
Dutch record	1:26.28	Janine Smit - Jutta Leerdam - Letitia de Jong	Inzell	07-02-2019
Dutch record juniors	1:28.40	Femke Beuling - Jutta Leerdam - Joy Beune	Inzell	25-11-2017
Trackrecord	1:26.62	Russia Angelina Golikova - Olga Fatkulina - Elizaveta Kazelina		12-11-2017
Championships record	1:26.71	Russia Angelina Golikova - Olga Fatkulina - Elizaveta Kazelina	Kolomna	07-01-2018

### Team Pursuit

World record	2:50.87	Japan Miho Takagi - Nana Takagi - Ayano Sato	Salt Lake City	08-12-2017
World record juniors	2:59.55	Netherlands Joy Beune - Jutta Leerdam - Elisa Dul	Salt Lake City	11-03-2018
Dutch record	2:55.48	Antoinette de Jong - Marrit Leenstra - Ireen Wüst	Gangneung	21-02-2018
Dutch record juniors	2:59.55	Joy Beune - Jutta Leerdam - Elisa Dul	Salt Lake City	11-03-2018
Trackrecord	2:55.77	Japan Nana Takagi - Miho Takagi - Ayano Sato		10-11-2017
Championships record	2:59.34	Netherlands Marrit Leenstra - Lotte van Beek - Melissa Wijfje	Kolomna	07-01-2018

## Records Men (World records (WR), World record juniors (WRJ), Dutch records (NR), Track records (TR), Championships records (CR))

### 500 meter

World record	33.61	Pavel Kulizhnikov (RUS)	Salt Lake City	09-03-2019
World record juniors	34.66	Laurent Dubreuil (CAN)	Salt Lake City	22-01-2012
	34.66	Jae-Woong Jeong (KOR)	Salt Lake City	09-03-2018
Dutch record	34.08	Ronald Mulder	Calgary	26-02-2017
Dutch record juniors	35.16	Jan Smeekens	Calgary	25-03-2006
Trackrecord	34.31	Michel Mulder (NED)		27-12-2013
	34.31	Pavel Kulizhnikov (RUS)		24-02-2019
Championships record	34.80	Ronald Mulder	Kolomna	05-01-2018

### 1000 meter

World record	1:06.18	Kjeld Nuis (NED)	Salt Lake City	09-03-2019
World record juniors	1:07.76	Koki Kubo (JPN)	Salt Lake City	10-03-2018
Dutch record	1:06.18	Kjeld Nuis (NED)	Salt Lake City	09-03-2019
Dutch record juniors	1:08.53	Beorn Nijenhuis	Calgary	19-01-2003
Trackrecord	1:07.48	Kai Verbij (NED)		03-11-2019
Championships record	1:08.84	Pavel Kulizhnikov (RUS)	Kolomna	06-01-2018

### 1500 meter

World record	1:40.17	Kjeld Nuis (NED)	Salt Lake City	10-03-2019
World record juniors	1:43.13	Allan Dahl Johansson (NOR)	Calgary	03-12-2017
Dutch record	1:40.17	Kjeld Nuis	Salt Lake City	10-03-2019
Dutch record juniors	1:45.54	Sjoerd de Vries	Calgary	15-03-2007
Trackrecord	1:43.36	Denis Yuskov (RUS)		13-02-2015
Championships record	1:44.53	Denis Yuskov (RUS)	Kolomna	05-01-2018

### 5000 meter

World record	6:01.86	Ted-Jan Bloemen (CAN)	Salt Lake City	10-12-2017
World record juniors	6:18.93	Håvard Bøkko (NOR)	Calgary	13-11-2005
Dutch record	6:03.32	Sven Kramer	Calgary	17-11-2007
Dutch record juniors	6:21.96	Tom Schuit	Calgary	14-03-2008
Trackrecord	6:08.96	Danila Semerikov (RUS)		16-12-2018
Championships record	6:16.85	Nicola Tumolero (ITA)	Kolomna	06-01-2018

### Teamsprint

World record	1:17.31	Canada Gilmore Junio - Laurent Dubreuil - Vincent de Haître	Calgary	01-12-2017
World record juniors	1:20.46	Korea Seong-Hyeon Park - Jae-Woong Jeong - Min-Seok Kim	Salt Lake City	10-03-2018
Dutch record	1:18.53	Ronald Mulder - Kai Verbij - Pim Schipper	Calgary	01-12-2017
Dutch record juniors	1:21.58	Tjerk de Boer - Daan Baks - Janno Botman	Salt Lake City	10-03-2018
Trackrecord	1:19.55	Canada Laurent Dubreuil - Alexandre St-Jean - Vincent De Haître		12-11-2017
Championships record	1:19.38	Russia Ruslan Murashov - Pavel Kulizhnikov - Denis Yuskov	Kolomna	07-01-2018

### Team Pursuit

World record	3:35.60	Netherlands Jan Blokhuijsen - Sven Kramer - Koen Verweij	Salt Lake City	16-11-2013
World record juniors	3:43.55	Korea Jae-Woong Jeong – Min-Seok Kim – Do-Hyung Lee	Salt Lake City	11-03-2018
Dutch record	3:35.60	Jan Blokhuijsen - Sven Kramer - Koen Verweij	Salt Lake City	16-11-2013
Dutch record juniors	3:53.09	Frank Hermans - Koen Verweij - Maurice Vriend	Moskou	14-03-2010
Trackrecord	3:39.76	Netherlands Sven Kramer - Jan Blokhuijsen - Koen Verweij		17-11-2012
Championships record	3:42.79	Netherlands Jan Blokhuijsen - Simon Schouten - Marcel Bosker	Kolomna	07-01-2018

## Personal Best - Ladies

Name	Nat.	date of birth	500 m	1000 m	1500 m	3000 m
Vanessa Herzog	AUT	04-07-1995	36.83	1:13.43	1:55.05	4:21.39
Sandrine Tas	BEL	07-09-1995	40.64	1:20.12	2:04.33	4:16.88
Stien Vanhoutte	BEL	14-03-1996	39.61	1:18.93	2:04.20	
Anke Vos	BEL	13-06-1992	42.62	1:22.90	2:06.92	4:42.32
Tatsiana Mikhailava	BLR	18-01-1987	39.44	1:17.90	1:58.38	4:16.66
Hanna Nifantava	BLR	17-10-1999	38.70	1:18.21	2:03.78	5:00.42
Yauheniya Varabyova	BLR	01-04-1998	39.81	1:19.91	2:04.72	4:34.73
Maryna Zuyeva	BLR	20-03-1992	39.80	1:17.12	1:54.83	3:55.73
Martina Sáblíková	CZE	27-05-1987	39.23	1:15.86	1:53.44	3:52.02
Nikola Zdráhalová	CZE	01-04-1996	38.90	1:15.96	1:54.96	4:03.87
Saskia Alusalu	EST	14-04-1994	40.85	1:19.01	1:58.64	4:07.43
Gemma Cooper	GBR	17-07-1987	43.39	1:23.92	2:07.73	4:21.14
Ellia Smeding	GBR	16-03-1998	40.83	1:18.63	2:01.81	4:28.74
Roxanne Duffer	GER	13-02-1992	39.27	1:14.61	1:54.73	4:03.53
Katja Franzen	GER	12-01-1990	39.24	1:18.47	2:06.95	4:40.91
Claudia Pechstein	GER	22-02-1972	38.99	1:16.00	1:54.31	3:57.35
Lea-Sophie Scholz	GER	16-05-1999	39.41	1:16.67	1:59.18	4:16.60
Michelle Uhrig	GER	20-01-1996	40.48	1:16.76	1:58.61	4:08.27
Noemi Bonazza	ITA	22-06-1998	39.24	1:16.50	1:56.14	4:08.50
Francesca Lollobrigida	ITA	07-02-1991	39.06	1:15.94	1:55.15	4:02.75
Carlijn Achtereekte	NED	29-01-1990	39.25	1:18.46	1:53.93	3:58.63
Joy Beune	NED	28-04-1999	38.69	1:14.21	1:52.78	3:59.47
Antoinette de Jong	NED	06-04-1995	38.52	1:14.70	1:53.76	3:57.78
Letitia de Jong	NED	05-03-1993	37.70	1:13.32	1:57.00	4:25.92
Femke Kok	NED	05-10-2000	38.14	1:16.11	1:58.10	4:14.33
Jutta Leerdam	NED	30-12-1998	37.75	1:13.99	1:54.31	4:05.19
Irene Schouten	NED	21-06-1992	39.73	1:18.41	1:57.51	3:58.39
Esmee Visser	NED	27-01-1996	41.55	1:19.81	1:57.69	3:54.02
Melissa Wijfje	NED	21-07-1995	39.39	1:16.19	1:52.55	4:01.07
Ireen Wüst	NED	01-04-1986	38.44	1:13.16	1:50.70	3:58.01
Hege Bøkko	NOR	05-09-1991	37.43	1:13.81	1:56.66	4:12.81
Sofie Karoline Haugen	NOR	22-04-1995	40.35	1:18.66	1:59.06	4:10.57
Ida Njåtun	NOR	06-02-1991	38.69	1:14.37	1:52.71	4:01.47
Julie Nistad Samsonsen	NOR	05-04-2000	39.10	1:19.73	2:11.78	4:47.30
Ragne Wiklund	NOR	09-05-2000	40.03	1:17.33	1:57.59	4:07.31
Karolina Bosiek	POL	20-02-2000	38.74	1:16.40	1:57.59	4:03.45
Natalia Czerwonka	POL	20-10-1988	38.84	1:14.10	1:53.93	4:05.40
Magdalena Czystczon	POL	04-03-1995	42.14	1:21.03	2:01.37	4:05.35
Karolina Gasecka	POL	20-08-1999	40.29	1:18.42	2:00.47	4:14.28
Andżelika Wójcik	POL	08-11-1996	38.84	1:17.57	2:03.62	4:34.99
Kaja Ziomek	POL	31-08-1997	38.09	1:17.81	2:13.18	4:56.33
Mihaela Hogas	ROU	15-09-1998	39.43	1:18.77	2:03.34	4:42.39
Olga Fatkulina	RUS	23-01-1990	36.83	1:12.98	1:56.22	4:28.20
Angelina Golikova	RUS	17-09-1991	36.93	1:14.46	2:01.46	4:22.87
Daria Kachanova	RUS	17-09-1997	37.53	1:14.19	1:57.28	4:39.11
Elizaveta Kazelina	RUS	19-09-1996	38.37	1:15.41	1:53.25	4:05.20
Evgeniia Lalenkova	RUS	08-09-1990	39.36	1:18.09	1:53.52	3:59.05

Yekaterina Shikhova	RUS	25-06-1985	38.11	1:12.46	1:50.63	4:07.36
Elena Sokhryakova	RUS	04-11-1990	39.69	1:18.10	1:57.41	4:06.05
Natalia Voronina	RUS	21-10-1994	39.66	1:18.85	1:55.58	3:54.06
Nadja Wenger	SUI	27-05-1991	46.40	1:24.17	2:05.41	4:19.85

## Personal Best - Men

Name	Nat.	date of birth	500 m	1000 m	1500 m	3000 m
Armin Hager	AUT	14-09-1994	35.88	1:09.79	1:46.54	6:52.25
Gabriel Odor	AUT	23-08-2000	36.58	1:10.06	1:47.34	6:36.37
Tim Sibiet	BEL	02-09-1992	40.74		1:58.12	7:00.38
Bart Swings	BEL	12-02-1991	36.46	1:09.28	1:42.48	6:11.54
Mathias Vosté	BEL	20-05-1994	35.26	1:08.88	1:45.89	7:15.88
Artyom Chaban	BLR	06-07-1994	35.23	1:11.07	1:56.19	7:30.47
Yahor Damaratski	BLR	24-03-2000	37.31	1:12.37	1:50.78	6:31.63
Ignat Golovatsiuk	BLR	05-05-1997	35.00	1:08.65	1:47.68	7:08.82
Yauheni Hahiyeu	BLR	13-04-2000	36.60	1:13.48	1:55.69	
Vitaly Mikhailov	BLR	24-08-1986	36.36	1:09.97	1:45.86	6:19.67
Philip Due Schmidt	DEN	10-02-1997	38.27	1:13.61	1:52.35	6:39.72
Stefan Due Schmidt	DEN	28-08-1994	37.58	1:12.21	1:49.93	6:36.72
Marten Liiv	EST	23-12-1996	35.60	1:08.70	1:46.37	6:55.21
Miro Puolakka	FIN	06-06-1994	35.78	1:12.72	2:17.46	5:14.81
Timothy Loubineaud	FRA	05-06-1996	40.56		1:52.47	6:24.48
Cornelius Kersten	GBR	19-07-1994	35.72	1:09.97	1:48.69	7:14.86
Stefan Emele	GER	08-09-1996	36.31	1:11.81	1:49.19	7:31.57
Ole Jeske	GER	20-04-1999	35.94	1:10.67	1:51.02	
Felix Maly	GER	03-05-1994	37.61	1:12.24	1:48.63	6:25.61
Jeremias Marx	GER	25-09-1997	35.66	1:09.22	1:47.46	6:47.49
Fridtjof Petzold	GER	09-04-1997	38.00	1:14.10	1:50.72	6:31.02
Michael Roth	GER	15-05-1999	36.74	1:11.19	1:49.98	7:06.47
Botond Bejczy	HUN	06-09-1999	37.47	1:12.43	1:51.76	6:55.97
Bence Dékány	HUN	05-11-1993	38.58	1:16.05	1:56.49	6:44.64
Francesco Betti	ITA	27-04-2000	35.92	1:09.93	1:46.98	6:27.69
David Bosa	ITA	28-04-1992	34.59	1:08.31	1:51.75	
Davide Ghiotto	ITA	03-12-1993	38.32	1:15.36	1:50.67	6:14.68
Andrea Giovannini	ITA	27-08-1993	36.57	1:10.56	1:44.17	6:08.80
Michele Malfatti	ITA	31-12-1994	38.07	1:15.25	1:48.72	6:20.40
Mirko Giacomo Nenzi	ITA	14-11-1989	34.75	1:08.19	1:45.90	7:20.64
Daniel Niero	ITA	16-10-1996	38.12	1:15.52	1:51.98	6:35.87
Jeffrey Rosanelli	ITA	30-07-1998	35.24	1:09.70	1:49.04	7:29.93
Alessio Trentini	ITA	19-07-1994	36.56	1:10.57	1:47.91	7:37.22
Nicola Tumolero	ITA	24-09-1994	37.12	1:11.22	1:45.07	6:07.50
Haralds Silovs	LAT	07-04-1986	35.32	1:07.47	1:43.35	6:15.60
Jorrit Bergsma	NED	01-02-1986	38.25	1:14.30	1:47.08	6:06.93
Marcel Bosker	NED	19-01-1997	36.39	1:09.10	1:44.45	6:08.90
Sven Kramer	NED	23-04-1986	36.17	1:09.77	1:43.54	6:03.32
Thomas Krol	NED	16-08-1992	35.14	1:06.25	1:40.54	6:46.30
Dai Dai N'tab	NED	17-08-1994	34.15	1:08.41	1:50.56	
Patrick Roest	NED	07-12-1995	35.74	1:09.04	1:42.56	6:03.70
Jan Smeekens	NED	11-02-1987	34.32	1:08.89	1:48.44	7:23.36
Arjan Stroetinga	NED	26-06-1981	38.36	1:14.18	1:49.11	6:19.18
Kai Verbij	NED	25-09-1994	34.13	1:06.34	1:45.41	6:56.25
Koen Verweij	NED	26-08-1990	35.64	1:06.94	1:41.63	6:09.51
Håvard Bøkko	NOR	02-02-1987	35.75	1:08.42	1:42.67	6:09.94

Hallgeir Engebråten	NOR	17-12-1999	37.00	1:11.08	1:47.24	6:26.40
Odin By Farstad	NOR	01-12-1997	35.47	1:09.03	1:47.84	
Sindre Henriksen	NOR	24-07-1992	36.03	1:09.10	1:43.68	6:15.74
Håvard H. Lorentzen	NOR	02-10-1992	34.28	1:06.51	1:44.45	6:39.99
Bjørn Magnussen	NOR	02-01-1998	34.99	1:10.27	1:54.94	
Sverre Lunde Pedersen	NOR	17-07-1992	35.85	1:09.31	1:42.39	6:07.16
Henrik F. Rukke	NOR	20-10-1996	34.70	1:08.78	1:48.91	7:17.44
Kristian Ulekleiv	NOR	28-08-1996	36.57	1:10.36	1:47.01	6:31.99
Marcin Bachanek	POL	17-06-1996	35.76	1:10.06	1:48.80	6:40.77
Artur Janicki	POL	01-02-1998	37.74	1:13.37	1:50.11	6:32.97
Sebastian Kłosiński	POL	04-08-1992	34.94	1:08.48	1:44.96	7:38.59
Piotr Michalski	POL	27-07-1994	34.48	1:08.29	1:52.78	7:15.25
Artur Nogal	POL	26-08-1990	34.69	1:09.47	1:49.40	7:33.92
Szymon Palka	POL	14-03-1997	37.98	1:14.45	1:50.30	6:31.02
Jakub Piotrowski	POL	27-02-2000	36.63	1:12.00	1:50.70	6:45.86
Damian Żurek	POL	17-09-1999	35.33	1:09.91	1:48.11	7:51.53
Artem Arefyev	RUS	01-09-2000	34.70	1:09.75	1:56.74	8:22.91
Daniil Beliaev	RUS	07-12-1995	35.96	1:10.48	1:46.94	6:31.39
Pavel Kulizhnikov	RUS	20-04-1994	33.61	1:06.47	1:47.26	7:04.65
Ruslan Murashov	RUS	29-12-1992	34.02	1:08.56	1:54.51	7:30.16
Viktor Mushtakov	RUS	19-12-1996	34.16	1:07.36	1:50.06	7:08.60
Alexander Rummyantsev	RUS	05-12-1986	37.60	1:14.71	1:48.09	6:10.78
Danila Semerikov	RUS	19-10-1994	37.30	1:16.44	1:47.96	6:08.96
Sergey Trofimov	RUS	27-07-1995	36.51	1:09.52	1:44.86	6:14.66
Denis Yuskov	RUS	11-10-1989	35.42	1:06.92	1:41.02	6:11.79
Ruslan Zakharov (87)	RUS	24-03-1987	37.94		1:51.88	6:17.73
Oliver Grob	SUI	05-12-1996	35.77	1:10.40	1:48.50	7:22.74
Christian Oberbichler	SUI	14-08-1992	35.55	1:10.80	1:49.98	7:29.46
Livio Wenger	SUI	20-01-1993	36.52	1:09.79	1:44.90	6:14.51

### National best times Ladies

Land	500 m	1000 m	1500 m	5000 m	Teamsprint	Team Pursuit
AUT	36.83	1:13.43	1:55.05	4:05.17	1:35.91	3:18.68
BEL	39.61	1:18.42	1:56.99	4:04.00	-----	3:18.17
BLR	37.66	1:14.44	1:54.83	3:55.73	1:29.46	3:07.06
CZE	37.06	1:13.53	1:53.44	3:52.02	1:37.48	3:02.50
EST	40.85	1:19.01	1:58.64	4:07.43	-----	-----
GBR	40.30	1:18.63	2:01.81	4:21.14	-----	-----
GER	37.00	1:13.49	1:53.09	3:56.80	1:29.65	2:56.04
ITA	37.86	1:13.47	1:54.38	4:02.75	1:28.18	3:00.83
NED	37.06	1:12.53	1:50.70	3:54.02	1:26.28	2:55.48
NOR	37.43	1:13.81	1:52.71	4:00.34	1:26.38	2:59.47
POL	38.09	1:14.10	1:53.93	4:02.12	1:29.39	2:58.01
ROU	39.21	1:18.21	1:59.21	4:10.14	1:37.85	3:09.68
RUS	36.83	1:12.46	1:50.63	3:54.06	1:24.84	2:56.98
SUI	39.38	1:17.53	1:59.32	4:19.10	1:38.39	-----

### National best times Men

Land	500 m	1000 m	1500 m	5000 m	Teamsprint	Team Pursuit
AUT	35.77	1:09.76	1:45.95	6:21.63	1:25.52	3:49.94
BEL	35.26	1:08.88	1:42.48	6:11.54	1:36.21	3:45.64
BLR	35.00	1:08.65	1:45.86	6:19.67	1:22.84	3:50.38
DEN	37.58	1:12.21	1:47.92	6:18.25	1:30.24	3:52.52
EST	35.60	1:08.70	1:46.37	6:55.21	1:25.33	4:28.47
FIN	34.17	1:07.00	1:45.46	6:33.84	1:21.09	3:48.90
FRA	35.47	1:08.13	1:43.70	6:11.95	-----	3:39.41
GBR	35.72	1:09.97	1:48.69	6:51.18	-----	-----
GER	34.35	1:06.80	1:45.03	6:07.02	1:20.42	3:40.50
HUN	35.94	1:08.78	1:44.16	6:37.26	1:27.61	4:14.10
ITA	34.59	1:08.19	1:43.48	6:06.06	1:22.53	3:36.54
LAT	35.32	1:07.47	1:43.35	6:15.60	-----	-----
NED	34.08	1:06.18	1:40.17	6:03.32	1:18.53	3:35.60
NOR	34.28	1:06.51	1:42.39	6:07.16	1:18.56	3:37.08
POL	34.42	1:07.87	1:42.89	6:16.84	1:20.58	3:41.16
RUS	33.61	1:06.47	1:41.02	6:08.77	1:18.25	3:41.23
SUI	35.55	1:09.79	1:44.90	6:14.51	1:22.16	3:57.75



## Medal classification European distance championships Ladies

### 500 meter Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Vanessa Herzog (AUT)	Angelina Golikova (RUS)	Karolina Erbanova (CZE)

### 1000 meter Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Yekaterina Shikhova (RUS)	Vanessa Herzog (AUT)	Marrit Leenstra

### 1500 meter Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Lotte van Beek	Yekaterina Shikhova (RUS)	Marrit Leenstra

### 3000 meter Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Esmee Visser	Carlijn Achtereekte	Natalia Voronina (RUS)

### Teamsprint Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Russia	Netherlands	Norway

### Team Pursuit Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Netherlands	Russia	Germany

### Mass Start Ladies

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Francesca Lollobrigida (ITA)	Francesca Bettrone (ITA)	Vanessa Herzog (AUT)

### Ladies total individual

Nr.	Name	Nat.	Gold	Silver	Bronze	Total
1	Vanessa Herzog	AUT	1	1	1	3
2	Yekaterina Shikhova	RUS	1	1		2
3	Lotte van Beek	NED	1			1
	Esmee Visser	NED	1			1
	Francesca Lollobrigida	ITA	1			1
6	Angelina Golikova	RUS		1		1
	Carlijn Achtereekte	NED		1		1
	Francesca Bettrone	ITA		1		1
8	Marrit Leenstra	NED			2	2
9	Karolina Erbanova	CZE			1	1
	Natalia Voronina	RUS			1	1

### Ladies total countries

Nr.	Name	Nat.	Gold	Silver	Bronze	Total
1	Netherlands	NED	3	2	2	7
2	Russia	RUS	2	3	1	6
3	Austria	AUT	1	1	1	3
4	Italy	ITA	1	1		2
5	Czech Republic	CZE			1	1
	Norway	NOR			1	1
	Germany	GER			1	1

## Medal classification European distance championships Men

### 500 meter men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Ronald Mulder	Mika Poutala (FIN)	Pavel Kulizhnikov (RUS)

### 1000 meter men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Pavel Kulizhnikov (RUS)	Denis Yuskov (RUS)	Nico Ihle (GER)

### 1500 meter men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Denis Yuskov (RUS)	Thomas Krol	Koen Verweij

### 5000 meter men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Nicola Tumolero (ITA)	Alexander Rumyantsev (RUS)	Marcel Bosker

### Teamsprint men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Russia	Finland	Poland

### Team Pursuit men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Netherlands	Russia	Poland

### Mass Start men

Year and place	Gold	Silver	Bronze
2018 Kolomna 2020 Heerenveen	Jan Blokhuijsen	Andrea Giovannini (ITA)	Ruslan Zakharov (RUS)

### Men total individual

Nr.	Name	Nat.	Gold	Silver	Bronze	Total
1	Denis Yuskov	RUS	1	1		2
2	Pavel Kulizhnikov	RUS	1		1	2
3	Ronald Mulder	NED	1			1
	Nicola Tumolero	ITA	1			1
	Jan Blokhuijsen	NED	1			1
6	Mika Poutala	FIN		1		1
	Thomas Krol	NED		1		1
	Alexander Rumyantsev	RUS		1		1
	Andrea Giovannini	ITA		1		1
10	Koen Verweij	NED			1	1
	Nico Ihle	GER			1	1
	Ruslan Zakharov	RUS			1	1
	Marcel Bosker	NED			1	1

### Men total countries

Nr.	Name	Nat.	Gold	Silver	Bronze	Total
1	Russia	RUS	3	3	2	8
2	Netherlands	NED	3	1	2	6
3	Italy	ITA	1	1		2
4	Finland	FIN		2		2
5	Poland	POL			2	2
6	Germany	GER			1	1

## Intermediate and laptimes (World records (WR), Dutch records (NR), Track records (TR), Championships records (CR) Ladies

	WR	NR	TR	CR
<b>500 meter</b>				
100 m	10.09	10.23	10.33	10.51
500 m	36.36 (26.27) Sang-Hwa Lee	37.06 (26.83) Thijsje Oenema	37.17 (26.84) Nao Kodaira	37.69 (27.18) Vanessa Herzog
<b>1000 meter</b>				
200 m	17.57	18.03	17.77	18.24
600 m	43.87 (26.30)	44.74 (26.71)	44.85 (27.08)	45.93 (27.69)
1000 m	1:11.61 (27.74) Brittany Bowe	1:12.53 (27.79) Jorien ter Mors	1:13.24 (28.39) Brittany Bowe	1:15.34 (29.41) Yekaterina Shikhova
<b>1500 meter</b>				
300 m	24.74	25.16	25.32	26.29
700 m	51.69 (26.95)	52.44 (27.28)	53.42 (28.10)	55.08 (28.79)
1100 m	1:19.66 (27.97)	1:20.96 (28.52)	1:22.56 (29.14)	1:25.11 (30.03)
1500 m	1:49.83 (30.17) Miho Takagi	1:50.70 (29.74) Ireen Wüst	1:53.30 (30.74) Ireen Wüst	1:55.52 (30.41) Lotte van Beek
<b>3000 meter</b>				
200 m	19.73	20.83	19.39	20.85
600 m	48.83 (29.10)	51.40 (30.57)	49.48 (30.09)	52.43 (31.58)
1000 m	1:18.88 (30.05)	1:21.98 (30.58)	1:20.59 (31.11)	1:23.82 (31.39)
1400 m	1:49.09 (30.21)	1:52.11 (30.13)	1:52.14 (31.55)	1:55.29 (31.47)
1800 m	2:19.45 (30.36)	2:22.21 (30.10)	2:23.31 (31.17)	2:26.95 (31.66)
2200 m	2:49.87 (30.42)	2:52.47 (30.26)	2:54.34 (31.03)	2:58.98 (32.03)
2600 m	3:20.68 (30.81)	3:22.88 (30.41)	3:26.24 (31.90)	3:31.73 (32.75)
3000 m	3:52.02 (31.34) Martina Sáblíková	3:54.02 (31.14) Esmee Visser	3:58.68 (32.44) Ireen Wüst	4:05.31 (33.52) Esmee Visser
<b>Teamsprint</b>				
200 m	17.61	17.70	17.77	17.83
400 m	30.61 (13.00)	30.98 (13.28)	31.03 (13.26)	31.05 (13.22)
600 m	43.61 (13.00)	44.31 (13.33)	44.34 (13.31)	44.25 (13.10)
800 m	56.89 (13.28)	57.96 (13.65)	57.87 (13.53)	57.78 (13.53)
1000 m	1:10.62 (13.73)	1:11.93 (13.97)	1:11.97 (14.10)	1:11.95 (14.17)
1200 m	1:24.84 (14.22) Russia	1:26.28 (14.35)	1:26.62 (14.65) Russia	1:26.71 (14.76) Russia
<b>Team Pursuit</b>				
200 m	18.23	18.19	18.54	19.00
400 m	31.95 (13.72)	31.85 (13.66)	32.67 (14.13)	32.97 (13.97)
600 m	45.63 (13.68)	45.52 (13.67)	46.58 (13.91)	47.01 (14.04)
800 m	59.39 (13.76)	59.32 (13.80)	1:00.63 (14.05)	1:01.28 (14.27)
1000 m	1:13.35 (13.96)	1:13.05 (13.73)	1:14.65 (14.02)	1:15.80 (14.52)
1200 m	1:27.42 (14.07)	1:26.95 (13.90)	1:28.79 (14.14)	1:30.06 (14.26)
1400 m	1:41.17 (13.75)	1:41.36 (14.41)	1:43.21 (14.42)	1:44.38 (14.32)
1600 m	1:54.89 (13.72)	1:55.85 (14.49)	1:57.56 (14.35)	1:59.01 (14.63)
1800 m	2:08.90 (14.01)	2:10.67 (14.82)	2:11.99 (14.43)	2:13.95 (14.94)
2000 m	2:22.86 (13.96)	2:25.47 (14.80)	2:26.67 (14.68)	2:28.99 (15.04)
2200 m	2:36.76 (13.90)	2:40.40 (14.93)	2:41.16 (14.49)	2:44.27 (15.28)
2400 m	2:50.87 (14.11) Japan	2:55.48 (15.08)	2:55.77 (14.61) Japan	2:59.34 (15.07) Netherlands

## Intermediate and laptimes (World records (WR), Dutch records (NR), Track records (TR), Championships records (CR) Men

	WR	NR	TR	CR
<b>500 meter</b>				
100 m	9:67	9:52	9:59	9:61
500 m	33.61 (23.94) Pavel Kulizhnikov	34.08 (24.56) Ronald Mulder	34.31 (24.72) Michel Mulder en Pavel Kulizhnikov (9.65)	34.80 (25.19) Ronald Mulder
<b>1000 meter</b>				
200 m	16.43	16.43	16.38	16.34
600 m	40.81 (24.38)	40.81 (24.38)	41.15 (24.77)	41.63 (25.29)
1000 m	1:06.18 (25.37) Kjeld Nuis	1:06.18 (25.37) Kjeld Nuis	1:07.48 (26.33) Kai Verbij	1:08.84 (27.21) Pavel Kulizhnikov
<b>1500 meter</b>				
300 m	22.91	22.91	23.53	23.91
700 m	47.18 (24.27)	47.18 (24.27)	49.12 (25.59)	49.46 (25.55)
1100 m	1:12.38 (25.20)	1:12.38 (25.20)	1:15.51 (26.39)	1:16.10 (26.64)
1500 m	1:40.17 (27.79) Kjeld Nuis	1:40.17 (27.79) Kjeld Nuis	1:43.36 (27.85) Denis Yuskov	1:44.53 (28.43) Denis Yuskov
<b>5000 meter</b>				
200 m	18.47	17.74	19.76	18.84
600 m	46.99 (28.52)	45.88 (28.14)	49.19 (29.43)	48.32 (29.48)
1000 m	1:15.48 (28.49)	1:14.40 (28.52)	1:18.72 (29.53)	1:18.10 (29.78)
1400 m	1:44.36 (28.88)	1:42.98 (28.58)	1:47.81 (29.09)	1:47.95 (29.85)
1800 m	2:13.10 (28.74)	2:11.33 (28.35)	2:17.07 (29.26)	2:17.53 (29.58)
2200 m	2:41.74 (28.64)	2:39.98 (28.65)	2:46.28 (29.21)	2:47.38 (29.85)
2600 m	3:10.31 (28.57)	3:08.59 (28.61)	3:15.69 (29.41)	3:17.24 (29.86)
3000 m	3:38.83 (28.52)	3:37.15 (28.56)	3:45.18 (29.49)	3:46.99 (29.75)
3400 m	4:07.32 (28.49)	4:05.73 (28.58)	4:14.52 (29.34)	4:16.83 (29.84)
3800 m	4:35.90 (28.58)	4:34.92 (29.19)	4:43.70 (29.18)	4:46.76 (29.93)
4200 m	5:04.55 (28.65)	5:04.20 (29.28)	5:11.93 (28.23)	5:16.76 (30.00)
4600 m	5:33.12 (28.57)	5:33.77 (29.57)	5:40.12 (28.19)	5:46.67 (29.91)
5000 m	6:01.86 (28.74) Ted-Jan Bloemen	6:03.32 (29.55) Sven Kramer	6:08.96 (28.84) Danila Semerikov	6:16.85 (30.18) Nicola Tumolero
<b>Teamsprint</b>				
200 m	16.21	16.64	16.47	16.92
400 m	27.99 (11.78)	28.58 (11.94)	28.45 (11.98)	29.07 (12.15)
600 m	39.77 (11.78)	40.49 (11.91)	40.57 (12.12)	41.18 (12.11)
800 m	52.04 (12.27)	52.52 (12.03)	53.11 (12.54)	53.67 (12.49)
1000 m	1:04.48 (12.44)	1:05.16 (12.64)	1:06.04 (12.93)	1:06.44 (12.77)
1200 m	1:17.31 (12.83) Canada	1:18.53 (13.37)	1:19.55 (13.51) Canada	1:19.38 (12.94) Russia
<b>Team Pursuit</b>				
200 m	17.41	17.41	17.58	17.98
400 m	30.37 (12.96)	30.37 (12.96)	30.88 (13.30)	31.42 (13.44)
600 m	43.50 (13.13)	43.50 (13.13)	44.22 (13.34)	44.98 (13.56)
800 m	56.37 (12.87)	56.37 (12.87)	57.44 (13.22)	58.44 (13.46)
1000 m	1:09.29 (12.92)	1:09.29 (12.92)	1:10.76 (13.32)	1:11.88 (13.44)
1200 m	1:22.46 (13.17)	1:22.46 (13.17)	1:24.30 (13.54)	1:25.55 (13.67)
1400 m	1:35.48 (13.02)	1:35.48 (13.02)	1:37.62 (13.32)	1:39.30 (13.75)
1600 m	1:48.55 (13.07)	1:48.55 (13.07)	1:50.93 (13.31)	1:53.12 (13.82)
1800 m	2:01.73 (13.18)	2:01.73 (13.18)	2:04.48 (13.55)	2:06.70 (13.58)
2000 m	2:15.02 (13.29)	2:15.02 (13.29)	2:17.97 (13.49)	2:20.23 (13.53)
2200 m	2:28.40 (13.38)	2:28.40 (13.38)	2:31.49 (13.52)	2:34.01 (13.78)
2400 m	2:41.97 (13.57)	2:41.97 (13.57)	2:45.19 (13.70)	2:47.61 (13.60)
2600 m	2:55.30 (13.33)	2:55.30 (13.33)	2:58.83 (13.64)	3:01.27 (13.66)
2800 m	3:08.65 (13.35)	3:08.65 (13.35)	3:12.49 (13.66)	3:15.08 (13.81)
3000 m	3:22.20 (13.55)	3:22.20 (13.55)	3:26.34 (13.85)	3:29.03 (13.95)
3200 m	3:35.60 (13.40) Netherlands	3:35.60 (13.40)	3:39.76 (13.42) Netherlands	3:42.79 (13.76) Netherlands

## Top 10 Ladies in Thialf – Heerenveen

### 500 meter

1.	37.17	Nao Kodaira (JPN)	15-12-2018
2.	37.23	Vanessa Herzog (AUT)	15-12-2018
3.	37.27	Nao Kodaira (JPN)	23-02-2019
4.	37.29	Nao Kodaira (JPN)	10-11-2017
5.	37.31	Vanessa Herzog (AUT)	23-02-2019
6.	37.33	Nao Kodaira (JPN)	11-11-2017
7.	37.41	Nao Kodaira (JPN)	24-02-2019
8.	37.49	Angelina Golikova (RUS)	23-02-2019
9.	37.53	Sang-Hwa Lee (KOR)	11-11-2017
10.	37.59	Sang-Hwa Lee (KOR)	11-12-2015

### 1000 meter

1.	1:13.24	Brittany Bowe (USA)	16-12-2018
2.	1:13.86	Ireen Wüst (NED)	21-12-2019
3.	1:13.90	Brittany Bowe (USA)	13-02-2015
4.	1:13.93	Miho Takagi (JPN)	16-12-2018
5.	1:13.99	Nao Kodaira (JPN)	12-11-2017
	1:13.99	Jutta Leerdam (NED)	27-01-2019
7.	1:14.03	Yekaterina Shikhova (RUS)	16-12-2018
8.	1:14.22	Brittany Bowe (USA)	13-03-2016
9.	1:14.24	Jutta Leerdam (NED)	29-12-2019
10.	1:14.32	Qishi Li (CHN)	16-12-2018

### 1500 meter

1.	1:53.30	Ireen Wüst (NED)	15-12-2018
2.	1:53.31	Ireen Wüst (NED)	29-12-2013
3.	1:53.68	Ireen Wüst (NED)	14-03-2014
4.	1:53.87	Heather Richardson (USA)	14-12-2014
5.	1:54.00	Brittany Bowe (USA)	15-12-2018
6.	1:54.03	Yekaterina Shikhova (RUS)	15-12-2018
7.	1:54.05	Ireen Wüst (NED)	10-02-2007
8.	1:54.13	Ireen Wüst (NED)	23-03-2014
9.	1:54.22	Jorien ter Mors (NED)	01-11-2019
10.	1:54.27	Brittany Bowe (USA)	15-02-2015

### 3000 meter

1.	3:58.68	Ireen Wüst (NED)	09-03-2013
2.	3:58.83	Ireen Wüst (NED)	22-03-2014
3.	3:59.41	Antoinette de Jong (NED)	16-12-2018
4.	3:59.45	Ireen Wüst (NED)	27-12-2013
5.	4:00.02	Miho Takagi (JPN)	16-12-2018
6.	4:00.12	Isabelle Weidemann (CAN)	16-12-2018
7.	4:00.27	Esmee Visser (NED)	02-11-2019
8.	4:00.28	Ireen Wüst (NED)	10-02-2007
9.	4:00.29	Antoinette de Jong (NED)	02-11-2019
10.	4:00.33	Martina Sáblíková (CZE)	16-12-2018

### Teamsprint

1.	1:26.62	Russia	12-11-2017
2.	1:27.55	Japan	10-12-2016
3.	1:28.11	Korea	12-11-2017
	1:28.11	Norway	12-11-2017
5.	1:28.48	China	12-11-2017
6.	1:28.68	Russia	10-12-2016
7.	1:28.80	Netherlands	10-12-2016
8.	1:28.96	Netherlands	12-11-2017
9.	1:28.98	China	11-03-2016
10.	1:29.23	Netherlands	11-12-2015

**Team Pursuit**

1.	2:55.77	Japan	10-11-2017
2.	2:58.06	Japan	12-03-2016
3.	2:58.21	Netherlands	12-03-2016
4.	2:59.06	Netherlands	10-11-2017
5.	2:59.51	Japan	09-12-2016
6.	2:59.58	Japan	12-12-2015
7.	2:59.65	Netherlands	16-03-2014
8.	2:59.69	Netherlands	13-12-2014
9.	2:59.70	Netherlands	25-03-2012
10.	3:00.01	Canada	04-12-2011

**Top 10 Men in Thialf – Heerenveen****500 meter**

1.	34.31	Michel Mulder (NED)	27-12-2013
	34.31	Pavel Kulizhnikov (RUS)	24-02-2019
3.	34.37	Dai Dai Ntab (NED)	27-12-2019
4.	34.38	Pavel Kulizhnikov (RUS)	15-02-2015
5.	34.45	Tatsuya Shinhama (JPN)	24-02-2019
6.	34.48	Pavel Kulizhnikov (RUS)	11-12-2015
7.	34.49	Ronald Mulder (NED)	27-12-2017
	34.49	Pavel Kulizhnikov (RUS)	15-12-2018
9.	34.50	Ruslan Murashov (RUS)	09-12-2016
10.	34.52	Tsubasa Hasegawa (JPN)	15-12-2018

**1000 meter**

1.	1:07.48	Kai Verbij (NED)	03-11-2019
2.	1:07.64	Kjeld Nuis (NED)	29-12-2017
3.	1:07.80	Kjeld Nuis (NED)	16-12-2018
	1:07.80	Kjeld Nuis (NED)	24-02-2019
5.	1:07.82	Kjeld Nuis (NED)	03-11-2019
6.	1:07.86	Kjeld Nuis (NED)	23-02-2019
7.	1:07.88	Thomas Krol (NED)	03-11-2019
8.	1:07.93	Pavel Kulizhnikov (RUS)	16-12-2018
9.	1:07.95	Kjeld Nuis (NED)	04-11-2018
	1:07.95	Denis Yuskov (RUS)	16-12-2018

**1500 meter**

1.	1:43.36	Denis Yuskov (RUS)	13-02-2015
2.	1:43.48	Kjeld Nuis (NED)	30-12-2017
3.	1:43.54	Koen Verweij (NED)	30-12-2017
4.	1:43.78	Thomas Krol (NED)	15-12-2018
5.	1:43.86	Thomas Krol (NED)	28-12-2019
6.	1:44.02	Kjeld Nuis (NED)	29-12-2018
7.	1:44.09	Joey Mantia (USA)	15-12-2018
8.	1:44.12	Patrick Roest (NED)	15-12-2018
9.	1:44.20	Patrick Roest (NED)	29-12-2018
10.	1:44.26	Joey Mantia (USA)	13-12-2015

**5000 meter**

1.	6:08.96	Danila Semerikov (RUS)	16-12-2018
2.	6:08.98	Patrick Roest (NED)	02-11-2018
3.	6:09.36	Patrick Roest (NED)	28-12-2018
4.	6:09.65	Sven Kramer (NED)	14-02-2015
5.	6:09.79	Patrick Roest (NED)	27-12-2019
6.	6:09.82	Patrick Roest (NED)	16-12-2018
7.	6:09.83	Patrick Roest (NED)	01-11-2019
8.	6:10.37	Sven Kramer (NED)	29-12-2012
9.	6:10.58	Sven Kramer (NED)	07-01-2017
10.	6:10.61	Sven Kramer (NED)	16-12-2018

**Teamsprint**

1.	1:19.55	Canada	12-11-2017
2.	1:19.75	Canada	11-12-2015
3.	1:19.97	Verenigde Staten	10-12-2016
4.	1:20.00	Norway	12-11-2017
5.	1:20.13	Netherlands	04-12-2011
6.	1:20.29	Canada	10-12-2016
7.	1:20.40	Netherlands	12-03-2016
8.	1:20.41	Canada	12-03-2016
9.	1:20.58	Polen	10-12-2016
10.	1:20.79	Netherlands	10-12-2016

**Team Pursuit**

1.	3:39.76	Netherlands	17-11-2012
2.	3:40.20	Korea	10-11-2017
	3:40.20	Netherlands	24-02-2008
4.	3:40.57	Netherlands	09-12-2007
5.	3:40.64	Netherlands	08-03-2013
6.	3:41.40	Netherlands	13-02-2015
7.	3:41.43	Netherlands	25-03-2012
8.	3:41.50	Norway	10-11-2017
9.	3:42.22	New Zealand	10-11-2017
10.	3:42.28	Netherlands	11-03-2016