# Deelnemers 3000m - selectieperiode 1-7-2018, 3-11-2019, Dames junioren A

| Pos | Naam | | Cat | Baan | Tijd | Datum | Baan |
|---|---|---|---|---|---|---|---|
| 1 | Femke Kok | 10164758 | DA2 | HVN | 4:14.33 | 29-9-2019 | HVN |
| 2 | Robin Groot | 10164670 | DA2 | ALK | 4:14.80 | 3-11-2018 | HVN |
| 3 | Merel Conijn | 10161856 | DA1 | HRN | 4:17.43 | 2-11-2019 | HVN |
| 4 | Megan Sokolov | 10158559 | DA1 | HVN | 4:18.31 | 11-11-2018 | HVN |
| 5 | Eline Jansen | 10161500 | DA1 | DEV | 4:18.86 | 30-9-2018 | HVN |
| 6 | Eline van Voorden | 10166229 | DA2 | DNH | 4:20.75 | 29-9-2019 | HVN |
| 7 | Roos Markus | 10161179 | DA2 | AMS | 4:21.78 | 26-1-2019 | HVN |
| 8 | Hilde Noppert | 10159669 | DA2 | HVN | 4:24.21 | 20-1-2019 | HVN |
| 9 | Myrthe de Boer | 10161279 | DA1 | HVN | 4:24.90 | 2-3-2019 | HVN |
| 10 | Bente Kerkhoff | 10159792 | DA1 | HRN | 4:25.25 | 28-10-2018 | LEE |
| 11 | Leonie Bats | 10159626 | DA1 | GRO | 4:25.94 | 18-11-2018 | HVN |
| 12 | Kim Talsma | 10164598 | DA2 | HVN | 4:26.39 | 13-10-2019 | HVN |
| 13 | Maaike Verweij | 10160668 | DA2 | HVN | 4:27.85 | 11-11-2018 | HVN |
| 14 | Isabel Grevelt | 10159330 | DA1 | ALK | 4:28.31 | 2-3-2019 | HVN |
| 15 | Marrit Fledderus | 10160744 | DA2 | HVN | 4:28.93 | 29-9-2019 | HVN |
| 16 | Lidia Tempert | 10162465 | DA2 | ENS | 4:29.03 | 20-10-2019 | HVN |
| 17 | Iris Schultinga | 10160401 | DA1 | ASS | 4:29.75 | 6-10-2019 | HVN |
| 18 | Anna van den Bos | 10159431 | DA2 | AMS | 4:30.71 | 30-9-2018 | HVN |
| 19 | Debby Behr | 10160095 | DA1 | HVN | 4:30.91 | 14-1-2019 | HVN |
| 20 | Famke Minnee | 10163921 | DA1 | DEV | 4:31.76 | 13-10-2019 | LEE |
| R1 | Vera Gemser | 10160920 | DA1 | HVN | 4:32.12 | 15-10-2018 | HVN |
| R2 | Brit Qualm | 10159853 | DA2 | DNH | 4:33.02 | 3-11-2018 | ENS |
| R3 | Emma Kant | 10160096 | DA2 | AMS | 4:33.55 | 30-9-2018 | HVN |
| R4 | Leila Meijer | 10158946 | DA1 | AMS | 4:33.57 | 29-9-2019 | HVN |
| R5 | Henny de Vries | 10158267 | DA1 | HVN | 4:34.74 | 28-10-2019 | HVN |

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