



Officieus NK Clubs 2018

Thialf - Heerenveen
6 oktober 2018



1. Uitslag Dames Junioren 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1 | 141 Isabel Grevelt | DB2 | 6 | I | 40.67 | | |
| 2 | 71 Sacha van der Weide | DB2 | 6 | O | 42.03 | | |
| 3 | 99 Henny de Vries | DB2 | 5 | O | 42.23 | | |
| 4 | 43 Mirjam Stolze | DA2 | 3 | O | 43.12 | | |
| 5 | 85 Laura Koldemeule | DA2 | 4 | O | 43.46 | | |
| 6 | 57 Patricia Koot | DC1 | 3 | I | 43.62 | | |
| 7 | 113 Yasmijn Jorritsma | DA1 | 5 | I | 43.97 | | |
| 8 | 15 Nikita Praag | DB1 | 4 | I | 44.25 | | |
| 9 | 127 Evi Gelling | DB1 | 2 | O | 44.93 | | |
| 10 | 29 Ciska Schipper | DC2 | 1 | O | 45.97 | | |
| 11 | 155 Sterre Pikaar | DC2 | 2 | I | 47.36 | | |
| 12 | 1 Lente Strijtveen | DB1 | 1 | I | 47.87 | | |

1. Rituitslag Dames Junioren 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|------------------------|--------|-----------------------|-------|--------------|------|
| 1 | wt | 1 | Lente Strijveen | | DB1 | 46.84 | 47.87 | |
| | rd | 29 | Ciska Schipper | | DC2 | 44.80 | 45.97 | |
| | | <u>Lente Strijveen</u> | | | <u>Ciska Schipper</u> | | | |
| | | 100m | 12.45 | (12.4) | 100m | 12.53 | (12.5) | |
| | | 500m | 47.87 | (35.4) | 500m | 45.97 | (33.4) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------|----------------------|--------|--------------------|-------|--------------|------|
| 2 | gl | 155 | Sterre Pikaar | | DC2 | 45.39 | 47.36 | |
| | bl | 127 | Evi Gelling | | DB1 | 43.52 | 44.93 | |
| | | <u>Sterre Pikaar</u> | | | <u>Evi Gelling</u> | | | |
| | | 100m | 12.51 | (12.5) | 100m | 12.43 | (12.4) | |
| | | 500m | 47.36 | (34.8) | 500m | 44.93 | (32.5) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------|----------------------|--------|----------------------|-------|--------------|------|
| 3 | wt | 57 | Patricia Koot | | DC1 | 43.00 | 43.62 | |
| | rd | 43 | Mirjam Stolze | | DA2 | 42.11 | 43.12 | |
| | | <u>Patricia Koot</u> | | | <u>Mirjam Stolze</u> | | | |
| | | 100m | 11.90 | (11.9) | 100m | 11.96 | (11.9) | |
| | | 500m | 43.62 | (31.7) | 500m | 43.12 | (31.2) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------|-------------------------|--------|-------------------------|-------|--------------|------|
| 4 | gl | 15 | Nikita Praag | | DB1 | 43.67 | 44.25 | |
| | bl | 85 | Laura Koldemeule | | DA2 | 41.83 | 43.46 | |
| | | <u>Nikita Praag</u> | | | <u>Laura Koldemeule</u> | | | |
| | | 100m | 12.48 | (12.4) | 100m | 11.92 | (11.9) | |
| | | 500m | 44.25 | (31.8) | 500m | 43.46 | (31.5) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|--------|-----------------------|-------|--------------|------|
| 5 | wt | 113 | Yasmijn Jorritsma | | DA1 | 41.60 | 43.97 | |
| | rd | 99 | Henny de Vries | | DB2 | 41.06 | 42.23 | |
| | | <u>Yasmijn Jorritsma</u> | | | <u>Henny de Vries</u> | | | |
| | | 100m | 12.24 | (12.2) | 100m | 11.71 | (11.7) | |
| | | 500m | 43.97 | (31.7) | 500m | 42.23 | (30.5) | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|-----------------------|----------------------------|--------|-----|----------------------------|-------|--------|--------------|
| 6 | gl | 141 | Isabel Grevelt | | DB2 | | | 39.90 | 40.67 |
| | bl | 71 | Sacha van der Weide | | DB2 | | | 41.57 | 42.03 |
| | | Isabel Grevelt | | | | Sacha van der Weide | | | |
| | | 100m | 11.15 | (11.1) | | 100m | 11.36 | (11.3) | |
| | | 500m | 40.67 | (29.5) | | 500m | 42.03 | (30.7) | |



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2. Uitslag Heren Junioren 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1 | 144 Tijn Smit | HA1 | 12 | O | 38.54 | | |
| 2 | 74 Leon de Hoop | HA2 | 11 | I | 38.66 | | |
| 3 | 102 Rinze Bart de Glee | HC2 | 9 | I | 39.84 | PR | |
| 4 | 130 Gijs Kamp | HC2 | 10 | I | 40.24 | PR | |
| 5 | 18 Bas Meijer | HB2 | 11 | O | 40.87 | | |
| 6 | 60 Okke Mouwen | HC2 | 7 | O | 41.34 | | |
| 7 | 116 Bart Lauwers | HA2 | 10 | O | 41.84 | | |
| 8 | 88 Bas Huttenhuis | HB1 | 9 | O | 42.08 | | |
| 9 | 158 Thomas Jansen | HB1 | 8 | I | 42.11 | | |
| | 32 Joost Nat | HB2 | 7 | I | DQ | | |
| | 46 Jens Orië | HC2 | 8 | O | DQ | | |
| | 4 Chris Fredriks | HB1 | 12 | I | DQ | | |

2. Rituitslag Heren Junioren 500 meter

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-----------------------|-----|-------|--------------------|--------------|
| 7 | wt | 32 Joost Nat | HB2 | 41.17 | | DQ |
| | rd | 60 Okke Mouwen | HC2 | 41.44 | | 41.34 |
| | | <u>Joost Nat</u> | | | <u>Okke Mouwen</u> | |
| | | | | 100m | 41.34 | (41.3) |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|--------------------------|-------|--------|------------------|--------------|
| 8 | gl | 158 Thomas Jansen | HB1 | 42.00 | | 42.11 |
| | bl | 46 Jens Orië | HC2 | 48.27 | | DQ |
| | | <u>Thomas Jansen</u> | | | <u>Jens Orië</u> | |
| | | 100m | 11.48 | (11.4) | | |
| | | 500m | 42.11 | (30.7) | | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------------|-------|--------|-----------------------|-----------------|
| 9 | wt | 102 Rinze Bart de Glee | HC2 | 39.91 | | 39.84 PR |
| | rd | 88 Bas Huttenhuis | HB1 | 41.08 | | 42.08 |
| | | <u>Rinze Bart de Glee</u> | | | <u>Bas Huttenhuis</u> | |
| | | 100m | 10.87 | (10.8) | 100m | 11.61 (11.6) |
| | | 500m | 39.84 | (29.0) | 500m | 42.08 (30.4) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------|--------|---------------------|-----------------|
| 10 | gl | 130 Gijs Kamp | HC2 | 40.96 | | 40.24 PR |
| | bl | 116 Bart Lauwers | HA2 | 40.23 | | 41.84 |
| | | <u>Gijs Kamp</u> | | | <u>Bart Lauwers</u> | |
| | | 100m | 11.02 | (11.0) | 100m | 11.38 (11.3) |
| | | 500m | 40.24 | (29.2) | 500m | 41.84 (30.5) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|-------|--------|-------------------|--------------|
| 11 | wt | 74 Leon de Hoop | HA2 | 38.50 | | 38.66 |
| | rd | 18 Bas Meijer | HB2 | 39.67 | | 40.87 |
| | | <u>Leon de Hoop</u> | | | <u>Bas Meijer</u> | |
| | | 100m | 10.76 | (10.7) | 100m | 11.17 (11.1) |
| | | 500m | 38.66 | (27.9) | 500m | 40.87 (29.7) |



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| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|-------|------------------|--------------|
| 12 | gl | 4 Chris Fredriks | HB1 | 37.82 | | DQ |
| | bl | 144 Tijn Smit | HA1 | 37.91 | | 38.54 |
| | | <u>Chris Fredriks</u> | | | <u>Tijn Smit</u> | |
| | | | | | 100m | 10.81 (10.8) |
| | | | | | 500m | 38.54 (27.7) |



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3. Uitslag Dames Junioren 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 143 Robin Groot | DA1 | 17 | I | 2:04.20 | | |
| 2 | 31 Evelien Vijn | DB1 | 17 | O | 2:05.77 | PR | |
| 3 | 101 Megan Sokolov | DB2 | 18 | O | 2:09.52 | | |
| 4 | 73 Inge de Heer | DA1 | 18 | I | 2:11.00 | | |
| 5 | 17 Janet Beers | DA2 | 16 | I | 2:12.51 | | |
| 6 | 115 Tara Donoghue | DB2 | 15 | O | 2:14.50 | | |
| 7 | 45 Isabelle Hersbach | DA1 | 13 | I | 2:15.52 | PR | |
| 8 | 59 Sosha Zuiderduin | DA1 | 15 | I | 2:15.53 | | |
| 9 | 3 Femke Assink | DA1 | 16 | O | 2:16.00 | | |
| 10 | 87 Jade Groenewoud | DC2 | 13 | O | 2:23.42 | PR | |
| 11 | 157 Amber Kerst | DB2 | 14 | I | 2:26.32 | | |
| 12 | 129 Femke Hayma | DB1 | 14 | O | 2:32.22 | PR | |

3. Rituitslag Dames Junioren 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 13 | wt | 45 Isabelle Hersbach | DA1 | 2:23.12 | 2:15.52 | PR |
| | rd | 87 Jade Groenewoud | DC2 | 2:28.63 | 2:23.42 | PR |

Isabelle Hersbach

| | | |
|-------|---------|--------|
| 300m | 28.85 | (28.8) |
| 700m | 1:02.02 | (33.2) |
| 1100m | 1:37.79 | (35.7) |
| 1500m | 2:15.52 | (37.8) |

Jade Groenewoud

| | | |
|-------|---------|--------|
| 300m | 29.98 | (29.9) |
| 700m | 1:05.41 | (35.5) |
| 1100m | 1:43.98 | (38.5) |
| 1500m | 2:23.42 | (39.5) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 14 | gl | 157 Amber Kerst | DB2 | 2:25.92 | 2:26.32 | |
| | bl | 129 Femke Hayma | DB1 | 2:35.02 | 2:32.22 | PR |

Amber Kerst

| | | |
|-------|---------|--------|
| 300m | 31.29 | (31.2) |
| 700m | 1:07.54 | (36.3) |
| 1100m | 1:45.78 | (38.2) |
| 1500m | 2:26.32 | (40.6) |

Femke Hayma

| | | |
|-------|---------|--------|
| 300m | 33.74 | (33.7) |
| 700m | 1:12.30 | (38.6) |
| 1100m | 1:52.32 | (40.0) |
| 1500m | 2:32.22 | (39.9) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 15 | wt | 59 Sosha Zuiderduin | DA1 | 2:13.29 | 2:15.53 | |
| | rd | 115 Tara Donoghue | DB2 | 2:13.27 | 2:14.50 | |

Sosha Zuiderduin

| | | |
|-------|---------|--------|
| 300m | 29.92 | (29.9) |
| 700m | 1:03.88 | (33.9) |
| 1100m | 1:39.36 | (35.5) |
| 1500m | 2:15.53 | (36.2) |

Tara Donoghue

| | | |
|-------|---------|--------|
| 300m | 29.53 | (29.5) |
| 700m | 1:03.67 | (34.1) |
| 1100m | 1:38.99 | (35.3) |
| 1500m | 2:14.50 | (35.6) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----|---------|----------------|------|
| 16 | gl | 17 Janet Beers | DA2 | 2:07.82 | 2:12.51 | |
| | bl | 3 Femke Assink | DA1 | 2:14.86 | 2:16.00 | |

Janet Beers

| | | |
|-------|---------|--------|
| 300m | 29.43 | (29.4) |
| 700m | 1:02.22 | (32.8) |
| 1100m | 1:36.31 | (34.1) |
| 1500m | 2:12.51 | (36.2) |

Femke Assink

| | | |
|-------|---------|--------|
| 300m | 29.13 | (29.1) |
| 700m | 1:02.54 | (33.4) |
| 1100m | 1:38.31 | (35.8) |
| 1500m | 2:16.00 | (37.7) |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|----------------------|--------|----------------------|---------|----------------|------|
| 17 | wt | 143 | Robin Groot | | DA1 | 2:02.65 | 2:04.20 | |
| | rd | 31 | Evelien Vijn | | DB1 | 2:06.90 | 2:05.77 | PR |
| | | Robin Groot | | | Evelien Vijn | | | |
| | | 300m | 27.16 | (27.1) | 300m | 27.49 | (27.4) | |
| | | 700m | 57.83 | (30.7) | 700m | 58.49 | (31.0) | |
| | | 1100m | 1:30.10 | (32.3) | 1100m | 1:31.47 | (33.0) | |
| | | 1500m | 2:04.20 | (34.1) | 1500m | 2:05.77 | (34.3) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 18 | gl | 73 | Inge de Heer | | DA1 | 2:08.83 | 2:11.00 | |
| | bl | 101 | Megan Sokolov | | DB2 | 2:06.38 | 2:09.52 | |
| | | Inge de Heer | | | Megan Sokolov | | | |
| | | 300m | 28.49 | (28.4) | 300m | 28.71 | (28.7) | |
| | | 700m | 1:00.80 | (32.4) | 700m | 1:00.62 | (31.9) | |
| | | 1100m | 1:34.85 | (34.0) | 1100m | 1:34.36 | (33.7) | |
| | | 1500m | 2:11.00 | (36.2) | 1500m | 2:09.52 | (35.2) | |



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4. Uitslag Heren Junioren 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|----------------|------|--------|
| 1 | 76 Jesse Stam | HA2 | 23 | O | 1:53.32 | | |
| 2 | 118 Wietse Tukkie | HB2 | 23 | I | 1:53.66 | PR | |
| 3 | 132 Remo Slotegraaf | HB2 | 24 | I | 1:53.79 | PR | |
| 4 | 6 Lasse Hiddink | HA1 | 21 | O | 1:55.97 | | |
| 5 | 146 Hugo van der Wel | HA1 | 24 | O | 1:56.53 | | |
| 6 | 104 Ids Bouma | HA1 | 22 | O | 1:57.65 | PR | |
| 7 | 34 Ivo de la Porte | HB1 | 19 | O | 1:59.54 | PR | |
| 8 | 48 Armand Broos | HA1 | 20 | I | 1:59.90 | PR | |
| 9 | 20 Gert Jan van Diepen | HB2 | 19 | I | 2:00.75 | PR | |
| 10 | 160 Kenny de Leeuw | HA2 | 22 | I | 2:00.92 | | |
| 11 | 62 Remco Langemaire | HA1 | 21 | I | 2:03.91 | FL | |
| 12 | 90 Boika Maas | HB2 | 20 | O | 2:07.07 | | |

4. Rituitslag Heren Junioren 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|----------------|---------|----------------|------|
| 19 | wt | 20 Gert Jan van Diepen | HB2 | 2:02.19 | 2:00.75 | PR |
| | rd | 34 Ivo de la Porte | HB1 | 2:03.33 | 1:59.54 | PR |
| | | Gert Jan van Diepen | | | | |
| | | 300m | 26.47 (26.4) | | | |
| | | 700m | 55.93 (29.5) | | | |
| | | 1100m | 1:27.51 (31.6) | | | |
| | | 1500m | 2:00.75 (33.2) | | | |
| | | Ivo de la Porte | | | | |
| | | 300m | 25.93 (25.9) | | | |
| | | 700m | 55.14 (29.2) | | | |
| | | 1100m | 1:26.52 (31.4) | | | |
| | | 1500m | 1:59.54 (33.0) | | | |
| | | Armand Broos | | | | |
| | | 300m | 25.18 (25.1) | | | |
| | | 700m | 55.15 (30.0) | | | |
| | | 1100m | 1:27.09 (31.9) | | | |
| | | 1500m | 1:59.90 (32.9) | | | |
| | | Boika Maas | | | | |
| | | 300m | 26.89 (26.8) | | | |
| | | 700m | 58.68 (31.8) | | | |
| | | 1100m | 1:31.99 (33.3) | | | |
| | | 1500m | 2:07.07 (35.1) | | | |
| | | Remco Langemaire | | | | |
| | | 300m | 30.74 (30.7) | | | |
| | | 700m | 1:00.54 (29.8) | | | |
| | | 1100m | 1:31.52 (31.0) | | | |
| | | 1500m | 2:03.91 (32.4) | | | |
| | | Lasse Hiddink | | | | |
| | | 300m | 25.94 (25.9) | | | |
| | | 700m | 54.50 (28.6) | | | |
| | | 1100m | 1:24.54 (30.0) | | | |
| | | 1500m | 1:55.97 (31.4) | | | |
| | | Kenny de Leeuw | | | | |
| | | 300m | 25.65 (25.6) | | | |
| | | 700m | 54.16 (28.5) | | | |
| | | 1100m | 1:25.58 (31.4) | | | |
| | | 1500m | 2:00.92 (35.4) | | | |
| | | Ids Bouma | | | | |
| | | 300m | 26.57 (26.5) | | | |
| | | 700m | 55.56 (29.0) | | | |
| | | 1100m | 1:26.11 (30.6) | | | |
| | | 1500m | 1:57.65 (31.5) | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|----------------------|-----|-----|---------|----------------|------|
| 23 | wt | 118 | Wietse Tukkie | | HB2 | 1:55.60 | 1:53.66 | PR |
| | rd | 76 | Jesse Stam | | HA2 | 1:51.92 | 1:53.32 | |

Wietse Tukkie

| | | |
|-------|---------|--------|
| 300m | 25.39 | (25.3) |
| 700m | 53.49 | (28.1) |
| 1100m | 1:22.93 | (29.5) |
| 1500m | 1:53.66 | (30.7) |

Jesse Stam

| | | |
|-------|---------|--------|
| 300m | 24.88 | (24.8) |
| 700m | 52.66 | (27.8) |
| 1100m | 1:21.86 | (29.2) |
| 1500m | 1:53.32 | (31.5) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-----|-----|---------|----------------|------|
| 24 | gl | 132 | Remo Slotegraaf | | HB2 | 1:54.29 | 1:53.79 | PR |
| | bl | 146 | Hugo van der Wel | | HA1 | 1:55.49 | 1:56.53 | |

Remo Slotegraaf

| | | |
|-------|---------|--------|
| 300m | 26.03 | (26.0) |
| 700m | 54.50 | (28.5) |
| 1100m | 1:23.62 | (29.1) |
| 1500m | 1:53.79 | (30.1) |

Hugo van der Wel

| | | |
|-------|---------|--------|
| 300m | 25.38 | (25.3) |
| 700m | 53.84 | (28.5) |
| 1100m | 1:23.90 | (30.1) |
| 1500m | 1:56.53 | (32.6) |



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5. Uitslag Dames Junioren 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 100 Michelle de Jong | DA2 | 30 | O | 1:19.06 | | |
| 2 | 16 Bente Kerkhoff | DB2 | 28 | I | 1:23.85 | PR | |
| 3 | 86 Tessa Huttenhuis | DA1 | 29 | I | 1:25.94 | | |
| 4 | 142 Isa Merkuur | DA2 | 27 | O | 1:27.00 | | |
| 5 | 72 Daphne de Rooter | DA1 | 30 | I | 1:27.51 | | |
| 6 | 114 Sanne Pfaff | DA2 | 29 | O | 1:29.62 | | |
| 7 | 156 Lotte Groenen | DC1 | 26 | I | 1:29.75 | PR | |
| 8 | 30 Verne Ros | DA2 | 27 | I | 1:31.71 | | |
| 9 | 2 Nadine Schipper | DA1 | 28 | O | 1:33.41 | | |
| 10 | 128 Linda Lankhorst | DC2 | 25 | I | 1:36.52 | | |
| 11 | 58 Tessa van Schie | DB2 | 26 | O | 1:37.25 | | |
| 12 | 44 Milou Zuiderwijk | DA1 | 25 | O | 1:43.92 | | |

5. Rituitslag Dames Junioren 1000 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 25 | wt | 128 Linda Lankhorst | DC2 | 1:29.69 | 1:36.52 | |
| | rd | 44 Milou Zijderwijk | DA1 | 1:41.30 | 1:43.92 | |

Linda Lankhorst

| | | |
|-------|---------|--------|
| 200m | 22.87 | (22.8) |
| 600m | 58.70 | (35.9) |
| 1000m | 1:36.52 | (37.8) |

Milou Zijderwijk

| | | |
|-------|---------|--------|
| 200m | 23.82 | (23.8) |
| 600m | 1:03.05 | (39.2) |
| 1000m | 1:43.92 | (40.9) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 26 | gl | 156 Lotte Groenen | DC1 | 1:32.77 | 1:29.75 | PR |
| | bl | 58 Tessa van Schie | DB2 | 1:35.75 | 1:37.25 | |

Lotte Groenen

| | | |
|-------|---------|--------|
| 200m | 21.10 | (21.1) |
| 600m | 54.46 | (33.3) |
| 1000m | 1:29.75 | (35.3) |

Tessa van Schie

| | | |
|-------|---------|--------|
| 200m | 22.84 | (22.8) |
| 600m | 59.08 | (36.2) |
| 1000m | 1:37.25 | (38.2) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 27 | wt | 30 Verne Ros | DA2 | 1:27.32 | 1:31.71 | |
| | rd | 142 Isa Merkuur | DA2 | 1:26.02 | 1:27.00 | |

Verne Ros

| | | |
|-------|---------|--------|
| 200m | 21.37 | (21.3) |
| 600m | 55.20 | (33.9) |
| 1000m | 1:31.71 | (36.5) |

Isa Merkuur

| | | |
|-------|---------|--------|
| 200m | 20.66 | (20.6) |
| 600m | 52.65 | (32.0) |
| 1000m | 1:27.00 | (34.4) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 28 | gl | 16 Bente Kerkhoff | DB2 | 1:29.53 | 1:23.85 | PR |
| | bl | 2 Nadine Schipper | DA1 | 1:31.54 | 1:33.41 | |

Bente Kerkhoff

| | | |
|-------|---------|--------|
| 200m | 20.46 | (20.4) |
| 600m | 51.46 | (31.0) |
| 1000m | 1:23.85 | (32.4) |

Nadine Schipper

| | | |
|-------|---------|--------|
| 200m | 21.48 | (21.4) |
| 600m | 55.82 | (34.4) |
| 1000m | 1:33.41 | (37.6) |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|-------------------------|-------------------------|--------|-------------------------|---------|---------|----------------|------|
| 29 | wt | 86 | Tessa Huttenhuis | | DA1 | | 1:24.44 | 1:25.94 | |
| | rd | 114 | Sanne Pfaff | | DA2 | | 1:23.74 | 1:29.62 | |
| | | Tessa Huttenhuis | | | Sanne Pfaff | | | | |
| | | 200m | 20.55 | (20.5) | 200m | 20.71 | (20.7) | | |
| | | 600m | 52.22 | (31.7) | 600m | 52.93 | (32.2) | | |
| | | 1000m | 1:25.94 | (33.7) | 1000m | 1:29.62 | (36.7) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 30 | gl | 72 | Daphne de Ruiter | | DA1 | | 1:24.99 | 1:27.51 | |
| | bl | 100 | Michelle de Jong | | DA2 | | 1:18.37 | 1:19.06 | |
| | | Daphne de Ruiter | | | Michelle de Jong | | | | |
| | | 200m | 20.78 | (20.7) | 200m | 18.85 | (18.8) | | |
| | | 600m | 52.62 | (31.9) | 600m | 47.89 | (29.0) | | |
| | | 1000m | 1:27.51 | (34.9) | 1000m | 1:19.06 | (31.2) | | |



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6. Uitslag Heren Junioren 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 19 Janno Botman | HA2 | 35 | I | 1:12.53 | | |
| 2 | 33 Raoul van Aken | HA1 | 36 | I | 1:13.85 | PR | |
| 3 | 131 Jitse Breeuwsma | HA1 | 36 | O | 1:19.62 | | |
| 4 | 117 Steef van Gelderen | HA2 | 33 | O | 1:19.78 | PR | |
| 5 | 75 Sjoerd IJzerman | HA1 | 35 | O | 1:19.79 | | |
| 6 | 145 Max Wokke | HA1 | 34 | O | 1:19.99 | | |
| 7 | 61 Tom Leltz | HB2 | 31 | O | 1:21.94 | PR | |
| 8 | 89 Hidde Laagland | HB2 | 32 | I | 1:22.24 | PR | |
| 9 | 159 Lucas Besteman | HB2 | 31 | I | 1:22.96 | PR | |
| 10 | 47 Max Jansen | HB1 | 32 | O | 1:35.83 | PR | |
| | 103 Hidde Westra | HC2 | 33 | I | DQ | | |
| | 5 Ruben Ligtenberg | HB1 | 34 | I | DQ | | |

6. Rituitslag Heren Junioren 1000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-----|-----|---------|----------------|------|
| 31 | wt | 159 | Lucas Besteman | | HB2 | 1:24.69 | 1:22.96 | PR |
| | rd | 61 | Tom Leltz | | HB2 | 1:23.93 | 1:21.94 | PR |

Lucas Besteman

| | | |
|-------|---------|--------|
| 200m | 19.20 | (19.2) |
| 600m | 49.56 | (30.3) |
| 1000m | 1:22.96 | (33.4) |

Tom Leltz

| | | |
|-------|---------|--------|
| 200m | 19.02 | (19.0) |
| 600m | 49.30 | (30.3) |
| 1000m | 1:21.94 | (32.6) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-----|-----|---------|----------------|------|
| 32 | gl | 89 | Hidde Laagland | | HB2 | 1:25.50 | 1:22.24 | PR |
| | bl | 47 | Max Jansen | | HB1 | 1:36.56 | 1:35.83 | PR |

Hidde Laagland

| | | |
|-------|---------|--------|
| 200m | 19.74 | (19.7) |
| 600m | 50.35 | (30.6) |
| 1000m | 1:22.24 | (31.9) |

Max Jansen

| | | |
|-------|---------|--------|
| 200m | 22.44 | (22.4) |
| 600m | 58.06 | (35.6) |
| 1000m | 1:35.83 | (37.8) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|-----|-----|---------|----------------|------|
| 33 | wt | 103 | Hidde Westra | | HC2 | 1:21.65 | DQ | |
| | rd | 117 | Steef van Gelderen | | HA2 | 1:19.97 | 1:19.78 | PR |

Hidde Westra

Steef van Gelderen

| | | |
|-------|---------|--------|
| 200m | 19.35 | (19.3) |
| 600m | 48.78 | (29.4) |
| 1000m | 1:19.78 | (31.0) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-----|-----|---------|----------------|------|
| 34 | gl | 5 | Ruben Ligtenberg | | HB1 | 1:20.42 | DQ | |
| | bl | 145 | Max Wokke | | HA1 | 1:19.40 | 1:19.99 | |

Ruben Ligtenberg

Max Wokke

| | | |
|-------|---------|--------|
| 200m | 18.93 | (18.9) |
| 600m | 48.62 | (29.7) |
| 1000m | 1:19.99 | (31.3) |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|-----------------------|------------------------|--------|------------------------|---------|--------|---------|-------------------|
| 35 | wt | 19 | Janno Botman | | HA2 | | | 1:10.75 | 1:12.53 |
| | rd | 75 | Sjoerd IJzerman | | HA1 | | | 1:15.17 | 1:19.79 |
| | | Janno Botman | | | Sjoerd IJzerman | | | | |
| | | 200m | 17.53 | (17.5) | 200m | 18.60 | (18.6) | | |
| | | 600m | 44.23 | (26.7) | 600m | 47.62 | (29.0) | | |
| | | 1000m | 1:12.53 | (28.3) | 1000m | 1:19.79 | (32.1) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 36 | gl | 33 | Raoul van Aken | | HA1 | | | 1:14.16 | 1:13.85 PR |
| | bl | 131 | Jitse Breeuwsma | | HA1 | | | 1:18.34 | 1:19.62 |
| | | Raoul van Aken | | | Jitse Breeuwsma | | | | |
| | | 200m | 17.54 | (17.5) | 200m | 19.78 | (19.7) | | |
| | | 600m | 44.79 | (27.2) | 600m | 48.87 | (29.1) | | |
| | | 1000m | 1:13.85 | (29.1) | 1000m | 1:19.62 | (30.8) | | |



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7. Uitslag Dames Senioren 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 91 Nienke Kleinsman | DN4 | 41 | I | 40.98 | | |
| 2 | 21 Anouk Karel | DN3 | 41 | O | 41.07 | | |
| 3 | 77 Sophie Scheer | DSA | 43 | O | 43.83 | | |
| 4 | 7 Marloes Westerhof | DSB | 39 | I | 44.08 | | |
| 5 | 147 Claretta Caravita | DN4 | 43 | I | 44.43 | | |
| 6 | 35 Rianne Rolfes | DN2 | 39 | O | 44.89 | | |
| 7 | 63 Romy Bakker | DN2 | 40 | I | 45.31 | | |
| 8 | 105 Aniek Sikma | DN3 | 38 | I | 45.56 | | |
| 9 | 133 Marloes Groeneveld | DN3 | 40 | O | 46.52 | | |
| 10 | 119 Gioia Melis | DN3 | 38 | O | 48.36 | | |
| 11 | 161 Charlotte de Wit | DN2 | 37 | O | 50.27 | | |
| 12 | 49 Veronica Veerkamp | DSA | 37 | I | 1:00.04 | | |

7. Rituitslag Dames Senioren 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|--------------------------|---------|-------------------------|----------------|--------------|
| 37 | wt | 49 | Veronica Veerkamp | | DSA | | 1:00.04 | |
| | rd | 161 | Charlotte de Wit | | DN2 | 47.85 | 50.27 | |
| | | | | Veronica Veerkamp | | Charlotte de Wit | | |
| | | | | 100m | 15.65 | (15.6) | 100m | 12.91 (12.9) |
| | | | | 500m | 1:00.04 | (44.4) | 500m | 50.27 (37.3) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------|--------------------|-------|--------------------|--------------|--------------|
| 38 | gl | 105 | Aniek Sikma | | DN3 | 42.01 | 45.56 | |
| | bl | 119 | Gioia Melis | | DN3 | 47.37 | 48.36 | |
| | | | | Aniek Sikma | | Gioia Melis | | |
| | | | | 100m | 12.36 | (12.3) | 100m | 13.01 (13.0) |
| | | | | 500m | 45.56 | (33.2) | 500m | 48.36 (35.3) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|--------------------------|-------|----------------------|--------------|--------------|
| 39 | wt | 7 | Marloes Westerhof | | DSB | 41.98 | 44.08 | |
| | rd | 35 | Rianne Rolfes | | DN2 | 42.31 | 44.89 | |
| | | | | Marloes Westerhof | | Rianne Rolfes | | |
| | | | | 100m | 11.93 | (11.9) | 100m | 12.02 (12.0) |
| | | | | 500m | 44.08 | (32.1) | 500m | 44.89 (32.8) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|--------------------|-------|---------------------------|--------------|--------------|
| 40 | gl | 63 | Romy Bakker | | DN2 | 43.26 | 45.31 | |
| | bl | 133 | Marloes Groeneveld | | DN3 | 45.85 | 46.52 | |
| | | | | Romy Bakker | | Marloes Groeneveld | | |
| | | | | 100m | 12.20 | (12.2) | 100m | 13.06 (13.0) |
| | | | | 500m | 45.31 | (33.1) | 500m | 46.52 (33.5) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------------------------|-------|--------------------|--------------|--------------|
| 41 | wt | 91 | Nienke Kleinsman | | DN4 | 40.43 | 40.98 | |
| | rd | 21 | Anouk Karel | | DN3 | 39.74 | 41.07 | |
| | | | | Nienke Kleinsman | | Anouk Karel | | |
| | | | | 100m | 11.39 | (11.3) | 100m | 11.13 (11.1) |
| | | | | 500m | 40.98 | (29.6) | 500m | 41.07 (29.9) |



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| | Naam | Cat | PR | Tijd | Info |
|----|----------|-----|----|------|------|
| 42 | gl bl | | | | |
| | | m | | | m |

| | Naam | Cat | PR | Tijd | Info |
|----|----------|---|------------|----------------|------------------------------|
| 43 | wt rd | 147 Claretta Caravita 77 Sophie Scheer | DN4 DSA | 42.67 43.01 | 44.43 43.83 |
| | | Claretta Caravita | | | Sophie Scheer |
| | | 100m 11.99 (11.9) | | | 100m 12.24 (12.2) |
| | | 500m 44.43 (32.5) | | | 500m 43.83 (31.6) |



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8. Uitslag Heren Senioren 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1 | 81 Hein Otterspeer | HSA | 50 | O | 35.88 | | |
| 2 | 39 Rick Schipper | HSA | 44 | I | 37.90 | | |
| 3 | 67 Calvin van Klink | HN2 | 47 | I | 38.09 | PR | |
| 4 | 109 Jeroen Steenbergen | HN1 | 48 | I | 38.17 | | |
| 5 | 151 Lennard Frinking | HSA | 46 | I | 39.24 | | |
| | 95 Rynald Kip | HN4 | 47 | O | 39.24 | | |
| 7 | 165 Marvin Muijs | HN3 | 46 | O | 39.54 | | |
| 8 | 137 Manuel Leito | HSB | 48 | O | 39.76 | | |
| 9 | 25 Jordy Fronik | HN3 | 44 | O | 40.21 | | |
| 10 | 169 Daan de Vries | HSB | 45 | I | 42.26 | | |
| 11 | 53 Daniel Knoester | HSB | 45 | O | 42.56 | | |
| | 11 Jan Smeekens | HSB | 50 | I | DNF | | |

8. Rituitslag Heren Senioren 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|--------|---------------------|-------|--------------|------|
| 44 | wt | 39 | Rick Schipper | | HSA | 37.25 | 37.90 | |
| | rd | 25 | Jordy Fronik | | HN3 | 39.47 | 40.21 | |
| | | Rick Schipper | | | Jordy Fronik | | | |
| | | 100m | 10.68 | (10.6) | 100m | 11.00 | (11.0) | |
| | | 500m | 37.90 | (27.3) | 500m | 40.21 | (29.2) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|------------------------|--------|------------------------|-------|--------------|------|
| 45 | gl | 169 | Daan de Vries | | HSB | 41.55 | 42.26 | |
| | bl | 53 | Daniel Knoester | | HSB | 39.27 | 42.56 | |
| | | Daan de Vries | | | Daniel Knoester | | | |
| | | 100m | 11.67 | (11.6) | 100m | 11.63 | (11.6) | |
| | | 500m | 42.26 | (30.6) | 500m | 42.56 | (30.9) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|--------|---------------------|-------|--------------|------|
| 46 | wt | 151 | Lennard Frinking | | HSA | 37.91 | 39.24 | |
| | rd | 165 | Marvin Muijs | | HN3 | 38.58 | 39.54 | |
| | | Lennard Frinking | | | Marvin Muijs | | | |
| | | 100m | 10.78 | (10.7) | 100m | 10.64 | (10.6) | |
| | | 500m | 39.24 | (28.5) | 500m | 39.54 | (28.9) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|--------|-------------------|-------|--------------|------|
| 47 | gl | 67 | Calvin van Klink | | HN2 | 38.49 | 38.09 | PR |
| | bl | 95 | Rynald Kip | | HN4 | 38.28 | 39.24 | |
| | | Calvin van Klink | | | Rynald Kip | | | |
| | | 100m | 10.52 | (10.5) | 100m | 10.84 | (10.8) | |
| | | 500m | 38.09 | (27.5) | 500m | 39.24 | (28.4) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|--------|---------------------|-------|--------------|------|
| 48 | wt | 109 | Jeroen Steenbergen | | HN1 | 37.60 | 38.17 | |
| | rd | 137 | Manuel Leito | | HSB | 38.57 | 39.76 | |
| | | Jeroen Steenbergen | | | Manuel Leito | | | |
| | | 100m | 10.70 | (10.7) | 100m | 10.91 | (10.9) | |
| | | 500m | 38.17 | (27.4) | 500m | 39.76 | (28.8) | |



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| | | Naam | Cat | PR | Tijd | Info |
|----|----------|---------------------------|------------------------|-------|--------|--------------|
| 49 | gl bl | | | | | |
| | | | m | | | m |
| | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 50 | wt | 11 Jan Smeekens | HSB | 34.32 | | DNF |
| | rd | 81 Hein Otterspeer | HSA | 34.48 | | 35.88 |
| | | Jan Smeekens | | | | |
| | | | Hein Otterspeer | | | |
| | | | 100m | 10.12 | (10.1) | |
| | | | 500m | 35.88 | (25.7) | |



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9. Uitslag Dames Senioren 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|------|--------|
| 1 | 162 Ireen Wüst | DSB | 57 | O | 1:15.89 | | |
| 2 | 8 Lotte van Beek | DSA | 57 | I | 1:16.84 | | |
| 3 | 106 Antoinette de Jong | DSA | 55 | I | 1:17.72 | | |
| 4 | 134 Myron Koops | DN3 | 55 | O | 1:25.55 | | |
| 5 | 64 Anne Leltz | DN2 | 52 | O | 1:25.68 | PR | |
| 6 | 148 Linda Koomen | DSA | 53 | O | 1:26.26 | | |
| 7 | 22 Ellen Beers | DSA | 51 | I | 1:30.41 | | |
| 8 | 50 Jolanda Voskamp-Vollebregt | D50 | 54 | O | 1:31.69 | | |
| 9 | 120 Monique Boerema | D55 | 53 | I | 1:32.51 | | |
| 10 | 78 Sandra van Wijngaarden | D45 | 52 | I | 1:39.73 | | |
| 11 | 92 Iris Olde Wolsink | DN1 | 51 | O | 1:50.22 | FL | |
| | 36 Renata Velthuisen | DSA | 54 | I | | DQ | |

9. Rituitslag Dames Senioren 1000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|-----|-----|---------|----------------|------|
| 51 | wt | 22 | Ellen Beers | | DSA | 1:22.65 | 1:30.41 | |
| | rd | 92 | Iris Olde Wolsink | | DN1 | 1:36.57 | 1:50.22 | FL |

Ellen Beers

| | | |
|-------|---------|--------|
| 200m | 20.82 | (20.8) |
| 600m | 54.02 | (33.2) |
| 1000m | 1:30.41 | (36.4) |

Iris Olde Wolsink

| | | |
|-------|---------|--------|
| 200m | 31.60 | (31.6) |
| 600m | 1:11.22 | (39.6) |
| 1000m | 1:50.22 | (39.0) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------------|-----|-----|---------|----------------|------|
| 52 | gl | 78 | Sandra van Wijngaarden | | D45 | 1:35.89 | 1:39.73 | |
| | bl | 64 | Anne Leltz | | DN2 | 1:28.48 | 1:25.68 | PR |

Sandra van Wijngaarden

| | | |
|-------|---------|--------|
| 200m | 23.42 | (23.4) |
| 600m | 1:00.20 | (36.8) |
| 1000m | 1:39.73 | (39.5) |

Anne Leltz

| | | |
|-------|---------|--------|
| 200m | 20.87 | (20.8) |
| 600m | 51.87 | (31.0) |
| 1000m | 1:25.68 | (33.8) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-----|-----|---------|----------------|------|
| 53 | wt | 120 | Monique Boerema | | D55 | 1:25.09 | 1:32.51 | |
| | rd | 148 | Linda Koomen | | DSA | 1:23.34 | 1:26.26 | |

Monique Boerema

| | | |
|-------|---------|--------|
| 200m | 21.86 | (21.8) |
| 600m | 55.84 | (34.0) |
| 1000m | 1:32.51 | (36.7) |

Linda Koomen

| | | |
|-------|---------|--------|
| 200m | 21.17 | (21.1) |
| 600m | 53.10 | (32.0) |
| 1000m | 1:26.26 | (33.1) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------------------|-----|-----|---------|----------------|------|
| 54 | gl | 36 | Renata Velthuisen | | DSA | 1:22.31 | DQ | |
| | bl | 50 | Jolanda Voskamp-Vollebregt | | D50 | 1:26.06 | 1:31.69 | |

Renata Velthuisen

Jolanda Voskamp-Vollebregt

| | | |
|-------|---------|--------|
| 200m | 22.36 | (22.3) |
| 600m | 56.35 | (34.0) |
| 1000m | 1:31.69 | (35.3) |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------------|---------------------------|--------|--------------------|---------|--------|---------|----------------|
| 55 | wt | 106 | Antoinette de Jong | | DSA | | | 1:15.68 | 1:17.72 |
| | rd | 134 | Myron Koops | | DN3 | | | 1:21.67 | 1:25.55 |
| | | Antoinette de Jong | | | Myron Koops | | | | |
| | | 200m | 18.93 | (18.9) | 200m | 19.89 | (19.8) | | |
| | | 600m | 47.68 | (28.7) | 600m | 51.33 | (31.5) | | |
| | | 1000m | 1:17.72 | (30.1) | 1000m | 1:25.55 | (34.2) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 56 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | m | | | m | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|--------|-------------------|---------|--------|---------|----------------|
| 57 | wt | 8 | Lotte van Beek | | DSA | | | 1:13.36 | 1:16.84 |
| | rd | 162 | Ireen Wüst | | DSB | | | 1:13.33 | 1:15.89 |
| | | Lotte van Beek | | | Ireen Wüst | | | | |
| | | 200m | 18.93 | (18.9) | 200m | 18.52 | (18.5) | | |
| | | 600m | 47.32 | (28.4) | 600m | 46.44 | (27.9) | | |
| | | 1000m | 1:16.84 | (29.5) | 1000m | 1:15.89 | (29.4) | | |



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10. Uitslag Heren Senioren 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 138 Marcel Bosker | HN3 | 64 | I | 1:11.34 | | |
| 2 | 40 Kay Schipper | HSA | 58 | O | 1:13.30 | PR | |
| 3 | 12 Tim Hoogkamer | HN2 | 62 | I | 1:14.83 | | |
| 4 | 54 Jordy Blokland | HN1 | 62 | O | 1:14.85 | PR | |
| 5 | 82 Jeroen Schorning | HN4 | 59 | O | 1:17.01 | PR | |
| 6 | 96 Ruben Blenk | HN4 | 61 | O | 1:17.04 | | |
| 7 | 152 Sybrand Rosier | HN1 | 64 | O | 1:18.35 | | |
| 8 | 124 Ted de Kruijk | HN1 | 60 | O | 1:18.89 | | |
| 9 | 166 Stefan Claus | HN3 | 58 | I | 1:18.96 | PR | |
| 10 | 26 Arn Botman | HN3 | 61 | I | 1:19.11 | PR | |
| 11 | 68 Wouter van der Geer | HN1 | 60 | I | 1:20.29 | | |
| 12 | 110 Sietse Sinnema | HN3 | 59 | I | 1:21.22 | PR | |

10. Rituitslag Heren Senioren 1000 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------------|----------------------------|--------|-------------------------|---------|----------------|------|
| 58 | wt | 166 | Stefan Claus | | HN3 | 1:20.70 | 1:18.96 | PR |
| | rd | 40 | Kay Schipper | | HSA | 1:13.73 | 1:13.30 | PR |
| | | Stefan Claus | | | Kay Schipper | | | |
| | | 200m | 18.61 | (18.6) | 200m | 17.95 | (17.9) | |
| | | 600m | 47.31 | (28.7) | 600m | 44.95 | (27.0) | |
| | | 1000m | 1:18.96 | (31.6) | 1000m | 1:13.30 | (28.4) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 59 | gl | 110 | Sietse Sinnema | | HN3 | 1:24.00 | 1:21.22 | PR |
| | bl | 82 | Jeroen Schorning | | HN4 | 1:17.29 | 1:17.01 | PR |
| | | Sietse Sinnema | | | Jeroen Schorning | | | |
| | | 200m | 20.15 | (20.1) | 200m | 18.45 | (18.4) | |
| | | 600m | 49.79 | (29.6) | 600m | 46.60 | (28.2) | |
| | | 1000m | 1:21.22 | (31.5) | 1000m | 1:17.01 | (30.4) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 60 | wt | 68 | Wouter van der Geer | | HN1 | 1:19.81 | 1:20.29 | |
| | rd | 124 | Ted de Kruijk | | HN1 | 1:16.60 | 1:18.89 | |
| | | Wouter van der Geer | | | Ted de Kruijk | | | |
| | | 200m | 18.61 | (18.6) | 200m | 18.50 | (18.5) | |
| | | 600m | 48.34 | (29.7) | 600m | 47.41 | (28.9) | |
| | | 1000m | 1:20.29 | (31.9) | 1000m | 1:18.89 | (31.4) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 61 | gl | 26 | Arn Botman | | HN3 | 1:20.42 | 1:19.11 | PR |
| | bl | 96 | Ruben Blenk | | HN4 | 1:16.20 | 1:17.04 | |
| | | Arn Botman | | | Ruben Blenk | | | |
| | | 200m | 18.88 | (18.8) | 200m | 18.27 | (18.2) | |
| | | 600m | 47.81 | (29.0) | 600m | 46.68 | (28.4) | |
| | | 1000m | 1:19.11 | (31.3) | 1000m | 1:17.04 | (30.4) | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|-----------------------|--------|-----------------------|---------|--------|---------|-------------------|
| 62 | wt | 12 | Tim Hoogkamer | | HN2 | | | 1:14.40 | 1:14.83 |
| | rd | 54 | Jordy Blokland | | HN1 | | | 1:15.00 | 1:14.85 PR |
| | | Tim Hoogkamer | | | Jordy Blokland | | | | |
| | | 200m | 17.72 | (17.7) | 200m | 18.10 | (18.1) | | |
| | | 600m | 45.22 | (27.5) | 600m | 45.61 | (27.5) | | |
| | | 1000m | 1:14.83 | (29.6) | 1000m | 1:14.85 | (29.2) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 63 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | m | | | m | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|-----------------------|--------|-----------------------|---------|--------|---------|----------------|
| 64 | wt | 138 | Marcel Bosker | | HN3 | | | 1:09.10 | 1:11.34 |
| | rd | 152 | Sybrand Rosier | | HN1 | | | 1:15.12 | 1:18.35 |
| | | Marcel Bosker | | | Sybrand Rosier | | | | |
| | | 200m | 17.65 | (17.6) | 200m | 18.21 | (18.2) | | |
| | | 600m | 44.23 | (26.6) | 600m | 46.98 | (28.7) | | |
| | | 1000m | 1:11.34 | (27.1) | 1000m | 1:18.35 | (31.4) | | |



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11. Uitslag Dames Senioren 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1 | 79 Sandra Dekker | DN1 | 69 | O | 2:05.65 | | |
| 2 | 65 Lisa van der Geest | DSA | 66 | I | 2:06.40 | HT | |
| 3 | 135 Marjanne Timmer | DSA | 66 | O | 2:09.39 | | |
| 4 | 107 Tanja Krikke | DN1 | 71 | O | 2:12.06 | | |
| 5 | 121 Robin van Leeuwen | DN3 | 71 | I | 2:12.10 | | |
| 6 | 9 Jitte Gjaltema | DN2 | 69 | I | 2:14.73 | | |
| 7 | 23 Leonie Beers | DN1 | 68 | I | 2:15.18 | | |
| 8 | 37 Anouk Timan | DN2 | 68 | O | 2:21.37 | | |
| 9 | 93 Chantal Huizing | DN1 | 67 | O | 2:22.08 | PR | |
| 10 | 51 Shirley Jaarsma | DSB | 67 | I | 2:22.95 | | |
| 11 | 163 Sylvie Lloyd | DN3 | 65 | I | 2:27.53 | HT | |
| 12 | 149 Lara de Koning | DSA | 65 | O | 2:30.22 | | |

11. Rituitslag Dames Senioren 1500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|---------------------------|---------------------------|--------|------------------------|---------|----------------|------|
| 65 | wt | 163 | Sylvie Lloyd | | DN3 | 2:22.60 | 2:27.53 | HT |
| | rd | 149 | Lara de Koning | | DSA | 2:29.81 | 2:30.22 | |
| | | Sylvie Lloyd | | | Lara de Koning | | | |
| | | 300m | 29.83 | (29.8) | 300m | 31.62 | (31.6) | |
| | | 700m | 1:05.74 | (35.9) | 700m | 1:08.42 | (36.8) | |
| | | 1100m | 1:45.63 | (39.9) | 1100m | 1:48.24 | (39.8) | |
| | | 1500m | 2:27.53 | (41.9) | 1500m | 2:30.22 | (42.0) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 66 | gl | 65 | Lisa van der Geest | | DSA | 2:03.93 | 2:06.40 | HT |
| | bl | 135 | Marjanne Timmer | | DSA | 2:07.72 | 2:09.39 | |
| | | Lisa van der Geest | | | Marjanne Timmer | | | |
| | | 300m | 29.34 | (29.3) | 300m | 28.29 | (28.2) | |
| | | 700m | 1:00.84 | (31.5) | 700m | 1:00.04 | (31.8) | |
| | | 1100m | 1:33.30 | (32.5) | 1100m | 1:33.56 | (33.5) | |
| | | 1500m | 2:06.40 | (33.1) | 1500m | 2:09.39 | (35.8) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 67 | wt | 51 | Shirley Jaarsma | | DSB | 2:20.60 | 2:22.95 | |
| | rd | 93 | Chantal Huizing | | DN1 | 2:22.90 | 2:22.08 | PR |
| | | Shirley Jaarsma | | | Chantal Huizing | | | |
| | | 300m | 31.02 | (31.0) | 300m | 31.13 | (31.1) | |
| | | 700m | 1:06.57 | (35.5) | 700m | 1:06.39 | (35.2) | |
| | | 1100m | 1:43.93 | (37.4) | 1100m | 1:43.66 | (37.3) | |
| | | 1500m | 2:22.95 | (39.0) | 1500m | 2:22.08 | (38.4) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 68 | gl | 23 | Leonie Beers | | DN1 | 2:12.97 | 2:15.18 | |
| | bl | 37 | Anouk Timan | | DN2 | 2:16.61 | 2:21.37 | |
| | | Leonie Beers | | | Anouk Timan | | | |
| | | 300m | 28.81 | (28.8) | 300m | 29.46 | (29.4) | |
| | | 700m | 1:01.61 | (32.8) | 700m | 1:04.63 | (35.2) | |
| | | 1100m | 1:37.00 | (35.4) | 1100m | 1:42.17 | (37.5) | |
| | | 1500m | 2:15.18 | (38.1) | 1500m | 2:21.37 | (39.2) | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|-----------------------|-----|-----|----|--|---------|----------------|
| 69 | wt | 9 | Jitte Gjaltema | | DN2 | | | 2:13.75 | 2:14.73 |
| | rd | 79 | Sandra Dekker | | DN1 | | | 2:04.52 | 2:05.65 |

Jitte Gjaltema

| | | |
|-------|---------|--------|
| 300m | 27.54 | (27.5) |
| 700m | 1:00.20 | (32.7) |
| 1100m | 1:35.80 | (35.6) |
| 1500m | 2:14.73 | (38.9) |

Sandra Dekker

| | | |
|-------|---------|--------|
| 300m | 27.59 | (27.5) |
| 700m | 58.21 | (30.7) |
| 1100m | 1:30.68 | (32.4) |
| 1500m | 2:05.65 | (35.0) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 70 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | | m | | | | | |
| | | | | m | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--------------------------|---------|--------|----|--|---------|----------------|
| 71 | wt | 121 | Robin van Leeuwen | | DN3 | | | 2:05.74 | 2:12.10 |
| | rd | 107 | Tanja Krikke | | DN1 | | | 2:11.11 | 2:12.06 |
| | | | Robin van Leeuwen | | | | | | |
| | | | 300m | 29.58 | (29.5) | | | | |
| | | | 700m | 1:02.01 | (32.5) | | | | |
| | | | 1100m | 1:36.01 | (34.0) | | | | |
| | | | 1500m | 2:12.10 | (36.1) | | | | |
| | | | Tanja Krikke | | | | | | |
| | | | 300m | 28.30 | (28.3) | | | | |
| | | | 700m | 1:00.42 | (32.1) | | | | |
| | | | 1100m | 1:35.41 | (35.0) | | | | |
| | | | 1500m | 2:12.06 | (36.6) | | | | |



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12. Uitslag Heren Senioren 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1 | 41 Wiebe Stassen | HN3 | 76 | O | 1:54.63 | | |
| 2 | 13 Adriaan de Kluiver | HN1 | 76 | I | 1:56.05 | PR | |
| 3 | 69 Sander van der Geer | HN4 | 74 | O | 1:58.78 | HT | |
| 4 | 153 Joeri Groot | HSA | 78 | I | 1:59.35 | | |
| 5 | 167 Tim Princen | HN2 | 78 | O | 2:00.89 | | |
| 6 | 83 Gerben van Leeuwen | HN1 | 75 | I | 2:01.28 | PR | |
| 7 | 97 Thijs Grootte Bromhaar | HSA | 74 | I | 2:02.30 | PR | |
| 8 | 125 Mick van Banning | HN1 | 73 | O | 2:04.44 | | |
| 9 | 111 Benno Timmenga | HN1 | 75 | O | 2:06.79 | | |
| 10 | 55 Steven Krul | HSA | 72 | O | 2:06.94 | | |
| 11 | 139 Klaas Hoomans | HSB | 72 | I | 2:07.89 | | |
| 12 | 27 Sjaak Botman | H55 | 73 | I | 2:08.02 | | |

12. Rituitslag Heren Senioren 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 72 | wt | 139 Klaas Hoomans | HSB | 1:56.89 | 2:07.89 | |
| | rd | 55 Steven Krul | HSA | 2:03.09 | 2:06.94 | |

Klaas Hoomans

| | | |
|-------|---------|--------|
| 300m | 26.98 | (26.9) |
| 700m | 58.29 | (31.3) |
| 1100m | 1:31.54 | (33.3) |
| 1500m | 2:07.89 | (36.3) |

Steven Krul

| | | |
|-------|---------|--------|
| 300m | 27.98 | (27.9) |
| 700m | 1:00.31 | (32.4) |
| 1100m | 1:33.34 | (33.0) |
| 1500m | 2:06.94 | (33.6) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 73 | gl | 27 Sjaak Botman | H55 | 1:59.82 | 2:08.02 | |
| | bl | 125 Mick van Banning | HN1 | 2:02.96 | 2:04.44 | |

Sjaak Botman

| | | |
|-------|---------|--------|
| 300m | 28.26 | (28.2) |
| 700m | 1:00.30 | (32.1) |
| 1100m | 1:33.85 | (33.5) |
| 1500m | 2:08.02 | (34.2) |

Mick van Banning

| | | |
|-------|---------|--------|
| 300m | 26.85 | (26.8) |
| 700m | 57.27 | (30.4) |
| 1100m | 1:29.85 | (32.6) |
| 1500m | 2:04.44 | (34.6) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------------|-----|---------|----------------|------|
| 74 | wt | 97 Thijs Grootte Bromhaar | HSA | 2:02.89 | 2:02.30 | PR |
| | rd | 69 Sander van der Geer | HN4 | 1:57.73 | 1:58.78 | HT |

Thijs Grootte Bromhaar

| | | |
|-------|---------|--------|
| 300m | 27.44 | (27.4) |
| 700m | 57.27 | (29.8) |
| 1100m | 1:28.75 | (31.5) |
| 1500m | 2:02.30 | (33.6) |

Sander van der Geer

| | | |
|-------|---------|--------|
| 300m | 26.36 | (26.3) |
| 700m | 55.29 | (28.9) |
| 1100m | 1:25.97 | (30.7) |
| 1500m | 1:58.78 | (32.8) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 75 | gl | 83 Gerben van Leeuwen | HN1 | 2:01.44 | 2:01.28 | PR |
| | bl | 111 Benno Timmenga | HN1 | 1:59.52 | 2:06.79 | |

Gerben van Leeuwen

| | | |
|-------|---------|--------|
| 300m | 26.32 | (26.3) |
| 700m | 56.49 | (30.1) |
| 1100m | 1:28.12 | (31.7) |
| 1500m | 2:01.28 | (33.1) |

Benno Timmenga

| | | |
|-------|---------|--------|
| 300m | 26.23 | (26.2) |
| 700m | 55.84 | (29.6) |
| 1100m | 1:29.08 | (33.2) |
| 1500m | 2:06.79 | (37.7) |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|---------------------------|-----|-----|----|--|---------|-------------------|
| 76 | wt | 13 | Adriaan de Kluiver | | HN1 | | | 1:56.40 | 1:56.05 PR |
| | rd | 41 | Wiebe Stassen | | HN3 | | | 1:52.87 | 1:54.63 |

Adriaan de Kluiver

| | | |
|-------|---------|--------|
| 300m | 25.69 | (25.6) |
| 700m | 53.97 | (28.3) |
| 1100m | 1:23.90 | (30.0) |
| 1500m | 1:56.05 | (32.1) |

Wiebe Stassen

| | | |
|-------|---------|--------|
| 300m | 25.33 | (25.3) |
| 700m | 53.63 | (28.3) |
| 1100m | 1:23.43 | (29.8) |
| 1500m | 1:54.63 | (31.2) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 77 | gl | | | | | | | | |
| | bl | | | | | | | | |

m

m

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--------------------|-----|-----|----|--|---------|----------------|
| 78 | wt | 153 | Joeri Groot | | HSA | | | 1:54.66 | 1:59.35 |
| | rd | 167 | Tim Princen | | HN2 | | | 1:59.16 | 2:00.89 |

Joeri Groot

| | | |
|-------|---------|--------|
| 300m | 25.72 | (25.7) |
| 700m | 55.03 | (29.3) |
| 1100m | 1:26.33 | (31.3) |
| 1500m | 1:59.35 | (33.0) |

Tim Princen

| | | |
|-------|---------|--------|
| 300m | 26.33 | (26.3) |
| 700m | 56.42 | (30.1) |
| 1100m | 1:27.69 | (31.2) |
| 1500m | 2:00.89 | (33.2) |



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13. Uitslag Dames Senioren 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|------|--------|
| 1 | 10 Muriël Meijer | DN1 | 85 | O | 4:29.92 | | |
| 2 | 66 Loesanne van der Geest | DN3 | 82 | I | 4:37.26 | PR | |
| 3 | 150 Maaike Koomen | DSA | 80 | O | 4:38.29 | | |
| 4 | 108 Chantal Oosterkamp | DN4 | 79 | O | 4:50.11 | PR | |
| 5 | 122 Nathalie Janssen | DN1 | 83 | O | 4:53.30 | | |
| 6 | 164 Lobke Blom | DSA | 82 | O | 4:55.03 | | |
| 7 | 52 Mijke Anne Kanneworff | DSB | 81 | I | 4:57.46 | PR | |
| 8 | 38 Emmy Pordon | DN1 | 83 | I | 4:58.00 | | |
| 9 | 80 Lijnie Boele | D50 | 79 | I | 5:17.82 | | |
| 10 | 94 Rolien Schepers - de Groot | D40 | 81 | O | 5:42.40 | PR | |
| | 24 Simone Warmerdam | DN2 | 85 | I | DQ | | |
| | 136 Mischa Top | DSB | 80 | I | DNS | | |

13. Rituitslag Dames Senioren 3000 meter

| | | Naam | | Cat | | PR | Tijd | Info | | | |
|----|----|------|---------------------------|---------|--------|---------|----------------|------|---------------------------|---------|--------|
| 79 | wt | 80 | Lijnie Boele | | D50 | 4:39.61 | 5:17.82 | | | | |
| | rd | 108 | Chantal Oosterkamp | | DN4 | 5:09.39 | 4:50.11 | PR | | | |
| | | | Lijnie Boele | | | | | | Chantal Oosterkamp | | |
| | | | 200m | 24.02 | (24.0) | | | | 200m | 22.74 | (22.7) |
| | | | 600m | 1:03.50 | (39.5) | | | | 600m | 58.14 | (35.4) |
| | | | 1000m | 1:45.34 | (41.8) | | | | 1000m | 1:35.28 | (37.1) |
| | | | 1400m | 2:27.71 | (42.4) | | | | 1400m | 2:13.65 | (38.4) |
| | | | 1800m | 3:09.79 | (42.0) | | | | 1800m | 2:52.48 | (38.8) |
| | | | 2200m | 3:52.17 | (42.4) | | | | 2200m | 3:31.73 | (39.3) |
| | | | 2600m | 4:34.86 | (42.7) | | | | 2600m | 4:11.13 | (39.4) |
| | | | 3000m | 5:17.82 | (43.0) | | | | 3000m | 4:50.11 | (39.0) |

| | | Naam | | Cat | | PR | Tijd | Info | | |
|----|----|------|----------------------|-----|-----|---------|----------------|--------|----------------------|--|
| 80 | gl | 136 | Mischa Top | | DSB | 4:46.92 | DNS | | | |
| | bl | 150 | Maaïke Koomen | | DSA | 4:27.74 | 4:38.29 | | | |
| | | | Mischa Top | | | | | | Maaïke Koomen | |
| | | | | | | 200m | 22.84 | (22.8) | | |
| | | | | | | 600m | 57.85 | (35.0) | | |
| | | | | | | 1000m | 1:33.14 | (35.3) | | |
| | | | | | | 1400m | 2:08.83 | (35.7) | | |
| | | | | | | 1800m | 2:45.20 | (36.4) | | |
| | | | | | | 2200m | 3:22.35 | (37.1) | | |
| | | | | | | 2600m | 4:00.16 | (37.8) | | |
| | | | | | | 3000m | 4:38.29 | (38.1) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------------------|-----|---------|----------------|------|
| 81 | wt | 52 Mijke Anne Kannevorff | DSB | 5:00.70 | 4:57.46 | PR |
| | rd | 94 Rolien Schepers - de Groot | D40 | 5:45.66 | 5:42.40 | PR |

Mijke Anne Kannevorff

| | | |
|-------|---------|--------|
| 200m | 21.92 | (21.9) |
| 600m | 58.66 | (36.7) |
| 1000m | 1:37.28 | (38.6) |
| 1400m | 2:16.96 | (39.7) |
| 1800m | 2:57.21 | (40.3) |
| 2200m | 3:37.32 | (40.1) |
| 2600m | 4:17.73 | (40.4) |
| 3000m | 4:57.46 | (39.7) |

Rolien Schepers - de Groot

| | | |
|-------|---------|--------|
| 200m | 25.82 | (25.8) |
| 600m | 1:07.68 | (41.8) |
| 1000m | 1:52.29 | (44.6) |
| 1400m | 2:37.73 | (45.5) |
| 1800m | 3:23.44 | (45.7) |
| 2200m | 4:10.16 | (46.7) |
| 2600m | 4:56.99 | (46.8) |
| 3000m | 5:42.40 | (45.5) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------------|-----|---------|----------------|------|
| 82 | gl | 66 Loesanne van der Geest | DN3 | 4:48.55 | 4:37.26 | PR |
| | bl | 164 Lobke Blom | DSA | | 4:55.03 | |

Loesanne van der Geest

| | | |
|-------|---------|--------|
| 200m | 22.91 | (22.9) |
| 600m | 57.38 | (34.4) |
| 1000m | 1:32.41 | (35.1) |
| 1400m | 2:08.56 | (36.1) |
| 1800m | 2:45.36 | (36.8) |
| 2200m | 3:22.82 | (37.5) |
| 2600m | 4:00.21 | (37.4) |
| 3000m | 4:37.26 | (37.0) |

Lobke Blom

| | | |
|-------|---------|--------|
| 200m | 22.38 | (22.3) |
| 600m | 58.36 | (36.0) |
| 1000m | 1:35.41 | (37.1) |
| 1400m | 2:13.87 | (38.4) |
| 1800m | 2:53.13 | (39.3) |
| 2200m | 3:33.42 | (40.3) |
| 2600m | 4:14.20 | (40.8) |
| 3000m | 4:55.03 | (40.8) |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------|-------------------------|--------|-------------------------|---------|---------|----------------|------|
| 83 | wt | 38 | Emmy Pordon | | DN1 | | 4:52.83 | 4:58.00 | |
| | rd | 122 | Nathalie Janssen | | DN1 | | 4:44.47 | 4:53.30 | |
| | | Emmy Pordon | | | Nathalie Janssen | | | | |
| | | 200m | 23.23 | (23.2) | 200m | 22.74 | (22.7) | | |
| | | 600m | 1:00.01 | (36.8) | 600m | 59.52 | (36.8) | | |
| | | 1000m | 1:37.15 | (37.1) | 1000m | 1:37.20 | (37.7) | | |
| | | 1400m | 2:15.22 | (38.1) | 1400m | 2:15.88 | (38.6) | | |
| | | 1800m | 2:54.48 | (39.2) | 1800m | 2:55.30 | (39.5) | | |
| | | 2200m | 3:34.64 | (40.2) | 2200m | 3:34.74 | (39.4) | | |
| | | 2600m | 4:15.79 | (41.1) | 2600m | 4:14.07 | (39.3) | | |
| | | 3000m | 4:58.00 | (42.3) | 3000m | 4:53.30 | (39.3) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 84 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | m | | | m | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------------|-------------------------|--------|----------------------|---------|---------|----------------|------|
| 85 | wt | 24 | Simone Warmerdam | | DN2 | | 4:26.36 | DQ | |
| | rd | 10 | Muriël Meijer | | DN1 | | 4:23.43 | 4:29.92 | |
| | | Simone Warmerdam | | | Muriël Meijer | | | | |
| | | 200m | 21.63 | (21.6) | 200m | 21.03 | (21.0) | | |
| | | 600m | 55.47 | (33.8) | 600m | 53.78 | (32.7) | | |
| | | 1000m | 1:29.74 | (34.3) | 1000m | 1:27.53 | (33.8) | | |
| | | 1400m | 2:04.80 | (35.1) | 1400m | 2:01.97 | (34.4) | | |
| | | 1800m | 2:41.05 | (36.2) | 1800m | 2:37.23 | (35.3) | | |
| | | 2200m | 3:17.62 | (36.6) | 2200m | 3:13.72 | (36.5) | | |
| | | 2600m | 3:54.79 | (37.1) | 2600m | 3:51.19 | (37.4) | | |
| | | 3000m | 4:32.08 | (37.3) | 3000m | 4:29.92 | (38.8) | | |



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14. Uitslag Heren Senioren 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|----------|--------|
| 1 | 84 Patrick Roest | HN4 | 92 | O | 3:38.71 | PR TR NR | |
| 2 | 112 Sven Kramer | HSB | 92 | I | 3:41.59 | | |
| 3 | 140 Chris Huizinga | HN2 | 90 | I | 3:49.20 | | |
| 4 | 42 Bart Mol | HSB | 90 | O | 3:54.21 | | |
| 5 | 14 Gert-Jan Veltkamp | HSB | 89 | O | 4:10.11 | PR | |
| 6 | 98 Jorrit Extercatte | HSA | 87 | O | 4:12.99 | PR | |
| 7 | 168 Joost Hermans | HSA | 88 | O | 4:18.57 | | |
| 8 | 126 Michiel Wienese | H40 | 88 | I | 4:23.20 | | |
| 9 | 154 Marco Bottelier | H50 | 89 | I | 4:25.04 | | |
| 10 | 70 Frans Biemond | H55 | 87 | I | 4:29.91 | PR | |
| 11 | 56 Christiaan Abeelen | H45 | 86 | I | 4:36.63 | PR | |
| 12 | 28 Evert Bot | H40 | 86 | O | 5:04.73 | | |

14. Rituitslag Heren Senioren 3000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------|---------------------------|--------|-------|---------|------------------|------|
| 86 | wt | 56 | Christiaan Abeelen | | H45 | 4:40.17 | 4:36.63 | PR |
| | rd | 28 | Evert Bot | | H40 | | 5:04.73 | |
| | | | Christiaan Abeelen | | | | Evert Bot | |
| | | 200m | 22.53 | (22.5) | 200m | 24.89 | (24.8) | |
| | | 600m | 57.33 | (34.8) | 600m | 1:03.46 | (38.6) | |
| | | 1000m | 1:32.77 | (35.4) | 1000m | 1:43.20 | (39.8) | |
| | | 1400m | 2:08.93 | (36.2) | 1400m | 2:23.93 | (40.7) | |
| | | 1800m | 2:45.40 | (36.5) | 1800m | 3:04.88 | (40.9) | |
| | | 2200m | 3:22.24 | (36.8) | 2200m | 3:45.98 | (41.1) | |
| | | 2600m | 3:59.36 | (37.1) | 2600m | 4:26.11 | (40.2) | |
| | | 3000m | 4:36.63 | (37.3) | 3000m | 5:04.73 | (38.6) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------|--------------------------|--------|-------|---------|--------------------------|------|
| 87 | gl | 70 | Frans Biemond | | H55 | 4:35.15 | 4:29.91 | PR |
| | bl | 98 | Jorrit Extercatte | | HSA | 4:15.79 | 4:12.99 | PR |
| | | | Frans Biemond | | | | Jorrit Extercatte | |
| | | 200m | 22.67 | (22.6) | 200m | 20.78 | (20.7) | |
| | | 600m | 56.31 | (33.7) | 600m | 52.52 | (31.8) | |
| | | 1000m | 1:31.09 | (34.7) | 1000m | 1:24.47 | (31.9) | |
| | | 1400m | 2:06.00 | (35.0) | 1400m | 1:57.31 | (32.9) | |
| | | 1800m | 2:40.92 | (34.9) | 1800m | 2:30.67 | (33.3) | |
| | | 2200m | 3:16.89 | (35.9) | 2200m | 3:04.55 | (33.9) | |
| | | 2600m | 3:53.28 | (36.4) | 2600m | 3:38.68 | (34.1) | |
| | | 3000m | 4:29.91 | (36.7) | 3000m | 4:12.99 | (34.3) | |



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| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-----|-----|----|---------|----------------|
| 88 | wt | 126 | Michiel Wienese | | H40 | | 4:04.06 | 4:23.20 |
| | rd | 168 | Joost Hermans | | HSA | | 4:13.38 | 4:18.57 |

Michiel Wienese

| | | |
|-------|---------|--------|
| 200m | 21.13 | (21.1) |
| 600m | 54.18 | (33.0) |
| 1000m | 1:27.72 | (33.6) |
| 1400m | 2:01.36 | (33.6) |
| 1800m | 2:35.16 | (33.8) |
| 2200m | 3:09.90 | (34.8) |
| 2600m | 3:45.83 | (35.9) |
| 3000m | 4:23.20 | (37.4) |

Joost Hermans

| | | |
|-------|---------|--------|
| 200m | 21.97 | (21.9) |
| 600m | 55.47 | (33.5) |
| 1000m | 1:28.49 | (33.0) |
| 1400m | 2:01.36 | (32.9) |
| 1800m | 2:34.69 | (33.3) |
| 2200m | 3:08.58 | (33.9) |
| 2600m | 3:43.35 | (34.8) |
| 3000m | 4:18.57 | (35.2) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|-----|-----|----|---------|-------------------|
| 89 | gl | 154 | Marco Bottelier | | H50 | | 4:21.99 | 4:25.04 |
| | bl | 14 | Gert-Jan Veltkamp | | HSB | | 4:16.57 | 4:10.11 PR |

Marco Bottelier

| | | |
|-------|---------|--------|
| 200m | 21.16 | (21.1) |
| 600m | 53.87 | (32.7) |
| 1000m | 1:27.59 | (33.7) |
| 1400m | 2:02.65 | (35.1) |
| 1800m | 2:38.16 | (35.5) |
| 2200m | 3:13.67 | (35.5) |
| 2600m | 3:49.30 | (35.7) |
| 3000m | 4:25.04 | (35.7) |

Gert-Jan Veltkamp

| | | |
|-------|---------|--------|
| 200m | 21.33 | (21.3) |
| 600m | 52.91 | (31.6) |
| 1000m | 1:25.20 | (32.3) |
| 1400m | 1:57.51 | (32.3) |
| 1800m | 2:30.11 | (32.6) |
| 2200m | 3:03.15 | (33.0) |
| 2600m | 3:36.52 | (33.4) |
| 3000m | 4:10.11 | (33.6) |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|--------|-----------------|---------|----------------|------|
| 90 | wt | 140 | Chris Huizinga | | HN2 | 3:44.01 | 3:49.20 | |
| | rd | 42 | Bart Mol | | HSB | 3:49.17 | 3:54.21 | |
| | | Chris Huizinga | | | Bart Mol | | | |
| | | 200m | 18.81 | (18.8) | 200m | 20.36 | (20.3) | |
| | | 600m | 47.90 | (29.1) | 600m | 50.19 | (29.8) | |
| | | 1000m | 1:16.93 | (29.0) | 1000m | 1:20.15 | (30.0) | |
| | | 1400m | 1:46.03 | (29.1) | 1400m | 1:50.45 | (30.3) | |
| | | 1800m | 2:15.57 | (29.5) | 1800m | 2:20.93 | (30.5) | |
| | | 2200m | 2:45.81 | (30.3) | 2200m | 2:51.87 | (30.9) | |
| | | 2600m | 3:17.10 | (31.3) | 2600m | 3:23.06 | (31.2) | |
| | | 3000m | 3:49.20 | (32.1) | 3000m | 3:54.21 | (31.2) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------|--|--|-----|----|------|------|
| 91 | gl | | | | | | | |
| | bl | | | | | | | |
| | | m | | | m | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|----------------------|--------|----------------------|---------|----------------|----------|
| 92 | wt | 112 | Sven Kramer | | HSB | 3:37.45 | 3:41.59 | |
| | rd | 84 | Patrick Roest | | HN4 | 3:39.33 | 3:38.71 | PR TR NR |
| | | Sven Kramer | | | Patrick Roest | | | |
| | | 200m | 18.61 | (18.6) | 200m | 19.01 | (19.0) | |
| | | 600m | 47.49 | (28.8) | 600m | 47.54 | (28.5) | |
| | | 1000m | 1:15.87 | (28.4) | 1000m | 1:15.99 | (28.4) | |
| | | 1400m | 1:44.35 | (28.5) | 1400m | 1:44.28 | (28.3) | |
| | | 1800m | 2:12.59 | (28.2) | 1800m | 2:12.82 | (28.6) | |
| | | 2200m | 2:41.29 | (28.7) | 2200m | 2:41.13 | (28.3) | |
| | | 2600m | 3:10.05 | (28.8) | 2600m | 3:09.56 | (28.4) | |
| | | 3000m | 3:41.59 | (31.5) | 3000m | 3:38.71 | (29.2) | |