

| | Naam | Cat | Vereniging | 500 | 5000 | 1500 | 10000 | Punten |
|----|----------------------------|-----|--------------------|------------|--------------|--------------|--------------|---------|
| 1 | 5 Marcel Bosker | HN2 | IJVG | 36.73 (2) | 6:23.29 (1) | 1:47.58 (1) | 13:22.65 (1) | 151.051 |
| 2 | 9 Lex Dijkstra | HN3 | IJVG | 37.92 (13) | 6:26.69 (2) | 1:50.02 (4) | 13:24.43 (2) | 153.483 |
| 3 | 14 Thomas Geerdinck | HN3 | YSC HAAKSBERGEN | 36.81 (3) | 6:38.62 (6) | 1:50.90 (7) | 13:34.94 (5) | 154.385 |
| 4 | 21 Chris Huizinga | HN1 | IJVG | 37.49 (9) | 6:31.85 (4) | 1:49.67 (3) | 13:49.26 (6) | 154.694 |
| 5 | 46 Jos de Vos | HSA | VYC | 38.04 (14) | 6:32.12 (5) | 1:50.97 (8) | 13:32.49 (4) | 154.866 |
| 6 | 6 Gerwin Colje | HN4 | SV OUDEWATER | 37.02 (5) | 6:43.23 (8) | 1:50.79 (6) | 14:09.86 (7) | 156.766 |
| 7 | 44 Marwin Talsma | HN1 | STD | 39.69 (19) | 6:30.64 (3) | 1:53.63 (16) | 13:27.84 (3) | 157.022 |
| 8 | 19 Louis Hollaar | HA2 | SV STRIENE | 37.13 (6) | 6:41.69 (7) | 1:51.32 (10) | 14:23.33 (8) | 157.571 |
| 9 | 43 Tijmen Snel | HN1 | IJVL | 36.41 (1) | 6:44.79 (10) | 1:49.66 (2) | | 113.442 |
| 10 | 36 Victor Ramler | HN2 | SKITS | 37.84 (12) | 6:43.90 (9) | 1:52.42 (12) | | 115.703 |
| 11 | 38 Thijs Roozen | HN4 | IJVG | 36.87 (4) | 7:03.39 (20) | 1:50.53 (5) | | 116.052 |
| 12 | 22 Jeroen Janissen | HN1 | IJCH | 37.66 (10) | 6:53.96 (13) | 1:51.12 (9) | | 116.096 |
| 13 | 15 Olof Gerritsen | HN3 | STG WATERLAND | 37.13 (6) | 6:59.69 (16) | 1:52.32 (11) | | 116.539 |
| 14 | 47 Bart Vreugdenhil | HN3 | YC LOOSDRECHT | 38.07 (15) | 6:50.90 (12) | 1:53.42 (14) | | 116.966 |
| 15 | 3 Jort Boomhouwer | HA2 | HCH | 37.39 (8) | 7:00.53 (18) | 1:53.94 (18) | | 117.423 |
| 16 | 12 Jorick Duijzer | HN1 | YA | 37.74 (11) | 6:59.85 (17) | 1:53.19 (13) | | 117.455 |
| 17 | 17 Jan Hamers | HN2 | SSV EEMLAND | 38.18 (17) | 6:55.13 (14) | 1:54.33 (19) | | 117.803 |
| 18 | 7 Hanno Dahmen | HN1 | IJVG | 38.43 (18) | 6:56.73 (15) | 1:53.59 (15) | | 117.966 |
| 19 | 26 Sjoerd Kleinhuis | HSA | STG PINGUINS | 38.09 (16) | 7:00.84 (19) | 1:55.22 (20) | | 118.580 |
| | 18 Kees Heemskerk | HN4 | WYC | DQ | 6:50.68 (11) | 1:53.82 (17) | | 79.008 |