


## Klassement 1

	Naam	Cat	500	3000	1500	Punten
1	12 Reina Anema	DSA	42.03 (11)	4:14.88 (2)		84.510
2	52 Sanne in 't Hof	DN1	41.67 (4)	4:19.35 (3)	+1.15	84.895
3	83 Esmee Visser	DN3	43.22 (17)	4:12.00 (1)	+2.13	85.220
4	41 Femke Markus	DN2	41.89 (7)	4:20.54 (4)	+2.40	85.313
5	42 Esther Kiel	DN2	41.57 (3)	4:22.94 (6)	+2.64	85.393
6	43 Roza Blokker	DSA	41.84 (6)	4:21.79 (5)	+2.88	85.471
7	11 Aveline Hijlkema	DN3	41.45 (2)	4:26.55 (8)	+4.09	85.875
8	86 Willemijn Crossen	DN3	42.15 (13)	4:29.92 (9)	+7.87	87.136
9	82 Natasja Roest	DSA	41.90 (8)	4:31.69 (12)	+8.01	87.181
10	53 Muriël Meijer	DA2	41.97 (9)	4:31.60 (11)	+8.17	87.236
11	61 Ariane Smit	DN2	41.24 (1)	4:36.58 (16)	+8.47	87.336
12	31 Sandra Dekker	DA2	41.99 (10)	4:33.63 (14)	+9.25	87.595
13	13 Sterre Jonkers	DA2	43.56 (18)	4:25.58 (7)	+9.93	87.823
14	90 Robin van Leeuwen	DN2	42.93 (15)	4:31.10 (10)	+10.80	88.113
15	92 Marit Steunenbergh	DN1	42.09 (12)	4:39.01 (17)	+12.24	88.591
16	88 Lilian Temmink	DN1	44.37 (22)	4:33.28 (13)	+16.21	89.916
17	62 Eva van Til	DA1	42.96 (16)	4:42.89 (19)	+16.79	90.108
18	21 Tessa Oudman	DA1	42.44 (14)	4:49.36 (23)	+18.46	90.666
19	107 Britt de Boer	DA2	44.01 (19)	4:44.32 (21)	+20.65	91.396
20	1 Luna Jonkers	DA1	45.74 (24)	4:34.25 (15)	+20.81	91.448
21	91 Lynn Dekker	DA2	44.22 (20)	4:44.14 (20)	+21.19	91.576
22	108 Amber Siegers	DA1	45.16 (23)	4:40.11 (18)	+22.00	91.845
23	2 Demi Meek	DA2	44.23 (21)	4:48.37 (22)	+23.34	92.291
	54 Anouk Sanders	DN3	41.82 (5)	DQ		41.820



## 3. Uitslag Dames 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	83 Esmee Visser	DN3	8	O	4:12.00		
2	12 Reina Anema	DSA	11	O	4:14.88		
3	52 Sanne in 't Hof	DN1	7	I	4:19.35		
4	41 Femke Markus	DN2	9	O	4:20.54		
5	43 Roza Blokker	DSA	6	O	4:21.79		
6	42 Esther Kiel	DN2	2	O	4:22.94		
7	13 Sterre Jonkers	DA2	4	I	4:25.58		
8	11 Aveline Hijlkema	DN3	2	I	4:26.55		
9	86 Willemijn Clossen	DN3	7	O	4:29.92		
10	90 Robin van Leeuwen	DN2	11	I	4:31.10		
11	53 Muriël Meijer	DA2	3	O	4:31.60		
12	82 Natasja Roest	DSA	10	I	4:31.69		
13	88 Lilian Temmink	DN1	12	I	4:33.28		
14	31 Sandra Dekker	DA2	10	O	4:33.63		
15	1 Luna Jonkers	DA1	12	O	4:34.25		
16	61 Ariane Smit	DN2	3	I	4:36.58		
17	92 Marit Steunenberg	DN1	1	I	4:39.01		
18	108 Amber Siegers	DA1	4	O	4:40.11		
19	62 Eva van Til	DA1	9	I	4:42.89		
20	91 Lynn Dekker	DA2	6	I	4:44.14		
21	107 Britt de Boer	DA2	5	I	4:44.32		
22	2 Demi Meek	DA2	5	O	4:48.37		
23	21 Tessa Oudman	DA1	8	I	4:49.36		
	54 Anouk Sanders	DN3	1	O		DQ	



3. Rituitslag Dames 3000 meter

		Naam			Cat	PR	Tijd Info
1	wt	92 Marit Steunenberg			DN1	4:25.47	4:39.01
	rd	54 Anouk Sanders			DN3	4:31.88	DQ
		<b>Marit Steunenberg</b>			<b>Anouk Sanders</b>		
		200m	21.85	(21.8)			
		600m	56.40	(34.6)			
		1000m	1:31.91	(35.5)			
		1400m	2:08.79	(36.8)			
		1800m	2:45.53	(36.8)			
		2200m	3:22.82	(37.3)			
		2600m	4:00.80	(38.0)			
		3000m	4:39.01	(38.2)			

		Naam			Cat	PR	Tijd Info
2	gl	11 Aveline Hijlkema			DN3	4:17.73	4:26.55
	bl	42 Esther Kiel			DN2	4:12.07	4:22.94
		<b>Aveline Hijlkema</b>			<b>Esther Kiel</b>		
		200m	21.24	(21.2)	200m	21.25	(21.2)
		600m	55.77	(34.5)	600m	55.83	(34.6)
		1000m	1:30.08	(34.3)	1000m	1:30.27	(34.4)
		1400m	2:04.61	(34.6)	1400m	2:04.66	(34.4)
		1800m	2:39.08	(34.4)	1800m	2:39.10	(34.5)
		2200m	3:14.04	(35.0)	2200m	3:13.57	(34.4)
		2600m	3:49.81	(35.8)	2600m	3:48.27	(34.7)
		3000m	4:26.55	(36.7)	3000m	4:22.94	(34.7)



		Naam	Cat		PR	Tijd Info
3	wt	61 Ariane Smit	DN2		4:29.77	<b>4:36.58</b>
	rd	53 Muriël Meijer	DA2		4:23.43	<b>4:31.60</b>
		<b>Ariane Smit</b>		<b>Muriël Meijer</b>		
		200m	21.25	(21.2)	200m	21.66 (21.6)
		600m	56.43	(35.2)	600m	55.75 (34.1)
		1000m	1:31.96	(35.5)	1000m	1:30.31 (34.6)
		1400m	2:08.27	(36.3)	1400m	2:04.95 (34.6)
		1800m	2:45.24	(37.0)	1800m	2:40.28 (35.3)
		2200m	3:22.79	(37.5)	2200m	3:16.63 (36.4)
		2600m	4:00.28	(37.5)	2600m	3:53.82 (37.2)
		3000m	4:36.58	(36.3)	3000m	4:31.60 (37.8)

		Naam	Cat		PR	Tijd Info
4	gl	13 Sterre Jonkers	DA2		4:07.69	<b>4:25.58</b>
	bl	108 Amber Siegers	DA1		4:31.47	<b>4:40.11</b>
		<b>Sterre Jonkers</b>		<b>Amber Siegers</b>		
		200m	21.53	(21.5)	200m	22.46 (22.4)
		600m	55.07	(33.5)	600m	57.20 (34.8)
		1000m	1:28.80	(33.8)	1000m	1:33.07 (35.8)
		1400m	2:03.25	(34.4)	1400m	2:09.27 (36.2)
		1800m	2:38.20	(35.0)	1800m	2:46.25 (37.0)
		2200m	3:13.57	(35.3)	2200m	3:23.93 (37.7)
		2600m	3:49.39	(35.8)	2600m	4:01.84 (37.9)
		3000m	4:25.58	(36.2)	3000m	4:40.11 (38.3)



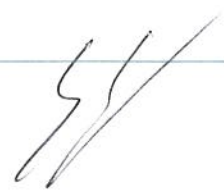
		Naam	Cat		PR	Tijd Info
5	wt	107 <b>Britt de Boer</b>	DA2		4:36.33	<b>4:44.32</b>
	rd	2 <b>Demi Meek</b>	DA2		4:36.43	<b>4:48.37</b>
		<b>Britt de Boer</b>		<b>Demi Meek</b>		
		200m	21.91	(21.9)	200m	22.08 (22.0)
		600m	56.91	(35.0)	600m	56.53 (34.5)
		1000m	1:32.11	(35.2)	1000m	1:32.41 (35.9)
		1400m	2:08.90	(36.8)	1400m	2:10.06 (37.6)
		1800m	2:46.63	(37.7)	1800m	2:48.84 (38.8)
		2200m	3:24.80	(38.2)	2200m	3:28.90 (40.1)
		2600m	4:04.15	(39.3)	2600m	4:09.28 (40.3)
		3000m	4:44.32	(40.2)	3000m	4:48.37 (39.1)

		Naam	Cat		PR	Tijd Info
6	gl	91 <b>Lynn Dekker</b>	DA2		4:28.16	<b>4:44.14</b>
	bl	43 <b>Roza Blokker</b>	DSA		4:15.97	<b>4:21.79</b>
		<b>Lynn Dekker</b>		<b>Roza Blokker</b>		
		200m	22.75	(22.7)	200m	21.27 (21.2)
		600m	59.91	(37.2)	600m	55.22 (34.0)
		1000m	1:36.77	(36.8)	1000m	1:29.48 (34.2)
		1400m	2:14.39	(37.6)	1400m	2:03.59 (34.1)
		1800m	2:52.37	(38.0)	1800m	2:37.61 (34.1)
		2200m	3:30.01	(37.7)	2200m	3:11.64 (34.0)
		2600m	4:07.08	(37.0)	2600m	3:46.12 (34.5)
		3000m	4:44.14	(37.1)	3000m	4:21.79 (35.6)



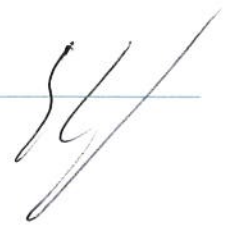
		Naam		Cat		PR	Tijd Info
7	wt	52	<b>Sanne in 't Hof</b>		DN1	4:13.07	<b>4:19.35</b>
	rd	86	<b>Willemijn Cossen</b>		DN3	4:23.34	<b>4:29.92</b>
		<b>Sanne in 't Hof</b>			<b>Willemijn Cossen</b>		
		200m	20.87	(20.8)	200m	22.64	(22.6)
		600m	54.28	(33.4)	600m	57.33	(34.7)
		1000m	1:27.60	(33.4)	1000m	1:31.49	(34.1)
		1400m	2:01.23	(33.6)	1400m	2:05.88	(34.4)
		1800m	2:35.11	(33.9)	1800m	2:40.76	(34.9)
		2200m	3:09.41	(34.3)	2200m	3:16.22	(35.5)
		2600m	3:44.14	(34.7)	2600m	3:52.46	(36.2)
		3000m	4:19.35	(35.2)	3000m	4:29.92	(37.5)

		Naam		Cat		PR	Tijd Info
8	gl	21	<b>Tessa Oudman</b>		DA1	4:44.74	<b>4:49.36</b>
	bl	83	<b>Esmee Visser</b>		DN3	4:05.31	<b>4:12.00</b>
		<b>Tessa Oudman</b>			<b>Esmee Visser</b>		
		200m	21.15	(21.1)	200m	21.34	(21.3)
		600m	55.28	(34.1)	600m	54.10	(32.8)
		1000m	1:31.40	(36.2)	1000m	1:27.10	(33.0)
		1400m	2:08.91	(37.5)	1400m	1:59.91	(32.8)
		1800m	2:47.82	(38.9)	1800m	2:32.78	(32.8)
		2200m	3:27.90	(40.1)	2200m	3:05.80	(33.1)
		2600m	4:08.62	(40.7)	2600m	3:38.99	(33.1)
		3000m	4:49.36	(40.7)	3000m	4:12.00	(33.1)



		Naam			Cat			PR	Tijd Info
9	wt	62	Eva van Til		DA1			4:24.89	<b>4:42.89</b>
	rd	41	Femke Markus		DN2			4:11.60	<b>4:20.54</b>
		Eva van Til			Femke Markus				
		200m	21.29	(21.2)	200m	20.55	(20.5)		
		600m	54.85	(33.6)	600m	52.45	(31.9)		
		1000m	1:29.84	(35.0)	1000m	1:25.54	(33.1)		
		1400m	2:07.00	(37.2)	1400m	1:59.53	(34.0)		
		1800m	2:45.59	(38.5)	1800m	2:34.03	(34.5)		
		2200m	3:24.94	(39.4)	2200m	3:08.96	(34.9)		
		2600m	4:03.84	(38.9)	2600m	3:44.57	(35.6)		
		3000m	4:42.89	(39.0)	3000m	4:20.54	(36.0)		

		Naam			Cat			PR	Tijd Info
10	gl	82	Natasja Roest		DSA			4:23.97	<b>4:31.69</b>
	bl	31	Sandra Dekker		DA2			4:22.52	<b>4:33.63</b>
		Natasja Roest			Sandra Dekker				
		200m	21.63	(21.6)	200m	21.68	(21.6)		
		600m	56.28	(34.6)	600m	56.13	(34.5)		
		1000m	1:30.62	(34.4)	1000m	1:30.94	(34.8)		
		1400m	2:05.74	(35.1)	1400m	2:05.91	(35.0)		
		1800m	2:41.05	(35.3)	1800m	2:41.32	(35.4)		
		2200m	3:17.23	(36.2)	2200m	3:17.22	(35.9)		
		2600m	3:53.91	(36.7)	2600m	3:54.93	(37.7)		
		3000m	4:31.69	(37.7)	3000m	4:33.63	(38.7)		



		Naam	Cat		PR	Tijd Info
11	wt	90 <b>Robin van Leeuwen</b>	DN2		4:25.85	<b>4:31.10</b>
	rd	12 <b>Reina Anema</b>	DSA		4:05.66	<b>4:14.88</b>
		<b>Robin van Leeuwen</b>			<b>Reina Anema</b>	
		200m	21.67	(21.6)	200m	20.74 (20.7)
		600m	55.46	(33.8)	600m	53.14 (32.4)
		1000m	1:30.18	(34.7)	1000m	1:26.32 (33.2)
		1400m	2:05.26	(35.1)	1400m	1:59.66 (33.3)
		1800m	2:40.71	(35.5)	1800m	2:33.06 (33.4)
		2200m	3:16.61	(35.9)	2200m	3:06.53 (33.5)
		2600m	3:53.27	(36.6)	2600m	3:40.59 (34.0)
		3000m	4:31.10	(37.9)	3000m	4:14.88 (34.3)

		Naam	Cat		PR	Tijd Info
12	gl	88 <b>Lilian Temmink</b>	DN1		4:24.25	<b>4:33.28</b>
	bl	1 <b>Luna Jonkers</b>	DA1		4:21.09	<b>4:34.25</b>
		<b>Lilian Temmink</b>			<b>Luna Jonkers</b>	
		200m	22.35	(22.3)	200m	22.36 (22.3)
		600m	56.89	(34.5)	600m	56.61 (34.3)
		1000m	1:31.40	(34.6)	1000m	1:32.04 (35.4)
		1400m	2:06.72	(35.3)	1400m	2:07.62 (35.6)
		1800m	2:42.69	(35.9)	1800m	2:43.90 (36.3)
		2200m	3:18.95	(36.3)	2200m	3:20.39 (36.4)
		2600m	3:55.72	(36.8)	2600m	3:57.48 (37.1)
		3000m	4:33.28	(37.5)	3000m	4:34.25 (36.8)

