



November 14-15, 2015

Sportcentrum Kardinge - Groningen

Official Practice

Group	Time	Wednesday	Thursday	Friday (including trail starts)
1	13.00 - 13.45	Group 1	Group 2	Group 1
	13.45 - 14.00	ice preparation	ice preparation	ice preparation
	14.00 - 14.45	Group 1	Group 2	Group 1
2	14.45 - 15.00	ice preparation	ice preparation	ice preparation
	15.00 - 15.45	Group 2	Group 1	Group 2
	15.45 - 16.00	ice preparation	ice preparation	ice preparation
	16.00 - 16.45	Group 2	Group 1	Group 2

GROUP 1: AUT, FIN, GBR, GER, HUN, ITA, NED, NOR, POL, SUI, SWE

GROUP 2: BLR, CHN, CZE, EST, JPN, KAZ, MGL, ROU, RUS, SVK

The inner track must be used for warming up only, not for practice. Practice is only allowed on the competition track (inner and outer lane). Competitors are asked to leave the oval when the ice is being prepared.

For their own safety, all athletes shall remain in the venue of Kardinge when performing their warm-up exercises.

Transportation to and from the venue will be provided at official practice and competition times.