

31 oktober en 1 & 2 november 2014

IJstadion Thialf - Heerenveen

9 - Resultaat in paren - Dames 5000 meter

Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
1	I	29	Jade vd Molen	HV	7:10.52	
	O	43	Jorien Voorhuis	EN	7:03.54	
			Jade vd Molen	Jorien Voorhuis		
1.		200m	21.06 (21.0)	1.	200m	20.76 (20.7)
2.		600m	53.89 (32.8)	2.	600m	53.64 (32.8)
3.		1000m	1:27.65 (33.7)	3.	1000m	1:27.25 (33.6)
4.		1400m	2:01.77 (34.1)	4.	1400m	2:00.63 (33.3)
5.		1800m	2:35.62 (33.8)	5.	1800m	2:33.94 (33.3)
6.		2200m	3:09.73 (34.1)	6.	2200m	3:07.20 (33.2)
7.		2600m	3:43.74 (34.0)	7.	2600m	3:40.64 (33.4)
8.		3000m	4:17.86 (34.1)	8.	3000m	4:14.12 (33.4)
9.		3400m	4:52.36 (34.5)	9.	3400m	4:47.49 (33.3)
10.		3800m	5:26.79 (34.4)	10.	3800m	5:21.04 (33.5)
11.		4200m	6:01.16 (34.3)	11.	4200m	5:55.00 (33.9)
12.		4600m	6:35.96 (34.8)	12.	4600m	6:29.14 (34.1)
13.		5000m	7:10.52 (34.5)	13.	5000m	7:03.54 (34.4)
2	I	47	Linda de Vries	HV	7:10.86	
	O	39	Irene Schouten	HN	7:08.18	
			Linda de Vries	Irene Schouten		
1.		200m	20.23 (20.2)	1.	200m	20.63 (20.6)
2.		600m	52.77 (32.5)	2.	600m	53.84 (33.2)
3.		1000m	1:26.07 (33.3)	3.	1000m	1:26.80 (32.9)
4.		1400m	1:59.54 (33.4)	4.	1400m	2:00.08 (33.2)
5.		1800m	2:32.93 (33.3)	5.	1800m	2:33.56 (33.4)
6.		2200m	3:07.02 (34.0)	6.	2200m	3:07.28 (33.7)
7.		2600m	3:40.99 (33.9)	7.	2600m	3:41.22 (33.9)
8.		3000m	4:15.20 (34.2)	8.	3000m	4:15.23 (34.0)
9.		3400m	4:49.40 (34.2)	9.	3400m	4:49.41 (34.1)
10.		3800m	5:24.15 (34.7)	10.	3800m	5:23.85 (34.4)
11.		4200m	5:59.40 (35.2)	11.	4200m	5:58.73 (34.8)
12.		4600m	6:34.84 (35.4)	12.	4600m	6:33.51 (34.7)
13.		5000m	7:10.86 (36.0)	13.	5000m	7:08.18 (34.6)

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Rit	I/O	Dln	Deelnemer	Baan	Tijd	Info
3	I	28	Rixt Meijer	HV	7:05.87	
	O	44	Imke Vormeer	HV	7:20.23	
			Rixt Meijer			Imke Vormeer
1.		200m	20.73 (20.7)	1.	200m	21.10 (21.1)
2.		600m	53.04 (32.3)	2.	600m	53.83 (32.7)
3.		1000m	1:26.15 (33.1)	3.	1000m	1:26.65 (32.8)
4.		1400m	1:59.71 (33.5)	4.	1400m	2:00.26 (33.6)
5.		1800m	2:33.37 (33.6)	5.	1800m	2:34.64 (34.3)
6.		2200m	3:07.24 (33.8)	6.	2200m	3:09.58 (34.9)
7.		2600m	3:41.29 (34.0)	7.	2600m	3:44.63 (35.0)
8.		3000m	4:15.47 (34.1)	8.	3000m	4:19.96 (35.3)
9.		3400m	4:49.60 (34.1)	9.	3400m	4:55.60 (35.6)
10.		3800m	5:23.91 (34.3)	10.	3800m	5:31.53 (35.9)
11.		4200m	5:58.08 (34.1)	11.	4200m	6:07.71 (36.1)
12.		4600m	6:32.09 (34.0)	12.	4600m	6:43.92 (36.2)
13.		5000m	7:05.87 (33.7)	13.	5000m	7:20.23 (36.3)
4	I	19	Marije Joling	AS	7:19.39	
	O	20	Antoinette de Jong	HV	7:05.95	
			Marije Joling			Antoinette de Jong
1.		200m	20.52 (20.5)	1.	200m	20.49 (20.4)
2.		600m	53.46 (32.9)	2.	600m	52.70 (32.2)
3.		1000m	1:26.52 (33.0)	3.	1000m	1:25.75 (33.0)
4.		1400m	2:00.45 (33.9)	4.	1400m	1:59.00 (33.2)
5.		1800m	2:34.55 (34.1)	5.	1800m	2:32.18 (33.1)
6.		2200m	3:09.18 (34.6)	6.	2200m	3:05.79 (33.6)
7.		2600m	3:44.36 (35.1)	7.	2600m	3:39.31 (33.5)
8.		3000m	4:20.02 (35.6)	8.	3000m	4:13.19 (33.8)
9.		3400m	4:56.01 (35.9)	9.	3400m	4:47.39 (34.2)
10.		3800m	5:31.42 (35.4)	10.	3800m	5:21.82 (34.4)
11.		4200m	6:07.54 (36.1)	11.	4200m	5:56.59 (34.7)
12.		4600m	6:43.32 (35.7)	12.	4600m	6:31.34 (34.7)
13.		5000m	7:19.39 (36.0)	13.	5000m	7:05.95 (34.6)

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Rit	I/O	Dln	Deelnemer	Baan	Tijd	Info
5	I	42	Diane Valkenburg	DH	7:04.14	
	O	13	Lisa vd Geest	DH	7:07.97	
Diane Valkenburg				Lisa vd Geest		
1.		200m	20.92 (20.9)	1.	200m	21.54 (21.5)
2.		600m	55.10 (34.1)	2.	600m	54.80 (33.2)
3.		1000m	1:29.32 (34.2)	3.	1000m	1:28.94 (34.1)
4.		1400m	2:02.62 (33.3)	4.	1400m	2:02.66 (33.7)
5.		1800m	2:35.15 (32.5)	5.	1800m	2:36.01 (33.3)
6.		2200m	3:08.25 (33.1)	6.	2200m	3:09.30 (33.2)
7.		2600m	3:41.84 (33.5)	7.	2600m	3:43.46 (34.1)
8.		3000m	4:15.25 (33.4)	8.	3000m	4:17.34 (33.8)
9.		3400m	4:48.62 (33.3)	9.	3400m	4:51.34 (34.0)
10.		3800m	5:22.08 (33.4)	10.	3800m	5:25.12 (33.7)
11.		4200m	5:55.68 (33.6)	11.	4200m	5:59.35 (34.2)
12.		4600m	6:29.45 (33.7)	12.	4600m	6:33.71 (34.3)
13.		5000m	7:04.14 (34.6)	13.	5000m	7:07.97 (34.2)
6	I	49	Annouk vd Weijden	HA	7:14.96	
	O	31	Yvonne Nauta	HV	7:03.60	
Annouk vd Weijden				Yvonne Nauta		
1.		200m	20.40 (20.4)	1.	200m	20.44 (20.4)
2.		600m	53.36 (32.9)	2.	600m	52.29 (31.8)
3.		1000m	1:26.78 (33.4)	3.	1000m	1:24.95 (32.6)
4.		1400m	2:00.29 (33.5)	4.	1400m	1:58.05 (33.1)
5.		1800m	2:34.10 (33.8)	5.	1800m	2:31.15 (33.1)
6.		2200m	3:08.08 (33.9)	6.	2200m	3:04.17 (33.0)
7.		2600m	3:42.40 (34.3)	7.	2600m	3:37.36 (33.1)
8.		3000m	4:17.09 (34.6)	8.	3000m	4:10.87 (33.5)
9.		3400m	4:52.24 (35.1)	9.	3400m	4:44.62 (33.7)
10.		3800m	5:27.64 (35.4)	10.	3800m	5:18.64 (34.0)
11.		4200m	6:03.50 (35.8)	11.	4200m	5:53.02 (34.3)
12.		4600m	6:39.30 (35.8)	12.	4600m	6:27.81 (34.7)
13.		5000m	7:14.96 (35.6)	13.	5000m	7:03.60 (35.7)

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Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
7	I	23	Carien Kleibeuker	HV	7:00.67	
	O	1	Carlijn Achtereekte	DV	7:02.45	
			Carien Kleibeuker			Carlijn Achtereekte
1.		200m	21.51 (21.5)	1.	200m	20.84 (20.8)
2.		600m	53.98 (32.4)	2.	600m	53.02 (32.1)
3.		1000m	1:26.98 (33.0)	3.	1000m	1:25.79 (32.7)
4.		1400m	2:00.31 (33.3)	4.	1400m	1:59.23 (33.4)
5.		1800m	2:33.42 (33.1)	5.	1800m	2:32.92 (33.6)
6.		2200m	3:06.44 (33.0)	6.	2200m	3:06.12 (33.2)
7.		2600m	3:39.77 (33.3)	7.	2600m	3:39.63 (33.5)
8.		3000m	4:13.34 (33.5)	8.	3000m	4:13.32 (33.6)
9.		3400m	4:46.94 (33.6)	9.	3400m	4:47.25 (33.9)
10.		3800m	5:20.47 (33.5)	10.	3800m	5:21.26 (34.0)
11.		4200m	5:53.91 (33.4)	11.	4200m	5:55.28 (34.0)
12.		4600m	6:27.42 (33.5)	12.	4600m	6:28.98 (33.7)
13.		5000m	7:00.67 (33.2)	13.	5000m	7:02.45 (33.4)