

Time Schedule  March 13, version 12:15 hrs.		ICE STADIUM THIALF			Sunday, March 13, 2022			
Category			Т	Time		Planning		
			of skaters	time	compet.	iceprep.	start	end
Warming up					12:05	12:35		
Installation E-timing						00:10	12:40	12:50
Testpair		100	2		00:02		12:50	12:52
Ice & track preparation						00:20	12:52	13:12
							13:12	$\rightarrow$
Women	Α	500 (2nd)	13	7 x 2'15	00:16		13:15	13:31
						00:04	13:31	13:35
Ice preparation (2 lanes)		Prize giving on spot 500 Women			00:08	13:35	13:43	
		Overall Prize giving on spot 500 Women			00:08	13:43	13:51	
Men	Α	500 (2nd)	13	7 x 2'15	00:16		13:51	14:07
						00:04	14:07	14:11
Ice preparation (3 lanes)		Prize giving on spot 500 Men				00:07	14:11	14:18
		Overall Prize giving on spot 500 Men				00:07	14:18	14:25
Women	Α	3.000	12	6 x 5'30	00:33		14:25	14:58
						00:04	14:58	15:02
Ice preparation (3 lanes)		Prize	giving on spe	ot 3.000 Wo	men	00:07	15:02	15:09
		Overall Prize giving on spot 3.000 Women			00:07	15:09	15:16	
Men	Α	1.500	13	7 x 3'15	00:23		15:16	15:39
						00:04	15:39	15:43
Ice preparation (3 lanes)		Prize giving on spot 1.500 Men			00:07	15:43	15:50	
		Overall	Prize giving	on spot 1.50	0 Men	00:07	15:50	15:57
Women	Α	1.000	11	6 x 2'45	00:17		15:57	16:14
				•		00:05	16:14	16:19
Ice preparation (2 lanes)		Prize giving on spot 1.000 Women				00:08	16:19	16:27
		Overall Prize giving on spot 1.000 Women			00:08	16:27	16:35	
Skaters presentation						00:06	16:35	16:41
Men	Α	M.Start F	17	1 x 10'00	00:10		16:41	16:51
Change category						00:05	16:51	16:56
Skaters presentation						00:06	16:56	17:02
Women	Α	M.Start F	14	1 x 12'00	00:12		17:02	17:14
						00:04	17:14	17:18
		Prize giving on spot Mass Start Men		00:08	17:18	17:26		
		Prize giving on spot Mass Start Women  Overall Prize giving on spot Mass Start Men			00:08	17:26	17:34	
					00:08	17:34	17:42	
	Overall Prize giving on spot Mass Start Women				00:08	17:42	17:50	
SCHEDULE WITH ALL RESERVE								

Ref. Women:	Roald Farestveit
Signature:	
Ass. Ref. Women:	Marta Witkowska

Starter(s) Women:	Distance(s)		
Janny Smegen	500, 3.000, 1.000 Mass Start		

Ref. Men:	Roar Eriksen		
Signature:	$\mathbb{R}_{a} \mathcal{E}$ .		
Ass. Ref. Men:	Frank Zwitser		
Starter(s) Men:	Distance(s)		

Starter(s) Men:	Distance(s)		
Giovanni Talamini	500, 1.500 Mass Start		





















