

| Provisional Time Schedule | | ICE STADIUM THIALF | | | | Saturday, March 12, 2022 | | |
|--|----------|--|------------|-----------|---------|--------------------------|----------|----------|
| Category | Division | Distance | Number | Series x | Time | | Planning | |
| | | | of skaters | time | compet. | iceprep. | start | end |
| | Equipmo | ent Contro | l Mass Sta | rt | | | 11:15 | 11:45 |
| | | Warming | j up | | | | 11:55 | 12:25 |
| Installation E-timing | | | | | | 00:10 | 12:25 | 12:35 |
| Testpair | | 100 | 2 | 1 x 2'00 | 00:02 | | 12:35 | 12:37 |
| Ice & track preparation | | | | | | 00:16 | 12:37 | 12:53 |
| Official opening World Cup Speed Skating Final | | | | 00:03 | 12:53 | 12:56 | | |
| | | | | | | | 12:56 | → |
| Women | Α | 500(1st) | 13 | 7 x 2'15 | 00:16 | | 13:00 | 13:16 |
| Ice preparation (2 lanes) | | | | | | 00:04 | 13:16 | 13:20 |
| ice preparation (2 lanes) | | Prize giving on spot 500 Women | | | 00:10 | 13:20 | 13:30 | |
| Men | Α | 500(1st) | 14 | 7 x 2'15 | 00:16 | | 13:30 | 13:46 |
| Ice preparation (3 lanes) | | | | | | 00:04 | 13:46 | 13:50 |
| ice preparation (5 lanes) | | Prize giving on spot 500 Men | | | | 00:12 | 13:50 | 14:02 |
| Women | Α | 1.500 | 13 | 7 x 3'20 | 00:24 | | 14:02 | 14:26 |
| | | | | | | 00:05 | 14:26 | 14:31 |
| Ice preparation(3 lanes) | | Prize giving on spot 1.500 Women | | | | 00:08 | 14:31 | 14:39 |
| | | Overall prize giving on spot 1.500 Women | | | | 00:08 | 14:39 | 14:47 |
| Men | Α | 1.000 | 14 | 7 x 2'40 | 00:19 | | 14:47 | 15:06 |
| Ice preparation (3 lanes) | | | | | | 00:04 | 15:06 | 15:10 |
| | | Prize giving on spot 1.000 Men | | | | 00:07 | 15:10 | 15:17 |
| | | Overall prize giving on spot 1.000 Men | | | | 00:07 | 15:17 | 15:24 |
| Men | Α | 5.000 | 12 | 6 x 7'45 | 00:47 | | 15:24 | 16:11 |
| Technical break | | | | | | 00:04 | 16:11 | 16:15 |
| | | Prize giving on spot 5.000 Men | | | 00:07 | 16:15 | 16:22 | |
| | | Overall prize giving on spot 5.000 Men | | | 00:07 | 16:22 | 16:29 | |
| | | | | | | | | |
| | | | | | | | | |
| | | SCHEDU | JLE WITH A | ALL RESER | VE | | | |

| Ref. Women: | Roald Farestveit |
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| Signature: | |
| Ass. Ref. Women: | Marta Witkowska |

| Starter(s) Women: | Distance(s) | | |
|-------------------|-------------|--|--|
| Janny Smegen | 500, 1.500 | | |

| Ref. Men: | Roar Eriksen | |
|----------------|---------------|--|
| Signature: | | |
| | | |
| | | |
| Ass. Ref. Men: | Frank Zwitser | |

| Starter(s) Men: | Distance(s) | | |
|-------------------|-------------------|--|--|
| Giovanni Talamini | 500, 1.000, 5.000 | | |





















