## ANNOUNCEMENT

The Kennemer Ice rink in Haarlem invites you to the 10km / 5km Bloksma competition 2019 March 9th 2019

## Program

Saturday 19.00 Coaches meeting Saturday 20.00 start 5000m Ladies Saturday 20.45 start 10.000m Men Saturday 22.00u Mass start Junioren

# **General Regulations**

The 2019 10km / 5km Bloksma competition will be held in accordance with the ISU Special regulations & technical rules Speed Skating 2018. Open for all skaters who belong to an ISU member country.

## The Track

The Kennermer ice rink is a standard speed skating track of 400 meters to the lap. The refrigerated ice track has a 3 meter wide warmup lane. The radiis of the inner and outer competition lanes are 26 and 30 meters respectively. The width of the racing track is 4 meters.

## Entries

Any member of the International Skating Union may compete in the 10km / 5km Bloksma competition, provided that the member is properly registered with the KNSB and approved by their member country.

Skaters must be Junior B2 or older to compete into 5km or 10km. Born before July 1,2002. Skaters must be Junior B1 or older to compete into the mass start races.

## Citizenship/Residence requirements and Clearance Procedure

In accordance with Rule 109 of the ISU Regulations and the current ISU Communication, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

## Mass start

We organice a massStart for juniors, safety check will start 1 hour before start first catagorie (ladies en men) 10 laps : sprint at 4, 7 and 10th lap / bel signal at 7, 4 and 1 lap remaining. point intermediate 3 - 2 - 1 and final sprint 30 - 20 - 10 - 4 - 2 - 1 Communication No. 2195

# **Composition and the Starting Order of Pairs**

The draw is conducted under the current SSC rules and ISU rules where applicable. The Coaches Meeting will be held at the JugdeLounge on Saterday, March 9, 2019. The Pairings will be draw by groups of 4 skaters 2 pairs 10km Men juniors, 6 pairs 5km Ladies juniors and seniors. ice prepairing. 4 pairs juniors + seniors (track record attack). ice prepairing. 2 pairs juniors + seniors . blocks out the track ( no ice preparation). Mass start Ladies junior 10 laps and Mass start Men Junior. ice prepairing. 4 pairs seniors 10km.



## Time measurement

Time measurements will take place by 3 systems to determine the time and the order of finish of Skaters or teams:

- 1. complete set of photo cells between the lanes (leading)
- 2. transponder system (backup)
- 3. Manual timekeeping (2nd backup)

All competitors are required to wear transponders on both legs.

## Liability

In accordance with ISU Rule 119; the International Skating Union, KNSB Assume no responsibility for, or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with the 2019 10km / 5km Bloksma competition. Each Skater is solely responsible for providing insurance coverage thereto.

#### Transportation

Each skater is responsible for his/her own transportation. For international skater a service is available to pick up from the airport to the hotel and back on Sunday. Please contact us with this request at the latest on March 2th 2019.

#### **Training Times**

The day prior to the competition is for training at 17.30 -18.15 (only free for international skaters).

#### **Hotels Haarlem:**

ibis Styles Haarlem City A.W.F. Idenburglaan 2 2024 AX HAARLEM NETHERLANDS Tel: (+31)232058100 ibisstyles.haarlemcity@accor.com

## **Submission of Entries**

Entries for the 10km / 5km Bloksma competition must be submitted to <u>schaatsen.nl</u> electronically by the entry deadline. All entries must contain season best times skated in 2017/2018 season or 2018/2019 season. <u>https://inschrijven.schaatsen.nl/#/wedstrijd/b39455d9-4060-4a7b-a7bc-d213896d6d58/informatie</u> International entries for the 10km / 5km Bloksma competition must be submitted to: <u>debob10k@gmail.com</u>

## Anti-Doping

Tests may be made in accordance with Rule 139 and the current ISU Doping Communication.

#### **Entry Fees**

There are restrictions for the number of participants. Entry Deadline: 22:00 p.m.SATERDAY, March 2, 2019 at Wednesday we make our final draw list/groups and a reserve list of skaters All Skaters must be have a KNSB licence, a day Licence is available at KNSB.NL (we can help) a phone number will be great by sign in

#### Send entries to:

schaatsen.nl

Kennermer ijsbaan Haarlem Ijsbaanlaan 1, postcode Haarlem

For more information visit www.bobdejong.net/10km or www.ijsbaanHaarlem.nl