

COVID-19 Guidelines

KNSB International Invitation Cup

Short Track

Teams

15-16 January 2022, Thialf Heerenveen



Partners van schaatsend Nederland



Version 22 December 2021

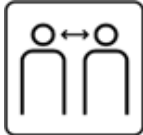
OVERALL MEASURES



- Wash your hands thoroughly.



- Stay at home or the hotel if you experience symptoms.



- Keep your distance: 1.5 meter at all times, except when training or competing on ice.



- Avoid shaking hands, hugging, high fives or kissing.



- Wear a face mask. Exceptions to wearing a mask/ mouth-face nose protection are outlined in the section “face masks”.



- Cough and sneeze into a paper tissue or the crook of your arm.

The KNSB invites all persons attending to download the “CoronaMelder” app, which allows persons who have been in the proximity of others who have tested positive for COVID-19 to be warned: <https://coronamelder.nl>

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OVERALL MEASURES

- In The Netherlands a full lockdown is in place until at least 14 January 2022. Our government has made an exception for top sports. This means you are able to travel to the Netherlands and participate in this competition. However, it is not allowed to go anywhere else than airport, hotel and ice rink. Public transportation is not accessible (private transport is).
- We prefer all teams to arrive on Thursday 13 January 2022. If you arrive after 12.00 hrs, your training on Friday can take place after 14.00 hrs. It is possible to arrive on Wednesday (not earlier), but please inform us upon pre entry if you want this.
- When a person in possession of an accreditation doesn't comply to the set COVID guidelines, the KNSB (after giving a warning first) may decide to revoke the accreditation.
- The organization asks all persons attending this event to respect the following rules in the days prior to arrival:
 - Please follow strictly all government guidelines regarding the restriction of the virus.
 - Please see if contact from 5 days prior to the arrival date can be avoided as much as possible.
- A COVID Manager will be on site during competition days.

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FACE MASKS

In The Netherlands face masks are mandatory in public places. Wearing face masks is mandatory for all persons present in the venue, except:

- For skaters while being on ice for training or competition;
- For skaters in the heatbox;
- For skaters doing warming up, but only in the designated areas;
- For skaters in the mixed zone, but only at 2 meters distance;
- For team members, when seated in the dressing room;
- For all, while eating or drinking (preferably when seated);
- In the private environment of the hotel room;
- For Officials while officiating on ice;
- For Starters when officiating on the Starters' platform;
- For all radio- and television commentary positions in the venue.

For all the above exceptions to wear a face mask, the distance of 1,5m must always be respected.

Various employees will supervise the use of a face mask in Thialf, Heerenveen. These employees will address everyone about his/her behavior and report to the organization, if necessary.

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TEST POLICY TEAMS

- Only fully vaccinated team members (athletes and staff) are allowed to participate in the KNSB International Invitation Cup on 15 -16 January 2022.
- Latest 2 January 2022 the teams have to send the OC proof of vaccination for each team member. If, for valid reasons, a vaccination is not possible, please contact the OC as soon as possible about this.

On top of being vaccinated we will apply the following testing protocol:

- 1st Test Teams will have to submit a negative PCR test to the OC, before travelling to The Netherlands. The test must have been conducted no more than 48 hours prior to the arrival in The Netherlands (from the moment of the test being taken to the moment of direct arrival in The Netherlands).
- 2nd Test A PCR and antigen test will be taken in the hotel, directly after arrival of the team. If the antigen test is negative team members can move around the hotel and have meals in the dinner room. PCR results have to be there before teams are able to leave the hotel (tests taken before 14.00 hrs. will give a result the same evening).
- 3rd Test For all participating team members an antigen test is mandatory on Saturday morning in the hotel, before competition. The test will be conducted in the official hotel.
- If teams need a PCR or antigen test to be able to travel back to the country of origin a team can apply for this with the OC, latest 5th January 2022.
- If any of your team member(s) have had a positive Covid-19 result in the past, you please shall bring their medical records. If a person tests positive but has already had Covid-19, the medical panel will decide whether or not this person may compete.

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CONSEQUENCES IF A TEAM MEMBER TESTS POSITIVE

1st Test

When a positive test result comes back from the PCR test taken in the country of origin, this person is not allowed to travel to The Netherlands. We advise the teams to start an investigation of their own about the 'risk contacts*' this person has had, in order to decide if the other (negative tested) team members are safe to travel.

2nd and 3rd Test (also departure test when applicable)

When a positive test result comes back from the PCR and/or antigen test upon arrival or the antigen on Saturday morning, the medical team will investigate the test result. If there has not been a previous contamination this team member is quarantined in his/her hotel room immediately for a minimum of 5 days (without symptoms) or 10 days (with symptoms). If applicable, a room mate is also quarantined. The team will identify and provide a list of all further 'risk contact' cases. All persons identified as 'risk contacts' will be subject to quarantine for a minimum of 5 or 10 days following their last contact with the person. The rest of the team will be retested and has to closely monitor their health.

When a team member has a positive test result within 14 days after leaving the Competition, the team will immediately inform the OC. The Team will identify and provide the OC with a list of all 'risk contact' cases.

If a team has sub teams (where the team is parted for training, eating, sleeping, living etc.), please indicate this to the OC so the medical panel can take this into account.

Risk contacts are considered:

- room mate
- persons that have stayed within 1,5 meters, for longer than 15 minutes from an infected person.

TEST POLICY TEAMS

- All tests are at the own expenses of the teams:
- PCR per person: 70 Euro (arrival and (if applicable) departure)
- Antigen per person: 30 Euro (arrival and Saturday morning)

This costs will be invoiced to the team.

The OC will request the team for all personal data of all team members in due time.

PROTOCOL FOR EXPERIENCING SYMPTOMS

A team member (or his/her team) needs to report having symptoms to the OC. The person with symptoms must be separated and, if applicable, his/her room mate. A PCR test combined with quick test will be done in the official hotel this person is staying in. If the quick test is negative the person can attend the event, awaiting the results of the back up PCR test (tests at the expenses of the team).

If a person fails the temperature checks:

A team member failing the temperature check on Saturday morning at the hotel will be separated immediately and, if applicable, his/her room mate. A PCR test combined with quick test will be done in the hotel room. If the quick test is negative the person can attend the event, awaiting the results of the back up PCR test.

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ACCREDITATIONS

All accreditations will be handed out in the hotel on Saturday 15 January 2022 after the temperature check.

You will receive an accreditation if you comply to the following:

Teams:

1. Proof of being fully vaccinated
2. Negative PCR test result before departure
3. Negative test result PCR and antigen test upon arrival
4. Negative antigen test on Saturday morning
5. Passed the temperature check on Saturday morning (not reaching a body temperature of 37,5 C).

If failing the temperature check the medical panel will be consulted.



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PROTOCOL TRAINING DAYS

- The official training day is on Friday 14 January (and on request on Thursday 13 January).
- Teams can only attend training if they have passed test nr 1 and 2.
- Teams don't train together unless communicated beforehand.
- Teams will come in through the separate entrance of the Elfstedenhal and will be guided for training.



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VENUE

During Training days:

The entrance to the Elfstedenhal will be through a separate door (as indicated on site).

Teams will be assigned a dressing room.

Warming up can be done on the field of play. There are warming up bikes available on the field of play.

During competition

The entrance to the Elfstedenhal will be through a separate door (as indicated on site).

Teams will have their designated area on the field of play. The area is set up with 1,5 meters distance. It is the team's own responsibility to obey that.

Warming up can be done on the field of play. There are bikes available near the team area (2 per country).

Food and drinks:

Lunch on competition days will be arranged at the ice rink through lunch packages (mandatory).

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VENUE

Heatbox:

The heatbox in and out are set up at 1,5m distance. Coaches will not be allowed in the heat boxes.

Stands:

There will be no athletes stands in the venue. We instruct teams to follow the competition in the team area on the field of play. We prefer you not to watch teammates' races near the ice rink when you're not skating. We provide a screen in the team area on the field of play.

Material:

Space for materials will be set up behind the coaches box. This area is small, so when possible please do materials in the team area.

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HOTELS

- It is mandatory for ALL teams to stay in the official hotel, announced by the OC.
- The hotel will seclude teams as much as possible, in room set up, meal rooms etc. Please be aware a hotel is open to guest from outside. Maintain 1,5 meters distance form other guests, don't share elevators. Be sensible.

TEST POLICY THIRD PARTIES AT IIC

- Volunteers have to be fully vaccinated:
 - Every volunteer needs to take an antigen test through “Testen voor toegang” (taken within 24 hours before coming to the ice rink).
 - On 2nd workday: Self test provided by OC at ice rink
- Press/Suppliers/MT/Sponsors-guests- fully vaccinated
 - Antigen test through “Testen voor toegang”.
- Press/Suppliers/MT/Sponsors-guests- not fully vaccinated
 - PCR test at own costs, not older than 48 hrs.
 - On 2nd workday: Self test provided by OC at ice rink.

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LEGAL MATTERS

All teams should have taken notice of the detailed information in the detailed protocol. Each team must ensure that each team member is fully informed about the requirements stated in the protocol and ensure that those persons observe the requirements of the protocol.

Each team must continuously monitor and immediately inform the Medical panel if circumstances arise during the event that indicate that a person experiences symptoms. The team must then cooperate with the Medical panel to deal with the situation. will not be able to be present. Every person attending the event complies to the fact that if irregularities occur in the tests a medical doctor will be informed.

When participating in the Invitation Cup the team agrees that a medical doctor can ask them to share COVID-19 related medical data. All obtained data will be destroyed 14 days after the event.

The non-application of the measures and commitments may lead to sanctions against the person(s) and/or team(s) held responsible. The KNSB reserves the right to take more or less severe sanctions against the person(s) and/or team(s) held responsible, depending on the seriousness of the breaches observed and whether there were repeated breaches of regulations. Sanctions can range from a simple call to order, through a temporary withdrawal of accreditation, to the permanent withdrawal of a person's accreditation.

Any exception to the measures and rules stated in this COVID protocol must be validated by KNSB

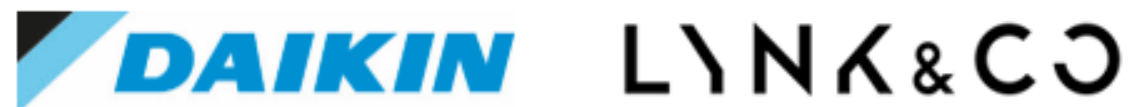
These regulations and any claim or dispute arising from them will be exclusively governed by Dutch law and interpreted in accordance with it, without considering the principles of conflict of laws that may be imposed by another jurisdiction.

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